



Regular Events

Sport & Fitness

- ◉ **Finchley & Hornsey Ramblers Group**
Call Vivien 8883 8190
- ◉ **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- ◉ **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- ◉ **Outdoor Bootcamp** 9.30am & 10.30am every Sat; **Boxing and Kettlebells**, 6.45pm Weds, Victoria Park, N3. Contact Sarah 07956 589902.
- ◉ **Outdoor Fit Camp** Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- ◉ **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- ◉ **Pilates Classes** Tue 9.30, Fri 9.15 & Sun 11am. www.pilateseastfinchley.co.uk. Michelle 07767 804 564
- ◉ **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- ◉ **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- ◉ **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- ◉ **Yoga beginners' course** at Yogalogy, High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- ◉ **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.
- ◉ **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

Music, Dance & Creative Arts

- ◉ **Art Classes**. Call Henry on 8888 5133.
- ◉ **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- ◉ **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- ◉ **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- ◉ **Dance conditioning classes**. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk.
- ◉ **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- ◉ **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- ◉ **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- ◉ **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- ◉ **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- ◉ **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- ◉ **Traditional tunes** @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

Clubs & Social

- ◉ **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- ◉ **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- ◉ **French conversation** in small friendly group with native speaker. 8444 9395.
- ◉ **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- ◉ **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- ◉ **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- ◉ **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- ◉ **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.

An introduction to Hampstead Music Club

By Charles Lewis

Hampstead Music Club was 70 years old last year, when we had our anniversary concert in our main venue, Burgh House. So this seems a good time to tell you who we are and to invite you, singers and instrumentalists of whatever standard (no auditions of any sort required) to come and try us out.

Hopefully you will like what you see and hear, and join us, for a small subscription, currently £32 per season from September to July.

Meet music-minded people

We exist to provide a friendly musical environment for singers and instrumentalists to perform solo or in concert with other members. We meet two or three times a month on Tuesday evenings, normally from 8pm until 10pm, either in Burgh House or in Fellowship House in the Temple Fortune area.

We also organise master classes for different sections of the club and invitation concerts by professional musicians from outside the club.

The great benefit of the club is an opportunity to meet like-minded people who love music and performing, and to

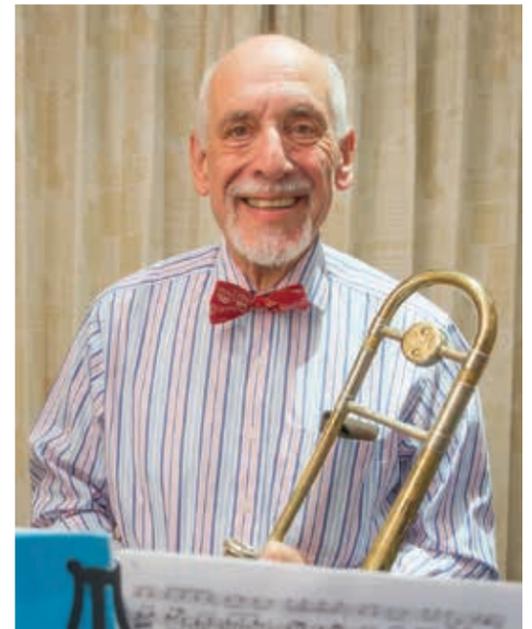
find friends to make music with. We have members who come from all over London and even from outside London.

Clean the dust off your instrument if it is hiding somewhere in storage, clear your throat if you are a singer, or come as a listener if you don't yet feel ready to perform.

'Villagers' welcome

I myself, who was at one time chairman and now, after some 40 years a member, remain on the committee, live in East Finchley. I would love to personally welcome anyone from our little village (as Barnet likes to call us) to sample the club - and indeed anyone from elsewhere, of course.

My normal contribution is to sing, in a not particularly distinguished tenor voice, opera, operetta, musicals or songs, and also, though not at the same time, to play the trombone. Please telephone me if you



Charles Lewis of the Hampstead Music Club.
Photo Mike Coles

are interested at 020 8444 2669. Our website, which includes FAQs, is www.hampstead-music-club.co.uk.

Four seasons in poetry and music

By Marian Bunzl

The first concert of North London Chorus's 40th anniversary year will celebrate the seasons and the weather through the music of English composers.

The main work will be Jonathan Dove's *The Passing of the Year*. Dedicated to his mother, "who died too young", he has set to music a series of English poems which explore the four seasons in parallel with the cycle of human life: birth, death and regeneration.

Scored for double choir, two pianos, and percussion, it is alternately lyrical and rhythmic, as the two choirs express both moods in tandem. The result is a vibrant and moving piece that is a joy to sing and to listen to.

It will be complemented by a group of part songs by several other English composers, including Elgar and Rutter: varied musical depictions of England's favourite topic of conversation, the weather.

The *Liebeslieder* by Brahms depict another aspect of human life, a collection of love songs in Ländler or country dance style. These delightful miniature pieces express every emotion of love from frustration to bliss in a lilting three-four beat. As always our conductor will be Murray Hipkin, and Britten's *Mazurka Elegaica* will showcase the verve and skill of our two accompanists Catherine Borner and John Flinders.

