



## Home-grown goodies win horticultural prizes



Ready for judging: Fruit, vegetables and flowers at the Barnet allotment holders' show at Martin School. Photo Mike Coles

By Diana Cormack

**Barnet Allotment Federation chose Martin Primary School as the venue for their annual horticultural show, which was open to the public on Sunday 18 August.**

The colourful display of fruit, vegetables, flowers and potted plants paid tribute to the skill of the growers of the borough. There were also homemade chutneys, jams, cakes, beer and even sloe gin to be judged.

Brook Farm Horticultural Association Whetstone and East Finchley Allotments, who served refreshing tea and cakes, each provided a beautiful hor-

tical display along with a history of their allotments.

With five trophies and various certificates to be awarded to the best of the bunch, the most successful were Tristan and Shannon Green, of East Finchley. This was close to home for Tristan, who is premises manager of Martin School and runs a popular gardening club there, making it one of the

few schools offering this skill to its pupils.

Competition categories for children to enter included ugliest vegetable, garden in a seed tray, largest sunflower head and best fruit scones.

The Barnet Allotment Federation was formed 54 years ago and its members are the societies that manage allotment sites across the borough.



Trophy holder: Tristan Green receives his award. Photo Mike Coles

## Learn more about your health

**Free health awareness talks and activities are to be held at Barnet Copthall Leisure Centre in Hendon, organised by the Better leisure centre group.**

The sessions start on Tuesday 17 September from 2pm to 3pm with Richard Turner from Action Hearing Loss explaining hearing loss, deafness and tinnitus.

During Silver Week on Thursday 3 October there will be a morning of sessions running from 10.45am to 1pm, including ageing well through nutrition, social dance, stand up to falls, healthy breathing and hearing screening.

All these sessions are free to attend and with free parking. For more information email [annalisa.cellini@gll.org](mailto:annalisa.cellini@gll.org) or call 020 8457 9900.

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