Regular Events

Sport & Fitness

- Finchley & Hornsey Ramblers Group Call Vivien 8883 8190
- Glebelands Indoor Bowls Club, Summers Lane N12. New and experienced howlers welcome.
- Muswell Hill Bowling Club, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- Outdoor Bootcamp 9.30am & 10.30am every Sat; Boxing and Kettlebells, 6.45pm Weds, Victoria Park, N3. Contact Sarah 07956 589902.
- Outdoor Fit Camp Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- Pilates class Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- Pilates Classes Tue 9.30, Fri 9.15 & Sun 11am. www.pilatesineastfinchley. co.uk. Michelle 07767 804 564
- Tai Chi & Qigong in N2, Weds 1pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- Tennis club with four clay courts off Southern Road. Call 8883 7723.
- Yoga, breathing & relaxation. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- Yoga beginners' course at Yogalogy High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.
- Women's kick boxing, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540

Music, Dance & Creative Arts

- Art Classes. Call Henry on 8888 5133.
- A-Chord, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- Rallroom & Latin American Dance Classes - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- 'Calm & Sing' workshops. Contact Angie on missangiea@yahoo.co.uk
- Creative writing classes in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217
- Dance conditioning classes. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk
- East Finchley Writers Group, Weds at the Old White Lion. Contact Ralph 8444
- East Finchley Poetry Writing Workshops. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- Memory Lane Singing Club friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- Over 50s Tea Dance at Christ Church, North Finchley. Every Weds, 1pm. 020
- Learn to sing at Finchley Methodist Church, Ballards La. Call 8888 4412.
- Muswell Hill after school ukulele club. Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- Traditional tunes @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

Clubs & Social

- Bingo evening, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- Bingo Club Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- French conversation in small friendly group with native speaker. 8444 9395.
- Friends of Cherry Tree Wood www. cherrytreewood.co.uk or 8883 7544.
- Haringey Recorded Music Society informal meetings locally. Call David Moldon on 8361 1696.
- Muslim Ladies Lunch Club 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- Bridge Club, every Saturday 1.30-4pm Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- Jewish Friendship Club for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.



Lost hospital: Louisa Albani's painting of Athlone House on the Heath

"I had decided that 2017 was going to be my creative year on the heath. On one of my walks, I came across Athlone House, a derelict 19th-century house between Highgate and Hampstead. The history of this house is wonderful: owned by industrialists but then used as a military hospital during the First World War and a military intelligence school during World War Two."

There are also paintings inspired by the River Fleet, London's lost river fed by the Hampstead ponds. Some artworks mark the vanishing of actual places, such as the gazebo overlooking London. Others are vanished moments in time, seeing a grey heron take flight, or memories of Louisa's

East Finchley all her life, says:

called 'Lost hospitals, secret houses and vanished spaces'. Louisa, who has lived in daughter in a rhododendron bush at Kenwood.

Fortitude '17

Fortismere School is holding its annual summer fair and festival, Fortitude 2017, on Saturday 1 July from 12 noon to 6pm on its playing fields via the gates at Twyford Avenue, N10.

There will be fairground rides, live bands, a silent disco and a cake bake with a surprise celebrity judging, plus all the summer fair favourites like a raffle and food stalls.

Everyone is welcome and it's a family event for kids of all ages. Entry is £4 on the day or for students at the school £3 if bought in advance through the school

What's On...

Saturday 10 June

 Wild Flower and Pollinator Day at Long ane Pasture, Long Lane, N3, opposite the fire station, 10am to 12 noon. Booklets and advisers available to identify finds.

- Summer fete at Nazareth House, East End Road, N2, 2pm-5pm. Music, a barbecue, strawberries and cream, teas and cakes, stalls, games for children, a tombola and raffle. Entry £1 for adults. Children free. Sunday 11 June
- Gin Day at Stephens House and Gardens, East End Road, N3. Discover eight award-winning gins from micro distilleries in the UK. Taste any three from the selection for £15. Book at www.stephenshouseandgardens.com/ events.
- Georgian Monken Hadley: guided walk with City of London guide Paul Baker. Meet outside The Spires, Barnet High Street, EN5 5XY at 2.30pm. Details: contact Paul on 07506 761294 or visit www.barnetwalks.
- Free concert at East Finchley Methodist **Church**, High Road, opposite Creighton Avenue, 7.30pm; Malachy Frame (baritone) and Liam Cringle (piano) in programme including operatic arias and lieder by Brahms, Mendelssohn and Strauss. Free entry; collection for mental health charity MIND. Fully accessible venue.

Saturday 17 June

- Fair in the Square, Pond Square, Highgate, 12.30pm-5.30pm, free entry; live entertainment, traditional attractions and over 100 colourful stalls selling gifts, crafts, plants, clothes, books and a variety of street food; children's activities with a kids' tent, fair rides, circus skills workshops, Punch & Judy and the ever popular Sheep Show and its dancing sheep!
- Grange Big Local AGM at St. Mary's Parish Centre, 279 High Road, N2, from 2pm. Join us for free tea and cake at our . Annual General Meeting and hear how Grange Big Local has improved our pocket of East Finchley. Email info@grangebiglocal. org, telephone 020 8364 8400 ext. 241 or visit www.grangebiglocal.org
- Highgate Choral Society Jumble Sale. St. George's Church Hall, corner of Cranley Gardens and Park Road, N10; 2pm-4pm; admission 40p. Clothes, Nearly New, Bric-a-brac, electrical goods, household goods, toys and games, books, CDs & DVDs, plants, tombola, raffle, teas. Many bargains!
- Hampstead Garden Suburb Horticultural Society's 283rd summer flower show

E-mail your listings to: the-archer@lineone.net

3pm-5.30pm at the Free Church Hall. Northway, NW11. Sunday 18 June

• East Finchley Allotments' Open Day. Plane Tree Walk, N2, behind Martin Primary School, from 1.30pm to 4.30pm. Explore the allotments in their 100th anniversary year, including stalls of produce and plants, tea and cakes, mosaic making, bee keeping demonstrations and activities for children.

