



Literary stars line up for Proms at St Jude's

Comedian David Baddiel and journalist Sathnam Sanghera are among the line-up of authors appearing at the Proms at St Jude's Literary Festival on Saturday 22 and Sunday 23 June. David Baddiel will be talking about his latest book *My Family: The Memoir* and Sathnam Sanghera will be in conversation about *Empireworld*, his exploration of the impact of the British Empire.

Royal Family expert Robert Hardman will be in conversation about *Charles III: New King. New Court* and Clair Wills will be discussing *Missing Persons, or My Grandmother's Secrets*, uncovering the story of Ireland's unmarried mothers and unwanted children, told through three generations of an Irish family.

For foodies, there's an opportunity to see award-winning cook and writer Fuchsia Dunlop discussing *Invitation to a Banquet: The Story of Chinese Food*, discovering Chinese food as it is made, cooked, eaten and considered in its homeland.

Other authors in the LitFest line-up include Simon Lewis, David Kynaston and Tobias Buck. All sessions take place at The Henrietta Barnett School, Central Square, Hampstead Garden Suburb, NW11 7BN. Full details and tickets at www.promsatstjudes.org.uk.



Author insights: David Baddiel and Sathnam Sanghera

Strong interest in basic income idea

The Grange Big Local project team last month hosted an event on their proposed Basic Income pilot designed to provide a secure, regular income to participants in East Finchley, as previously reported in *The Archer*.

A total of 49 residents turned up to the event on Monday 13 May to hear that a basic income is a financial model where everyone receives a regular sum of money. East Finchley and Jarrow in the North East are the only two areas in the UK chosen to take part in the pilot and it is designed to run for two years.

Grange Big Local (GBL) is seeking funds to cover participant payments, research costs and compensations for control group participants. Fundraising efforts are currently underway to secure the necessary budget before it can be launched.

James Little, community engagement lead for GBL,

said: "The pilot is a bold step towards addressing poverty and economic instability. By providing a reliable income, the initiative aims to foster a healthier, more equitable community where individuals have the opportunity to thrive and contribute positively."

Summer sale

The Muswell Hill Indoor Car Boot Sale takes place on Saturday 29 June from 10am to 1pm at Hornsey Parish Church Hall on the corner of Cranley Gardens and Park Road, N10 3AH. Admission is 50p and refreshments are available. More info from 020 8368 8180.



Run and relax: Luke Brazier and the East Finchley Running Community

Running club with a sideline in social

By Luke Brazier

After moving to East Finchley and leaving my old running club behind in January this year, I was elated to see so many runners on the streets. When I began to figure out my new routes in the area, I thought to myself with so many runners there must be a running club here, and so my hunt began.

After looking for a while all I could find were athletics clubs, which are amazing, but can be quite daunting to join and not always suitable for everyone, especially runners looking for something a little more social. That's where I came up with the idea for East Finchley Running Community (EFRC), taking inspiration from my previous running club in Hertfordshire, called Bubble Works.

EFRC is a social running club designed to bring runners of all abilities together with the added benefits of drink and chat at the end. We run on Mondays at 7pm, meeting at the Bald Faced Stag pub in the High Road.

Routes are pre-planned, led and tailed by myself and by volunteers with runners going at their own pace throughout. It's completely free and we have big plans to build our group and run more events including Parkrun trips, race days and themed runs.

We welcome any and all new members, and you don't even need to run. If you have any questions about the club, joining, or how we do things, message us on Instagram @efruncommunity, email us efrunco@gmail.com, or just come and join us on a Monday night.

Pickleball

The team behind Pickleball sessions in East Finchley is running junior summer camps for five to 15-year-olds at Christ's College Finchley, off East End Road, N2. The camps run from 10am to 3pm from 22-26 July and from 12-16 August and will feature professional coaching and fun games and tournaments. Find out more at lemonpickleball.com

Edwardian evening

Alyth Choral Society is presenting an evening of Edwardian parlour songs, piano duets and Gilbert and Sullivan's *Trial by Jury*.

The concert takes place on Sunday 7 July from 7pm at the North Western Reform Synagogue in Alyth Gardens, NW11 6EN. Tickets priced £20 with under 18s and students free are available on the door and in advance at alythchoralsociety.wordpress.com. There will be free refreshments.



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- Spectacles to Stewart Duncan Opticians and David Hillel Opticians, High Road