Regular Events

Sport & Fitness

- Finchley & Hornsey Ramblers Group Call Vivien 8883 8190
- Glebelands Indoor Bowls Club, Summers Lane N12. New and experienced bowlers welcome
- 1-2-1 boxing and Pilates training with Martin Carroll at home or private studio call 07809 593952
- Pilates Classes Tue 9.30, Fri 9.15 & Sun 11am. www.pilatesineastfinchley. co.uk. Michelle 07767 804 564
- Tai Chi & Qigong in N2, Weds 12pm, 1pm, 6pm & 7pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- Tennis club with four clay courts off Southern Road. Call 8883 7723.
- Tennis group lessons for adult beginners and intermediates, weekends, Park Road, N8. Contact Maz on tennisgift@ gmail.com.
- This Mum Runs: Free social runs in East Finchley and Muswell Hill, Sunday 8am and Wednesday 7.30pm. Contact trishy. dixon@gmail.com
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- Yoga beginners' course at Yogalogy High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.
- Women's kick boxing, Thursdays 9.30am, East Finchley Combat Academy Church Lane, N2. Contact 07956 340540

Music, Dance & Creative Arts

- The Archer Community Choir, Tuesdays 7-9pm, The Archer Academy, Eagans Close, N2. Email: archercommunitychoir1@gmail.com.
- Art Classes. Call Henry on 8888 5133.
- A-Chord, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- Ballroom & Latin American Dance Classes - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- 'Calm & Sing' workshops. Contact Angie on missangiea@yahoo.co.uk
- Creative writing classes in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217
- Creative Writing at Friern Barnet Community Library. Every Saturday, 12pm, 07488 230580
- Dance conditioning classes. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk
- East Finchley Writers Group, Weds at the Old White Lion. Contact Ralph 8444
- East Finchley Poetry Writing Workshops. Monthly on Saturdays. Contact Dennis Evans 8346 9528
- Jazz Club at the Bohemia, North Finchley. Call 020 7998 6217 or 07957 347411 for more information
- Learn to sing at Finchley Methodist Church, Ballards La. Call 8888 4412.
- Muswell Hill after school ukulele club, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- Rock 'n Roll dance lessons, 8pm every Weds at the Constitutional Club, The Walks. Drop-in. Call Kav 07721 489489.
- Traditional tunes @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

Clubs & Social

- Bingo evening, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- Bingo Club Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- French conversation in small friendly group with native speaker. 8444 9395.
- Friends of Cherry Tree Wood friendsofcherrytreewood.home.blog or 8883 7544.
- Haringey Recorded Music Society informal meetings locally. Call David Moldon on 8361 1696.
- Muslim Ladies Lunch Club 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- Bridge Club, Thursday & Saturday afternoons, Age UK, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.

A champion of women's causes

By Rachel Ellis

A show about the wife of playwright George Bernard Shaw devised by two local performers will be staged around London this month.

Actress Alexis Leighton, from Enfield, and musician Helen Tierney, from Trinity Road, East Finchley, came up with the idea of the one-woman show about Charlotte Payne-Townshend in 2017, after Alexis played Shaw character Mrs Banger in the Hampstead production of Press Cuttings.



In character: Alexis Leighton performs as Mrs Shaw in Hampstead Community Library

Research revealed Charlotte, an Irish heiress to whom Shaw was married for over 40 years, was rather neglected but an important political activist and early Fabian who financed the library at the London School of Economics and supported suffrage and women's education.

The script is devised almost entirely from Charlotte Payne-Townshend's own words from letters and diary entries, and also those of Shaw and other contemporaries, and is set to music on the Celtic harp.

"Their marriage was very unconventional. Shaw was known as the Great Philanderer

but their marriage is thought to have been unconsummated and he was often drawn to other women," says Helen.

"However, it lasted over 40 years until her death, and Shaw once said that Charlotte was the only person he could have married."

> The hour-long show called Mrs Shaw Herself was first trialled in East Finchley's Black Gull book shop in June 2017, and since then has had many performances around the country.

It is now on its way to the Edinburgh Fringe Festival from August 8 to 11, but there are several free community performances this month, including two at the Crouch End Festival in St Mary's Tower, Hornsey, on June 8 and

9, as well as at Kensington and Chelsea library. Follow MrsShawHerself on Twitter.



Inspiration: George Bernard Shaw's wife Charlotte Payne-Townshend

THIS Run angels: Jenny Whiteman and Tricia Dixon lead This Mum Runs in

Muswell Hill and East Finchley

Summer route opens for running mums

This Mum Runs provides free, social runs for mums in London, Bristol, Bath and Cardiff. All levels of running experience are welcome, and the emphasis is on running as a group, supporting each other and enjoyment. The Muswell Hill and East Finchley group are excited to be running their summer route on Wednesday evenings now that the days are longer. We meet by the playground in Cherry Tree Wood at 7.30pm and start with a gentle warm-up followed by a chatty 30 minute run along to Highgate Woods and back.