- Admission £2, under 16s free. · Open garden in aid of the National Gardens Scheme, 5 St Regis Close, Alexandra Park Road, N10, 2pm-6.30pm. Delicious homemade teas and mega plant sale. Wheelchair access. Admission £4. Children free.
- Youth Music Centre's 50th anniversary concert, 6pm at St Jude-on-the-Hill, Central Square, NW11; programme includes works by Albinoni, Bizet and Haydn. The concert is free and afterwards everyone is welcome to join a picnic.
- Barnet Ghosts: guided walk with City of London guide Paul Baker. Meet outside High Barnet tube station at 7.30pm. Details from Paul on 07506 761294 or visit www. barnetwalks.talktalk.net

Saturday 24 June

- · Battle of Barnet: guided walk with City of London guide Paul Baker. Meet at junction of Great North Road and Hadley Green Road at 11am. Details from Paul on 07506 761294 or visit www.barnetwalks. talktalk.net
- Summer Fair at Tetherdown Primary School, Collingwood Avenue, N10. Everybody welcome. 12-3pm.
- Fun for all the family at Brookland Infants School Summer Fair, Hill Top, NW11. 12-4pm.

Sunday 25 June

• East Finchley Community Festival. Cherry Tree Wood, 12pm-6pm, celebrating 150 years of the railway in East Finchley. Free entry. Meet opp. tube station from 11.30am in railway-themed fancy dress with a whistle for mass parade. Two stages of live entertainment, fresh food, beer, storytelling, children's activities, live owls, craft and community stalls and a chance to bump into friends new and old.

Saturday 1 July

· Open day at Christ Church, High Road, North Finchley, opp. Homebase, 10am-4 pm. Tours around the building, history, information on the interesting stained glass windows, treasure hunt, exhibition of old photos and documents, music, other events, and refreshments.

EAST FINCHLEY

Secrets of the Heath

An exhibition of beautiful images inspired by unexpected

places and discoveries on Hampstead Heath will be on

show at the Phoenix Cinema throughout July. Artist Louisa

Albani, of Leslie Road, N2, has created a series of works

ipring & Summer

By Mary Beer-Cleasby

East Finchley is a-buzz with activities for all the family throughout the late spring and summer months and our What's On column is bulging this month with fun days out and special events.

The school fairs season kicked off on 20 May with Holy Trinity's fair, where face painting, a surf simulator and their much loved bouncy castle were enjoyed by scores of families. Tetherdown's 'Waterworld' themed fair and the Brookland Infants' event are both happening on 24 June with Martin Primary finishing the season on 1 July.

As part of the National Day of Action against School Cuts, family fun and parental protest were enjoyed in equal measure through mass picnics in Highgate Woods and Alexandra Palace

For many, the highlight of the season is the East Finchley Community Festival held in Cherry Tree Wood on Sunday 25 June. Huge numbers of visitors come to the free event to enjoy its beer tent, live music, tasty food stalls and range of attractions as well as the opportunity to meet and mingle with N2 neighbours.

Green fingers have flourished in the East Finchley Allotments for a century and to celebrate its 100th birthday, visitors are invited to an open day on 18 June. From agriculture to visual arts culture, East Finchley's renowned Artists' Open Houses are again available to enjoy over the first two weekends of July. The event is run by Open Artists, which celebrates its 13th year and is comprised of 55 local artists who share inspiration and ideas to develop their art.

Our What's On column lists more local events. Have you or your community group got an event coming up? Email us details well in advance to the-archer@lineone.net.

- 1980s-themed exhibition of photography and graffiti art by East Finchley artist Craig Johnson; chalk pastels of well-known figures by TV actor and artist Ray Polhill; poetry by Terry Franklin. Free entry with refreshments and cupcake sale for mental health charity MIND. 37 Sedgemere Avenue, N2, 11am-5pm.
- · Fortitude 2017, Fortismere School's annual summer fair and festival 12 noon-6pm on playing fields via gates in Twyford Avenue; fairground rides, live bands, silent disco, cake bake, raffle, food and refreshments. Entry £4 on the gate.
- Celebrate the start of summer at Martin Primary School Summer Fair, Plane Tree Walk, N2. 12-3pm.

Saturday 1 and Sunday 2 July

- · East Finchley Open artists host first of two annual Open Houses weekends; the second is on Saturday 8 and Sunday 9 July. Browse and enjoy ceramics, photography, jewellery, fabrics, paintings and sculptures in artists' own homes or studios. For times and venues: www.eastfinchleyopen.org.uk Sunday 2 July
- Race the Neighbours, Cherry Tree Wood, 9.30am start. Watch 450 runners start and finish a 10km route, running for East Finchley or Muswell Hill in pursuit of the Cherry Tree Cup. Great atmosphere.
- Marvellous Mill Hill: guided walk with City of London guide Paul Baker. Meet outside Mill Hill East tube station at 11am. Details from Paul on 07506 761294 or visit www. barnetwalks.talktalk.net