Regular Events

Sport & Fitness

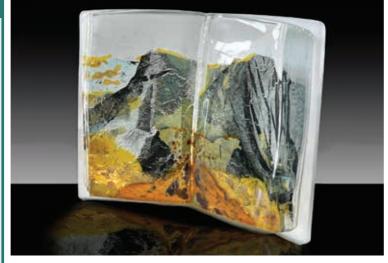
- Finchley & Hornsey Ramblers Group Call Vivien 8883 8190
- Glebelands Indoor Bowls Club, Summers Lane N12. New and experienced bowlers welcome.
- 1-2-1 boxing and Pilates training with Martin Carroll at home or private studio call 07809 593952
- Pilates Classes Tue 9.30, Fri 9.15 & Sun 11am. www.pilatesineastfinchley. co.uk. Michelle 07767 804 564
- Pilates with Michele: private and group classes, all levels. Michele 07947 657 441
- Tai Chi & Qigong in N2, Weds 12pm, 1pm, 6pm & 7pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- Tennis club with four clay courts off Southern Road. Call 8883 7723.
- Tennis group lessons for adult beginners and intermediates, weekends, Park Road, N8. Contact Maz on tennisgift@ gmail.com.
- This Mum Runs: Free social runs in East Finchley and Muswell Hill, Sunday 8am and Wednesday 7.30pm. Contact trishy. dixon@gmail.com.
- Yoga, breathing & relaxation. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- Yoga beginners' course at Yogalogy, High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- Yoga, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.

Music, Dance & Creative Arts

- The Archer Community Choir, Tuesdays 7-9pm, The Archer Academy, Eagans Close, N2. Email: archercommunitychoir1@gmail.com.
- Art Classes. Call Henry on 8888 5133.
- A-Chord, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- Ballroom & Latin American Dance Classes - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323
- 'Calm & Sing' workshops. Contact Angie on missangiea@yahoo.co.uk
- Creative writing classes in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- Creative Writing at Friern Barnet Community Library. Every Saturday, 12pm, 07488 230580.
- Dance conditioning classes. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk.
- East Finchley Writers Group, Weds at the Old White Lion. Contact Ralph 8444
- East Finchley Poetry Writing Workshops. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- Jazz Club at the Bohemia, North Finchley. Call 020 7998 6217 or 07957 347411 for more information
- Learn to sing at Finchley Methodist Church, Ballards La. Call 8888 4412.
- Memory Lane Singing Club friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- Muswell Hill after school ukulele club, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- Rock 'n Roll dance lessons, 8pm every Weds at the Constitutional Club, The Walks. Drop-in. Call Kav 07721 489489.
- Traditional tunes @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

Clubs & Social

- Bingo Club Mondays 7-9 pm, Green Man Centre. Contact: Jan 8815 5452
- French conversation in small friendly group with native speaker. 8444 9395.
- Friends of Cherry Tree Wood friendsofcherrytreewood.home.blog or 8883 7544.
- Haringey Recorded Music Society informal meetings locally. Call David Moldon on 8361 1696.
- Muslim Ladies Lunch Club 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- Bridge Club, Thursday & Saturday afternoons, Age UK, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.



Beauty of Beacons is clear to see

Glass artist Kate Pasvol, a member of East Finchley Open Artists, won a prestigious award at the UK's major exhibition of contemporary glass. Kate was awarded The People's Prize for a stunning piece that blends her craft with her love of the natural landscape.



Popular choice: Kate Pasvol and, top, her award-winning glass work.

Her 'Book of Welsh Walks – The Brecon Beacons' was chosen as their favourite piece by visitors to the British Glass Biennale 2019, held in Stourbridge, West Midlands, the historic centre of British glass during September.

Organisers said of her award: "With strong Welsh roots, Kate beautifully encapsulated this year's theme of 'place making'. Her piece was inspired by personal memories of walking through the rugged and dramatic landscapes of South Wales."

Christmas pop-up shop

For one weekend only a band of local makers and sellers are collaborating to create a den of Christmas curiosities on the High Road in East Finchley.

The pop-up Christmas gift market takes place on Saturday 14 and Sunday 15 December at the Offshoot Gallery and Studio space, close to the junction with Bedford Road.

Artists and makers with having stalls at the event include Anita Mangan, Matilda Harrison, Chris Stayrou, Brigitte Herod and Intrepid Hound. Gifts on offer will be original artwork, skincare, pet products, jewellery, books, wrapping paper and cards.

Hills of Hampstead are alive with *The Sound of Music*

By Daphne Chamberlain

It's the Hampstead Players again, rehearsing for their annual production at the end of this month.

This year, their choice is *The Sound of Music*, Rodgers and Hammerstein's famous version of the Trapp family saga. Company member Shereen Abdallah, who lives in East Finchley, is ecstatic. "It's my favourite musical, and I'm playing Sister Sophia," she told The Archer.

