



Regular Events

Sport & Fitness

- **Finchley & Hornsey Ramblers Group** Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **1-2-1 boxing and Pilates** training with Martin Carroll at home or private studio, call 07809 593952
- **Pilates** Classes Tue 9.30, Fri 9.15 & Sun 11am. www.pilatesineastfinchley.co.uk. Michelle 07767 804 564
- **Tai Chi & Qigong** in N2, Weds 12pm, 1pm, 6pm & 7pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Tennis group lessons** for adult beginners and intermediates, weekends, Park Road, N8. Contact Maz on tennisgift@gmail.com.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga beginners' course** at Yogalogy, High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk
- **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

Music, Dance & Creative Arts

- **The Archer Community Choir**, Tuesdays 7-9pm, The Archer Academy, Eagans Close, N2. Email: archercommunitychoir@gmail.com.
- **Art Classes**. Call Henry on 8888 5133.
- **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **'Calm & Sing' workshops**. Contact Angie on missangiea@yahoo.co.uk
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **Creative Writing** at Friern Barnet Community Library. Every Saturday, 12pm, 07488 230580.
- **Dance conditioning classes**. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Rock 'n Roll dance lessons**, 8pm every Weds at the Constitutional Club, The Walks. Drop-in. Call Kav 07721 489489.
- **Traditional tunes @ TOC Highgate Hill**, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **Bridge Club**, Thursday & Saturday afternoons, Age UK, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.



Ready to roll: Sound of the Suburb are returning to Madden's

Homecoming rockers

Rock 'n' roll favourites Sound of the Suburb return to East Finchley on Saturday 20 October to play live at Madden's in the High Road.

The band started out at the venue nearly 10 years ago and it will be their first gig there in 2018, although they've been kept busy playing other pub gigs and private parties around London and the Home Counties. Band member Chris Berlingieri said: "It's free entry for a fun night of great music and terrific food and drink."



Dinner guests: The cast of Muswell Hill in rehearsal

One night in Muswell Hill...

Garden Suburb Theatre's production in October is *Muswell Hill*, a modern drama with local and global themes. It is January 2010 and one night an earthquake in Haiti results in the death of around 100,000 people and almost two million are left homeless.

At the same time, in leafy Muswell Hill, six friends meet over avocado, prawns and a monkfish stew. They worry about their mortgages, careers, phone tariffs, Facebook friends, diets, love lives, alcohol intake... and whether or not history will remember them.

The play is being performed at Upstairs at the Gatehouse, Highgate Village, N6, from Wednesday 10 to Sunday 14 October. Tickets priced £13/£11 are available from www.upstairsatthegatehouse.com or from the Box Office on 020 8340 3488.

What's On...

Saturday 6 October

• **Grange Big Local Fun Palace** hosted by East Finchley Library, High Road, N2. Music MC'ed by Benteki, of Represent radio, football run by the Monday Club, cheerleading from Saracens, free manicures from Vales Nails, dance from SOTO CIC, art with East Finchley Open Artists, the chance to look for aliens with Mill Hill Observatory and much more. Information at the Fun Palace website www.funpalaces.co.uk

Sunday 7 and 14 October

• **A&B Drama** presents *An Evening of Conceptual Absurdity*, featuring short plays by Tadeusz Rozewicz, Tom Jensen, Richard Fitchett and Martin Szalla. 7pm at Finchley Youth Theatre, 142 High Road. Tickets from Black Gull Books or www.abdrama.com

Wednesday 10 to Sunday 14 October

• **Garden Suburb Theatre** presents

Muswell Hill, a modern drama with local and global themes set around a dinner party in N10; Upstairs at the Gatehouse, Highgate Village. Tickets priced £13/£11 from www.upstairsatthegatehouse.com or 020 8340 3488.

Sunday 14 October

• **Piano Recital by Robert St.John** to include works by Bach, Brahms, Schubert, Debussy, Mozart, Haydn and Chopin; East Finchley Methodist Church, High Road, N2, opposite Creighton Avenue, 7.30pm; free admission with collection for North London Hospice. Fully accessible venue.

