### **Regular Events**

#### Sport & Fitness

- Finchley & Hornsey Ramblers Group Call Vivien 8883 8190
- Glebelands Indoor Bowls Club, Summers Lane N12. New and experienced bowlers welcome
- Muswell Hill Bowling Club, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- Outdoor Fit Camp Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- Pilates class Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- Pilates Classes Tue 9.30, Fri 9.15 & Sun 11am. www.pilatesineastfinchley. co.uk. Michelle 07767 804 564
- Tai Chi & Qigong in N2, Weds 12pm, 1pm, 6pm & 7pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- Tennis club with four clay courts off Southern Road. Call 8883 7723.
- Yoga, breathing & relaxation. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- Yoga beginners' course at Yogalogy High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- Yoga, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.
- Women's kick boxing, Thursdays 9.30am, East Finchley Combat Academy Church Lane, N2. Contact 07956 340540

#### Music, Dance & Creative Arts

- The Archer Community Choir, Tuesdays 7-9pm, The Archer Academy, Eagans Close, N2. Email: archercommunitychoir@gmail.com.
- Art Classes. Call Henry on 8888 5133. A-Chord, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- Ballroom & Latin American Dance Classes - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- 'Calm & Sing' workshops. Contact Angie on missangiea@yahoo.co.uk
- Creative writing classes in informal, friendly atmosphere. Tel Sallie Rose 020
- Creative Writing at Friern Barnet Community Library. Every Saturday, 12pm, 07488 230580
- Dance conditioning classes. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk
- East Finchley Writers Group, Weds at the Old White Lion. Contact Ralph 8444
- East Finchley Poetry Writing Workshops. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- Memory Lane Singing Club friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- Over 50s Tea Dance at Christ Church, North Finchley. Every Weds, 1pm. 020
- Learn to sing at Finchley Methodist Church, Ballards La. Call 8888 4412.
- Muswell Hill after school ukulele club, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- O Rock 'n Roll dance lessons, 8pm every Weds at the Constitutional Club. The
- Walks. Drop-in. Call Kav 07721 489489. • Traditional tunes @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly

### Clubs & Social

- Bingo evening, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- Bingo Club Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- French conversation in small friendly group with native speaker. 8444 9395.
- Friends of Cherry Tree Wood www. cherrytreewood.co.uk or 8883 7544.
- Haringey Recorded Music Society informal meetings locally. Call David Moldon on 8361 1696.
- Muslim Ladies Lunch Club 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- Bridge Club, Thursday & Saturday afternoons, Age UK, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.

# **Roots Sisters get** ready to rock By Frances Cooper

East Finchley will be the setting for a brand new monthly live music night showcasing the best female Roots music performers in the UK today.



Musical sisters: Rossella Scarlet

The Roots Sisters Reunion night at the Constitutional Club in The Walks, N2, will showcase women working in American Roots music as singers, songwriters, musicians and DJs. American Roots music is a broad spectrum of styles which includes genres like jazz, blues, rhythm & blues, bluegrass and

### Miss Scarlet and **Sister Suzie**

Rossella Scarlet, one of the co-organisers, said: "In Europe and around the world there are many great female artists and if this monthly event can become a way to connect all of them, it would be a great achievement." Rossella will also be DJ ing at the event as DJ Miss Scarlet playing 1950's rock 'n' roll, rockabilly and jive, to entice people onto the dance floor in between sets from the band.

The inaugural night on Saturday 21 July also features the talents of Sister Suzie and The Right Band, who play a mixture of all the different sounds she loves from the Southern States of America, including songs from her favourite artists,

like Elmore James, Big Mama Thornton and Irma Thomas.

She said: "While they were oppressed in society being black and being women, these ladies could release their emotions in music. Moaning the blues or demanding their man give them some sugar, those women knew how to express themselves and gained power from that."



Admission to the very first Roots Sisters Reunion at the East Finchley Constitutional Club on Saturday 21 July is £9 and doors open at 8.30pm. Follow RootsSistersRule on Facebook.

### Summer fair

Summer gets under way properly with Martin Primary School's summer fair on Saturday 30 June from 12-3pm. Everyone is welcome to come along to the field at the school in Plane Tree Walk, N2, for an afternoon of food, fun, bouncy castles, games, stalls and even pony rides.



Art of the matter. EFO artists will be showing their incredible talent in many crafts.

## Wide array of wares as artists open doors

By Mike Coles

Local art group East Finchley Open Artists is holding its annual Open House event on the weekends of 30 June to 1 July and 7-8 July. Seventeen houses will be open in and around East Finchley, and at least 58 artists will be exhibiting their work, both to view and sell.

It's one of the leading art events in North London, it's local and it's free. The houses will be open daily 11am – 6pm each weekend. On show will be a wide range of affordable art including ceramics, prints, jewellery, paintings, photography, glass, basketry, textiles and silk. More details at www.eastfinchleyopen.org.uk.