Hampstead Players perform in Hampstead Parish Church, Church Row, NW3 6UU. Codirector Annie Duarte told us: "Transforming the Grade 1 listed church into an abbey, complete with its Mother Abbess and full complement of nuns, has been a joy."

If you would like to see Shereen in her wimple, the performances are at 7.30pm on Thursday 28, Friday 29 and Saturday 30 November, with a 2.30pm matinee on the Saturday.

Tickets are £12 standard adult, £10 concession, and £8 for a child. You can book online at hampsteadplayers.org.uk, or from the church on 020 7794 5808, or pay at the door. Parking is difficult in the immediate area, but Hampstead Tube station is very close, as are bus routes 46 and 268.



The Hampstead Players in rehearsal for The Sound of Music

What's On...

Saturday 9 November

• Finchley Chamber Choir present a programme of ancient and modern British music at 7.30pm in the Trinity Methodist Church in North Finchley, N12 7NN. They will be performing Vaughan Williams' Mass in G Minor and Byrd's Mass for Four Voices as well as works by Parry and Ferrabosco. Tickets available on the door, or in advance at www.fcchoir.co.uk (£15, £13 concs, £6 under-18s).

Sunday 10 November

• Free concert at East Finchley Methodist Church, High Road, N2, opposite Creighton Avenue; North London Voices with mezzosoprano Jan Wiener, bassist Bernhard Crede and pianist Andrew Robinson, present 'From Gibbons to Gjeilo', including works by Schubert, Tchaikovsky, Brahms, Wolf, Vaughan Williams and Cole Porter. Concert at 7.30pm. Free admission with a collection in aid of Noah's Ark Children's Hospice. The venue is fully accessible.

Saturday 16 November

• Bulb Planting and Tree Caring Day from 10am to 12noon at Long Lane Pasture, opposite the fire station, Long Lane, N3.

Come along and help with weeding and mulching around the pasture's trees and with planting flower bulbs for spring.

• Ramblers Association walk from East Finchley, taking a five-mile route starting at the Tube station at 11am and following Mutton Brook and Dollis Brook, finishing near the Friends Meeting House in North Finchley, venue for the association's AGM. Bring a picnic lunch. More details from leader Chris Barker on 020 8347 7684 or 07951 905493.

Wednesday 20 November

• Free talk on Music and Memory by Professor Catherine Loveday, a regular contributor to BBC Radio 4's All in the Mind, who will explain what happens in the brain when we listen to music and why it can help people with dementia. Ann Owens Centre, Oak Lane, N2 8LT. 6.30pm for 7pm start. Licensed bar available. Tickets are free (donations are welcome) but booking essential as places are limited. To book call 020 8432 1421 or email wendy. nutman@ageukbarnet.org.uk

Saturday 23 November

Finchley Symphony Orchestra under its

new music director Tom Hammond presents a concert of symphonic music by Dvorak, Franz Berwald and Schumann in the first concert of its season at Trinity Church, Nether Street, N12 7NN, at 7.30pm. Tickets £15, concessions £13, under 18s £6. Save £2 per ticket by advance booking online at www.finchleysymphony.org/concerts

Sunday 24 November

• Woodland Walk, discovering trees and other plants and discussing their uses and folklore, starting at 2pm in Cherry Tree Wood, opposite East Finchley tube station, and ending at Queen's Wood, next to Highgate tube. Roy Vickery of the South London Botanical Institute will have lots of stories about the common plants which are all too often ignored, and will help you see the 'usual' through new eyes. Suggested donation £10 (concs £8). Everyone welcome.

Thursday 28 to Saturday 30 November

• Hampstead Players perform *The Sound* of *Music* in Hampstead Parish Church, Church Row, NW3 6UU, at 7.30pm with a 2.30pm matinee on the Saturday. Tickets are £12 standard adult, £10 concs, £8

children. Book online at hampsteadplayers org.uk, from the church on 020 7794 5808 or pay at the door.

E-mail your listings to: the-archer@lineone.net

Saturday 30 November

• Muswell Hill Indoor Car Boot Sale, 10am to 1pm at Hornsey Parish Church Hall, Cranley Gardens, N10 3AH. Information from 020 8368 8180 or 07708 152354; admission 50p; refreshments available.

Saturday 7 December

- Switch-on of East Finchley's Christmas lights around the tree outside Budgens, 4.30pm, with carols led by the Archer Community Choir and Brookland Junior School Choir, and free mince pies and mulled wine. Everyone welcome.
- Martin School Christmas Fair, Plane Tree Walk, N2, from 12noon to 3pm; enjoy Santa's grotto, delicious cakes, games and treats, something for all the family.
- Mineral, Gem and Fossil Show hosted by the Finchley branch of the Amateur Geological Society from 10am to 4pm at Trinity Church, Nether Street, N12 7NN. £2 entrance with under 12s free. Large hall with fossils, jewellery, gems, rocks and mineral stalls, refreshments, tombola and lucky dip.