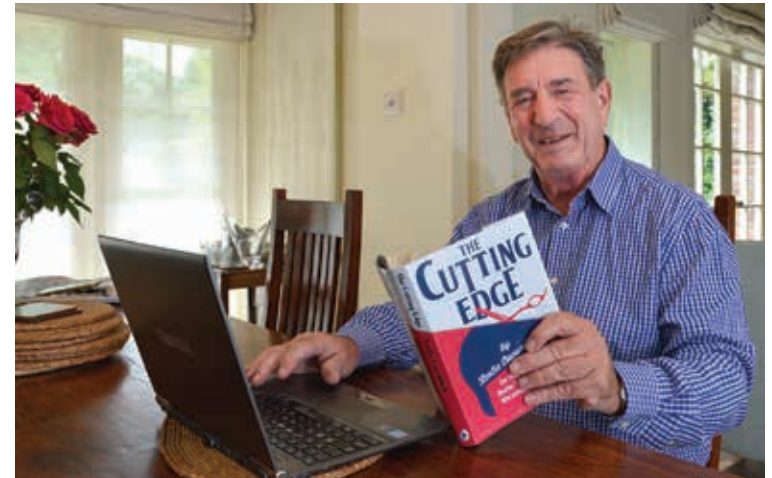
Monday 15 October

• **Open meeting** to start planning the **East Finchley Summer Festival 2019**; everyone welcome to come and offer ideas and support for next year's festival; Martin Primary School, Plane Tree Walk, N2, at 7.30pm. Contact eastfinchleyfestival@gmail.com.

Getting better all the time for hairdresser to The Beatles

By Diana Cormack

In September 2017 an article in *The Archer* revealed that, after an eight year project, the memoirs of Leslie Cavendish had been published. Leslie is the manager of the All Aboard charity shop on the High Road but, in a previous life, he was hairdresser to many of the top stars of the 60s and 70s, including The Beatles.



Paperback writer: Leslie Cavendish, with his book, *The Cutting Edge*.

Photo by Mike Coles

The Cutting Edge: The Story of the Beatles' Hairdresser Who Defined an Era was co-written by Archer team member the late Neil McNaughton. The book raised international interest and has led to Leslie travelling all over the world to talk about it. He embarked on a series of Q&A sessions and book signings at shops and literary festivals all over the country, including the Henley Literature Festival last month.

Spanish connection

Having had successful trips to Chicago and New York, Leslie is going to Florida next April for a Beatles music weekend. Closer to home, he has a book lecture in Seville in December, but before that he will be setting off from Barcelona sailing round the Mediterranean on the first ever Beatles-themed cruise.

Leslie has had good reason to visit Spain, for he signed a publishing deal for his book to be released in paperback there

on 10 September and it will be out in all Spanish speaking countries by next year.

But it's getting better all the time because the English paperback version will be out in the UK in February 2019. The book is available on Amazon and almabooks.com. To learn more visit www.beatleshairdresser.com or take your book into All Aboard for Leslie to sign.

Sing, Sing, Sing

If you love to sing, The Archer Community Choir is the place for you!

We meet on Tuesdays at 7pm at The Archer Academy, Lower School Campus, Eagans Close, N2 8GA. We would love to welcome more singers to expand our choir. You do not have to be able to read music but only to enjoy singing a range of light popular songs. Come and try a session for £5. A term's fees cost around £80. Contact: archercommunitychoir@gmail.com

E-mail your listings to: the-archer@lineone.net

Friday 19 October

• **Memory Lane Singing Club** presents its **25th Anniversary Showtime**, 11am in St Mary's Parish Hall, Hendon Lane, N3. Free admission and all welcome.

Saturday 20 October

• **Rock 'n' roll local favourites Sound of the Suburb** play live at Madden's, High Road, N2. Free entry for a fun night of great music and terrific food and drink.

Saturday 27 October

• **Grange Big Local's Annual General Meeting** 11am to 2.30pm at St Mary's Parish Centre, 279 High Road, N2 8HG. Hear about the regeneration project's activities and achievements in 2018 and plans for 2019. Children's activities and free lunch. For information text 'Grange' to 66777, email info@grangebiglocal.org or call 020 8364 8400 ext. 241.

Saturday 27 October

• **Muswell Hill Indoor Car Boot Sale** at

Hornsey Parish Church Hall, Cranley Gardens, N10, 10am to 1pm; admission 50p, refreshments available. For information contact 020.8368 8180 or 07708152354

Saturday 27 to Wednesday 31 October

• **Halloween Walks** with City of London guide Paul Baker. Meet outside High Barnet tube station, 7.30pm, for an introduction to ghosts of High Barnet and Monken Hadley, the second most haunted village in England. Prizes for spookiest costumes. Information from Paul on 020 8440 6805 or visit www.barnet-walks.co.uk.

Sunday 28 October

Join a **Ramblers' Association** morning walk at 10am from **Finchley Central** station, taking circular route via Dollis Brook, Totteridge Lane and Burton Hole Farm (six miles or 10km); expect muddy patches sometimes. Contact leader Peter Sand on 07858 374 980.