We hope you will come and

enjoy this lovely collection of pieces on Saturday 25 March at 7.30 pm at St. James Church, Muswell Hill. Tickets are available online at northlondonchorus.org/tickets and also from Les Aldrich Music Shop, Fortis Green Road, Muswell Hill.

Dickens of a life

Actor Robert Powell will be appearing in his one man show *Charles Dickens: A Life* on Sunday 12 March at 7pm at Upstairs at the Gatehouse, Highgate Village, N6, followed by a Q & A on the acting world and his distinguished career in films and television.

The evening is in aid of the Harington Scheme and the money raised will go towards installing the Herbie Hut, an extra classroom which will be housed in a bespoke shepherd hut in the scheme's Cholmeley Park grounds in Highgate.

Tickets cost £20 (to include a glass of wine) available from Upstairs at the Gatehouse box office in person or by phone from 020 8340 3488 (credit/debit card fee 50p).

Harington is a charity set up in 1980 by the Highgate community to support young people with learning difficulties and disabilities by delivering tailor made learning programmes and work experience designed to help them into employment, further education and towards a more rewarding life.

Can you deliver?

The Archer needs volunteers to deliver papers to Ludlow Way, Ossulton Way, Maurice Walk, Blandford Close, Cornwood Close, Greenhalgh Walk and part of Lyttelton Road.

Papers are brought to your house each month and these rounds typically take 30-40 minutes. Please contact us by email at the-archer@lineone.net or by phone on 0800 612 0748. Thank you.

Truth, lies and Denial

Review by Neil McNaughton

The Phoenix Cinema was packed out last month for a special pre-release charity screening of *Denial*, a film by Mick Jackson, starring Rachel Weisz, Tom Wilkinson and Timothy Spall.

The event was organised by World Jewish Relief, an organisation that channels funds mainly from the Jewish community to anti-poverty projects in East and Central Europe. Proceeds from the showing went direct to such schemes.

The film tells the story of the libel trial against American historian Deborah Lipstadt and Penguin Books by Holocaust-denying writer David Irving, played brilliantly by Timothy Spall.

After the screening a ques-

tion and answer session was held with James Libson, one of the defence team in the case. He told a fascinated audience of 250 people that the film was a faithful re-creation of the events surrounding the trial and that all the actors had captured the essence of their characters.

Denial is now on general release. In what has become known as 'post truth society,' the film is especially prescient as it deals with the issue of what is truth, and what were Irving's apparent lies, in relation to the Holocaust.

What's On...

E-mail your listings to:
the-archer@lineone.net

Sunday 12 March

• **Hikapee Theatre present *Moonfall***, a work-in-progress family friendly performance combining aerial circus and physical theatre. Join a princess like no other as she embarks on the biggest journey of her life, to the Moon! Jacksons Lane, Archway Road, N6, at 3pm. For ages 4+. Tickets £4.95. www.jacksonslane.org.uk/whats-on/moonfall.

• **Free concert at East Finchley Methodist Church**, High Road, N2, opposite Creighton Avenue; Tom Klidizia, Jill Anderson and Yuki Osedo play **Schubert and Brahms**, 7.30pm. Free admission with collection in aid of Sightsavers. This venue is fully accessible.

• Actor **Robert Powell** appears in his one-man show ***Charles Dickens: A Life***, Upstairs at the Gatehouse, Highgate, N6, at 7pm. Tickets cost £20 (to include a glass of wine) available from Upstairs at the Gatehouse box office in person or by phone: 020 8340 3488 (credit/debit card fee 50p).

Friday 17 and Saturday 18 March

• **Levantes Dance Theatre** present ***The Band***, a quirky, humorous display of desperate ambition and blind affection. Sandy and Bruno met in the seventies. She was fame hungry, he was doomed to follow her. As one hit

wonders, this is a story of their big come-back. Jacksons Lane, Archway Road, N6. Tickets £14.95/£12.95. www.jacksonslane.org.uk/whats-on/the-band.

Saturday 25 March

• **North London Chorus** perform the first concert of their 40th anniversary year with a programme of English composers including **Jonathan Dove, Elgar and Rutter**; St James Church, Muswell Hill, 7.30pm. Tickets available online at northlondonchorus.org/tickets and also from St James Church Bookshop and Les Aldrich Music Shop, Fortis Green Road, Muswell Hill.

• **The North London Sinfonia** comes to The Free Church, Central Square, Hampstead Garden Suburb, at 7pm for its Spring Concert. The programme will be Brahms' Double Concerto, Schubert's Symphony No. 4 ("Tragic"), and Beethoven's Overture Fidelio. Tickets £10 (£8 in advance, under 12s free), also £1 for the 3pm rehearsal; contact www.nlsinfonia.org or nlsinfonia@gmail.com or 07773 717 747.

Wednesday 1 and Thursday 2 April

• **Discover Film Festival** at the Phoenix Cinema, East Finchley, showcasing the best in short films from more than 40 countries with public screenings over two days. More details at <https://discover.film/film-festival/>.