This Mum Runs also run on Sunday mornings at 8am (meeting at the Nature Hut by the cafe in Highgate Woods). If you are interested in joining the group or finding out more check out www.thismumruns.co.uk, join the This Mum Runs London Facebook page or follow this mumruns muswellhill on Instagram.

Literally winners

Congratulations to the Year 7 group from The Archer Academy in East Finchley who used their brilliant literary knowledge to claim victory against many other school teams in the Barnet LitQuiz, bringing the trophy back to the academy for another year.

What's On...

Sunday 2 June

• Open garden: Stephen Kersley's garden at 66 Abbots Gardens, N2, featuring glass works by his wife Ruth, and home-made teas, will be open to the public in aid of the National Garden Scheme charities from 2pm to 5.30pm. Admission is £4, children free.

Thursday 6 June

• Grandparents and Toddlers group at Ann Owens Centre, Oak Lane, N2: chat. fun, toys and gentle exercise; 10am to 12 oon. Free entry. Call Howard for more information 020 8432 1415.

Sunday 9 June

- Finchley Fire Station open day, 12 -4.30pm, 227 Long Lane, N3: your chance to meet local firefighters, see latest safety equipment, watch rescue demonstrations, get free fire safety advice and arrange free smoke alarm fitting.
- Free concert at East Finchley Methodist Church, High Road, opposite Creighton Avenue, 7.30 pm. Hadley Octet play Krommer, Hummel and Mozart. Free admission, collection for Sightsavers. Fully accessible venue.

Saturday 15 June

• The Fair in the Square returns with dog show, sheep show, live entertainment, free

activities for kids and 150 stalls selling local crafts and produce: free entry. Pond Square. Highgate, from 12.30-5.30pm. www. fairinthesquare.co.uk

- · Wild Flower and Pollinator Day, 10am - 12 noon, Long Lane Pasture, N3, opposite fire station. With warm, dry weather the Pasture will look its prettiest in June. Booklets and advisors available to identify finds. Free entry.
- Highgate Choral Society Jumble Sale, St. George's Church Hall, corner of Cranley Gardens and Park Road, N10 3AH, 2pm-4pm; admission 40p. Clothes, Nearly New, Bric-a-brac, electrical goods, household goods, toys and games, books, CDs & DVDs. plants, tombola, raffle. teas. Many bargains!

Sunday 16 June

• Open garden at 5 St Regis Close, Alexandra Park Road, N10 2DE, 2pm to 6.30pm, in aid of National Gardens Scheme; admission £4, children free: wheelchair access: dogs on leads welcome.

Saturday 22 June

• North London Chorus and Meridian Sinfonia perform works by three 20th century English composers, Ralph Vaughan Williams, John Rutter and George Dyson; St James Church, Muswell Hill, N10; 7.30pm.

Book online at: northlondonchorus.org/ tickets. Also available from St. James Church Bookshop and Les Aldrich Music Shop, Muswell Hill.

Sunday 23 June

• East Finchley Festival, Cherry Tree Wood, 12-6pm; everyone welcome to enjoy live entertainment on two stages, browse stalls run by local groups and craftspeople and buy mouthwatering food and drink. This free festival is run every year by the people of East Finchley. Come and be part of it! See www.eastfinchleyfestival.org for details

Saturday 29 June

- Nazareth House Summer Fete, 162 East End Road, N2, 2pm to 5pm; a fun event for all the family with music, BBQ, strawberries and cream, teas and cakes, tombola and raffle; stalls selling bric-a-brac, plants, face painting, good quality clothes, cakes, books. Entry £1 for adults. Children free.
- . Muswell Hill Indoor Car Boot Sale, 10am to 1pm at Hornsey Parish Church Hall, Cranley Gardens, N10 3AH; info: 020 8368 8180 or 07708 152354; admission 50p; refreshments available.

Saturday 29 and Sunday 30 June

• First weekend of East Finchley Open artists' open house event. More than 70 artists will be exhibiting in 20 houses in and E-mail your listings to: the-archer@lineone.net around East Finchley. Find more details at

www.eastfinchleyopen.org.uk Thursday 4 to Sunday 7 July

• Mutley & Minques bring The Hound of the Baskervilles to Upstairs at the Gatehouse; zany production of the Sherlock Holmes classic with three actors plaving 16 parts. Tickets from www.upstairsatthegatehouse.com or call 020 8340 3488. More information at mutleyandmingues.org.uk

Saturday 6 and Sunday 7 July

Second weekend of East Finchley Open artists' open house event. More than 70 artists will be exhibiting in 20 houses in and around East Finchley. Find more details at www.eastfinchleyopen.org.uk

Sunday 7 July

· Hampstead Garden Suburb Open Gardens, 11.30am - 5.30pm (last admissions 5pm); 14 gardens, four of which are new, one allotment, and several award-winning gardens. Combined admission £12, children free. Tickets & map available from Fellowship House, Willifield Way, NW11, and selected open gardens. Every visitor will receive a free packet of seeds donated by Marshalls (while stocks last) and an National Gardens Scheme bookmark.