



Academy students volunteer time and skills at local groups

Students at the Archer Academy in East Finchley have been taking part in community projects to encourage them to engage with local people, causes and organisations by volunteering their time and skills.

Each year group has a specific focus. Year 8 students focus on food poverty through their partnership with Finchley Foodbank, supporting vulnerable people across the borough. Students visit the food bank every Friday to help sort donations and organise supplies and also take part in restocking sessions with their parents. They also organise school-wide collections of food and toiletries throughout the year.

Finchley Foodbank manager Rachel Nelson said: "We aren't just getting extra help; we are helping the next generation understand the value of community and the reality of food poverty in our area."

Year 9 students work with pupils at neighbouring Holy Trinity Primary School, supporting younger children through reading sessions and playground support. Weekly reading sessions with Key Stage 1 pupils help develop literacy skills and foster a love of reading.

Year 10 students support older members of the community through weekly visits to Spring Lane Care Home in Muswell Hill. Students spend time talking with residents,



Archer Academy students help sort items at the Finchley Foodbank. Photo Archer Academy

listening to their stories, and learning about their life experiences and memories.

Finally, Year 11 students focus on environmental responsibility through fundraising and local action. They organised a collection for the One More Tree Foundation, raising funds to help plant over 100 trees. Alongside this, students take part in weekly litter-picking activities in Cherry Tree Wood and along East Finchley High Road.

Olivia from Year 11 said: "Having walked down The Causeway and seen the sheer amount of litter constantly present, it felt great to get out and collect three big bags of rubbish. A small token to give back to our community."

Mini street party for clinic's anniversary

Staff and clients from an East Finchley clinic celebrated its 25th anniversary with a mini street party. The Creighton Clinic threw open its driveway in Creighton Avenue, N2, for the occasion featuring a Nigerian barbecue, cakes and cocktails.



Neighbours and clients enjoy the mini street party at Creighton Clinic

There were also several stands manned by local young entrepreneurs selling their home-made wares, from lemonade to jewellery and fidget spinners.

Principal osteopath Stephany Clark set up the clinic in 2001 with osteopathy and naturopathy before expanding over the years into acupuncture and shockwave therapy.

Stephany said: "I am very grateful to this community for being so wonderful. It was heartwarming to see so many patients, neighbours, friends and family. Thank you to everyone who came and enjoyed the day with us. With your support we raised just over £700 which will be split between charities for MS and ME."

ADHD start-up from entrepreneur aged eight

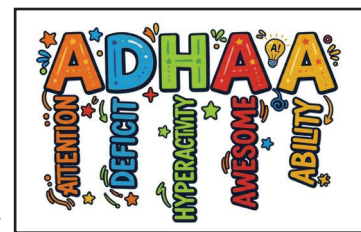
By David Melsome

A young entrepreneur has started a business selling clothes to build awareness of what it's like to have Attention Deficit Hyperactivity Disorder (ADHD) and to raise money to support children who have been diagnosed with the condition.

Nate Zilberkweit Lewy is eight years old and lives with his family on Church Vale, N2. He does not like the name ADHD because he thinks labelling it as a 'disorder' is too negative.

For that reason, he has come up with a new term which is also the name of his clothes business: ADHAA, or Attention Deficit Hyperactivity Awesome Ability.

Nate says: "I started ADHAA because I wanted to do something really cool — make awesome clothes that also help people. I have ADHD, and I know lots of other kids have it too. Sometimes it can be tough to focus or follow instructions,



especially if it's something I think is boring, but it's definitely not a disorder. 'I'd like to give ADHD a rebrand. I'm calling it Attention Deficit Hyperactivity



Amazing abilities: Nate Zilberkweit Lewy, right, founder of ADHAA, with his younger brother Eli

Awesome Ability because it gives me Awesome Abilities like being super creative and full of energy. I think it's cool to stand out and be different, and kids with ADHAA are all different to each other too."

Every item customers buy from Nate's online shop is unique as they can pick their colour and the ADHAA logo is put on for them. Items to buy include t-shirts, hoodies, caps and tote bags.

A donation of £5 from every item sold goes to ADHD UK, the country's leading ADHD charity. So far, Nate's enterprise has raised more than £700 to support its work.

The website also includes Nate's tips and tricks to help other children make the most of their 'awesome abilities'. Find out more and shop at www.adhaa.co.uk

Monsters at Martin Primary

By Ruth Anders

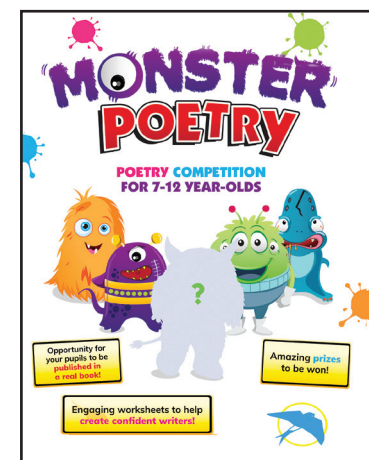
During the summer term, the students in Years 3 to 6 at Martin Primary School in East Finchley were invited by a young writers' organisation to take part in a poetry writing contest. A voluntary competition, it gave the children a chance to have their winning entries published and also an opportunity to win a goodie bag and money for the school.

The children had to design, draw and write a poem about a monster and 77 children from across the school submitted entries. Sophie Cowley-Baughen, Year 6 class teacher, told The Archer: "Remarkably, the competition runners were so impressed by what we sent them that they opted to publish all 77 children's poems!"

"We are still waiting to hear who won the overall competition, but it was certainly a great accomplishment for all involved. It is also a credit to the children and their teachers.

Martin Primary is clearly producing some fantastic writers of the future." Teachers did show and discuss some ideas and examples to get the creative juices flowing but apart from that there was minimal input from staff, except of course explaining the rules and details of the competition and encouraging pupils to take part.

Mrs Cowley-Baughen added: "We always work to promote a love of writing and literature here at the school, and to have so many children choosing to write for pleasure is a credit to staff and families."



Write away: The poetry competition poster

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and ears, and we are always pleased to hear what is going on in East Finchley. Tips, ideas and stories, large or small,

are very welcome. Please email news@the-archer.co.uk or leave a message on our free phone line 0800 612 0748. Thank you