## Guild Players: Widdershins Review by Daphne Chamberlain

'In a peaceful house near the Welsh border, an entire family has vanished suddenly without a trace one evening, with supper on the table and no apparent violence. Inspector Ruffing's attempt to understand what's happened to a couple and their two daughters leads him deep into his own dark soul.' "On a rainy night I wander here in another man's labyrinth, haunted by a dead woman."

That was the Guild Players' trailer for Widdershins, their latest production at the end of April. It was enough to get me booking tickets immediately. Over the last few years I've taken a couple of friends to their shows, and they've always been keen to see another one.

This one didn't let me down. Don Nigro's thriller was impeccably acted, and a mystery to the end. The twist of a concealed door leading to a hiding-place has certainly been used before, but the writing was skilful enough to keep it as a surprise. And when we left, my friend and I were still musing about that detective's dark soul.

And by the way, Widdershins means anticlockwise, and is considered unlucky...

The Guild Players rehearse and perform in Finchley Methodist Church Hall, Ballards Lane, N3 1NB, but are drawn from all sections of the community from across the borough.

They have a very informative website at www.guildplayers.org.uk, but do make sure you are looking at the most recent one, updated this year.

### What's On...

### Saturday 9 June

• Wild Flower and Pollinator Day at Long Lane Pasture, opposite fire station in Long Lane, N3, 10am to midday, After warm, dry weather the pasture will look its prettiest. Wild flowers, grasses and insects will bring the site alive. Booklets and advisors available to identify finds. Free entry.

### Sunday 10 June

• Free concert at East Finchley Methodist **Church**, High Road, N2, opposite Creighton Avenue; Tom Klidzia, violin, Jill Anderson, clarinet, Yuki Osedo, piano, and Mary Wiegold, soprano, perform Cesar Frank's Violin Sonata, Stanford's Three Intermezzi and Fantasia on Airs from I Puritani by Lazarus; 7.30pm, free entry with collection in aid of North London Hospice. Fully accessible venue.

### Saturday 16 June

· Highgate Choral Society Jumble Sale, St. George's Church Hall, corner

of Cranley Gardens and Park Road, N10 3AH, 2-4pm; admission 40p. Clothes, Nearly New, Bric-a-brac, electrical goods, household goods, toys and games, books, CDs & DVDs, plants, tombola, raffle, Teas. Many bargains!

### Thursday 21 June

•Things That Go Bump in High Barnet: summer solstice ghost walk with City of London guide Paul Baker through High Barnet and Monken Hadley, the second most haunted village in England. Meet at High Barnet tube station 7.30pm. More details from Paul on 020 8440 6805 or www.barnetwalks.talktalk.net

### Saturday 23 June

• Battle of Barnet: guided walk with City of London guide Paul Baker. Meet at junction of Great North Road and Hadley Green Road, EN5 5PP, 11am. More details from Paul on 020 8440 6805 or www. barnetwalks.talktalk.net

Sunday 24 June

### • East Finchley Community Festival in Cherry Tree Wood 12 noon to 6pm. Run entirely by volunteers this free annual

event brings together everyone from East Finchley and our neighbouring areas for great live entertainment, good food and glorious atmosphere. Plenty of activities for children, including a storytelling and magic tent, plus inflatable slides, along with dozens of stalls hosted by community groups and a visiting party of live owls.

### Saturday 30 June

• Martin School Summer Fair. 12-3pm. Plane Tree Walk, N2. Come and bounce on a castle, eat delicious food, enjoy live music and ride a pony! A wonderful afternoon on the field for all the family! Saturday 30 June to Sunday 1 July and

### Saturday 7 July to Sunday 8 July

•Local art group East Finchley Open Artists hold their annual Artists Open Houses: 17 homes and studios open in and around East Finchley; at least 58

artists exhibiting work for viewing and buying. Wide range of affordable ar including ceramics, prints, jewellery paintings, photography, glass, basketry textiles and silk. More details on www eastfinchleyopen.org.uk. Free entry or all four days 11am to 6pm.

### Sunday 1 July

E-mail your listings to: the-archer@lineone.net

• Race the Neighbours 10k run pits East Finchley runners against their neighbours from Muswell Hill. The race sets off from Cherry Tree Wood and takes a route to Alexandra Palace and back. Come and cheer on the runners from 9am onwards Saturday 7 July

 Summer Fete in garden and main hall of Nazareth House residential home, 162 East End Road, N2, 2pm to 5pm; fun even for all the family with music, a barbecue strawberries and cream, teas and cakes a tombola and raffle with stalls selling bric-a-brac, plants, good quality clothes cakes, books. Adults £1. Children free.