

### The Archer - www.the-archer.co.uk

JANUARY 2024

## Thanks to Ianthe and Milo... and all deliverers of The Archer

#### By Diana Cormack

*The Archer* team would like to start the year by thanking all our deliverers who turn out loyally every month to bring the newspaper to nearly 10,000 homes and businesses across East Finchley.

They are a much-appreciated band of volunteers who are the last crucial part in the process of delivering news to our thousands of readers in dozens of roads around N2.

active service.

Among them are Ianthe Lloyd and her husband Milo, now in their 80s, who have delivered *The Archer* for more than 20 years. It was Ianthe His help became more necessary as Ianthe developed the health problems which have led to her giving up an activity which they both enjoyed. Married for 58 years, Milo is now devoted to supporting his wife at home.

They moved into their Church Lane home in 1988 and were immediately impressed by the kindness of their neighbours. Both feel good about delivering the paper as they consider it brings enjoyment to those who read it. They also thought it was a good way to get some exercise.

The icing on the cake for Milo was when the door he was posting the paper through opened and there stood an old colleague he'd not seen for years. Contact was happily renewed with him and his family.

#### Can you deliver for us?

Could you spare 30-45 minutes once a month to deliver The Archer? We currently have vacant rounds in Brim Hill, Ossulton Way, Lyttelton Road and East End Road and we particularly need drivers who can drop off 10 or so baggedup rounds to the homes of our deliverers.

If you can help, please leave a message on our free voicemail line at 0800 612 0748 or email news@the-archer.co.uk. Thank you and Happy New Year!



Ceramics artist: Peter Hale with his winning pieces

# **Ceramics with an architectural edge**

Peter Hale is a member of London Potters, a forum for professional and non-professional potters and ceramicists and for all those with an interest in ceramics.

His ceramics were awarded Judges Choice Winner at a recent exhibition organised by London Potters at the Morley Gallery, south London. This open exhibition involved 90 members exhibiting up to three pieces each.

Peter, an architect by background, submitted functional and sculptural pieces influenced by his interest in space and form, constructed from slabs of different coloured clays, textured but unglazed. Much of his work is wheelthrown using stoneware clay. He also constructs hand-built stoneware sculptural pieces for interior and exterior display. Peter is also a founder member of East Finchley Open Artists group, which will be celebrating 20 years since formation in 2024.

For more about London Potters and East Finchley Open Artists, visit www.londonpotters.com and https://eastfinchleyopen.org.uk.

### Plans for the wood

Long-serving volunteers: Milo and lanthe Lloyd

A number of our longest-

serving helpers have retired in

the last 12 months after years,

and in some cases decades, of

Archer

The venue for the annual meeting of the Friends of Cherry Tree Wood on Tuesday 23 January at 7.30pm is the Monkey Puzzle Day Nursery, Park House, 16 High Street, N2 (use the side door adjacent to the wood).

Everyone is welcome to

Beginners & All Levels **Tai Chi & Qigong** Classes (E. Finchley) & LIVE STREAM Wednesdays am & pm (Trial session: £5) james@taiji.co.uk 07836-710281 allocated the Ossulton Way round, with Milo joining her over time.

go along and hear an outline

of events planned in the wood

for the year ahead, and also an

update on the woodland man-

agement plan and new forest

gardens. In addition, there will

be an update on dealing with

any time if there are any que-

ries, or you would like to get

involved, by emailing friend-

The Friends can be reached

flooding issues in the wood.

who first volunteered and was

## **Dance** away the winter blues

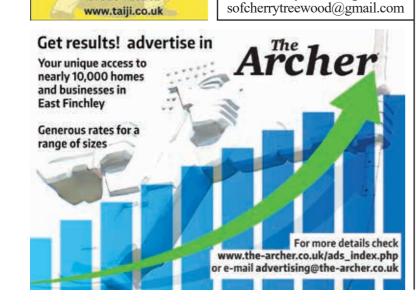
By Lynn Winton

Do you love to dance but don't get much opportunity? Whatever your age, you can put on your leggings and trainers, enjoy the music and learn some new fitness dance moves from a dozen different Zumba instructors at the third Dance for Ukraine event.

Lead instructor is Gemma Barlow of Gemma B Fitness, who teaches at many local venues, including The Laboratory Gym in Muswell Hill, Martin Primary School and the prestigious Oti Mabuse Dance Studio in Wembley.

She has gathered together a roster of the country's most charismatic Zumba instructors,





who will create another fun programme to keep dancers on their feet for up to two hours. That will be followed by a long stretch routine so they go home in great shape.

Tickets are a suggested donation of £20, and £10 for children aged eight to16 who are very welcome, as long as they are accompanied by an adult. As the event is underwritten by a generous benefactor, 100% of the proceeds go straight to the East Finchleybased organisation Driving Aid to Ukraine.



Move it: The Dance for Ukraine event is a fun workout

The Dance for Ukraine 3 event takes place in the South Hall at Fortismere School, Tetherdown entrance, on Saturday 3 February from 11am to 1pm. You can book by using the QR code below or visit www. crowdfunder.co.uk and search for 'Dance for Ukraine 3'. Contact Lynn on 07973 432086 if you have any questions.

