



We're off! Fundraisers set off on the Big Fun Walk in Cherry Tree Wood. Photo: Andrew Prod Photography

A long walk with friends and family in mind

A long snake of people wearing red North London Hospice back packs wound its way through the capital's parklands for a hugely successful Big Fun Walk on Sunday 30 April. Many walkers carried the names and photos of their loved ones on the eightmile route from East Finchley to Westminster as they raised money for the hospice's end-of-life care services.

Hospice fundraising spokesman Jonathan Harris said more than 1,250 took part, making it one of the biggest walks of recent years. So far more than

£115,000 has been raised but that total is expected to rise as the last sponsorship money comes in.

> Learn about your local hospice

Foot Problems? Chiropody Podiatry

Judith Costa BSc

At Utopia Clinic 1a Leicester Mews N2 9EJ Tel: 020 8444 4226 (M) 07802 88 79 19 Online booking at www.utopiahealthandbeauty.co.uk



All Saints' Church, **Durham Road, East Finchley Church of England**

Sunday mass at 10.00 a.m. Weekday masses at 10.00 a.m.

(11.00 a.m. on Wednesdays) (Coffee served after mass on Sunday and Thursday) Prayer requests are gladly accepted.

The Parish has a *flourishing* social life.

All Saints' also has a strong musical tradition and an enthusiastic choir.

New singers are always welcome.

Contact the Vicar, Fr Christopher Hardy, on 020 8883 9315 http://www.allsaints-eastfinchley.org.uk

Bovers Pest & Vermin control

Quick, efficient & affordable control of:

Rodents, wasps, fox, rabbit, pigeon,

mole, deer, flying & crawling insects

Email: bovers.pvdc@gmail.com

Web: www.boverspestcontrol.co.uk

Tel: 07956561240

Club every Tuesday at 8pm, run by quiz master extraordinaire Brian Hooper. Brian, a retired maths teacher, started the popular Old White Lion pub quiz eight years ago and has been running the Constitutional Club pub quiz for the past year. It's a fun evening with teams ranging in age

Can you beat

Brian the Quiz?

Sad that Only Connect has finished on TV? Longing to relive your *University Challenge* days? Well, you can still get your quiz fix at the East Finchley Constitutional

Each week there is a picture round and six rounds covering a wide range of topics, which are announced on Facebook a few days before. Teams have included past Pointless winners but don't

from 20-70, and the winning team wins a

cash jackpot.

despair if you come in last place as there's a booby prize on offer so no one goes home empty-handed.

And what's more ...

It's only £1 to enter per person, with up to six people in each team. There's free parking near the Constitutional Club (postcode N2 8DE, just off Park Road) and you don't have to be a member of the Club to attend. The bar is cheaper than local

Fiendish and fun: Quiz master Brian Hooper keeps everyone guessing

pubs and has a range of snacks

to munch during the evening. Every three weeks, each pub quiz team is encouraged to bring a dish to share with others

so there's plenty of free food to try, adding to the community atmosphere.

Join Facebook group "Brian's Tuesday Quiz in N. London" to know more or just turn up to test your wits against East Finchley's finest.

"The voice of social irresponsibility"

The day the game changed Sometimes if you blink you miss it, but not this time, because

in the very real world of rock'n'roll, 1 June is as important now as it was 50 years ago. But why should it matter that it was the day a bunch of blokes from Liverpool released a

Sergeant Pepper's Lonely Hearts Club Band is probably the most famous album in the world. It's the one Beatles album everyone has heard of even if they have never actually heard it. All the rest fade by comparison because this was the game changer.

Game changers are different, they have the wow factor. They are like nothing you've heard before from a band you think you know too well. And that rules out almost everything recorded in the last 50 years.

There's no place for anything by Led Zeppelin: they started out as a heavy rock band and just refined it. There's no place for the Stones: they are still the same r'n'b band they always were. Prince doesn't count either, nor does George Michael or Nirvana or Jimi Hendrix or even Elvis. They all arrived as fully formed phenomena. So who does count?

To count you've got to be famous in a platinum disc, sell-out tour, household name sort of band and you must produce something that catches the changing mood before the mood realises it is changing. There are only a handful of records that make the grade. Bowie is there, not for Ziggy Stardust, but for Heroes. Pink Floyd sneak in with Dark Side of the Moon, Michael Jackson is there with Thriller and The Who gets in with *Tommy* because no one had dared produce a rock opera before.

But the real deal is Sergeant Pepper's. The full colour gatefold sleeve, the words printed on the back cover, the first real use of stereo. The songs you could argue about over a joint or three. The sense that this was weird and made you want to be as weird as they were. Bye-bye the clean cut scousers and hello a whole new world. This was 1967 and nothing would ever sound quite the same again.

to 12noon. Work experience

If you would like to see the

work of the North London Hos-

pice for yourself, it is running

regular tours of its Whetstone

site. Sessions are also available

for those who want to know more

about living with and caring for

and you need to book. There

is no charge but a donation

would be appreciated. Dates for 2017 are on Fridays 28 July, 29

September and 10 November. In 2018 on 19 January and

Thursday 29 March from 10am

Places for both are limited

people with dementia.

Three day workshops for 14-19 year olds are also being run at the hospice, where young people can experience the working environment, meet the health care team and also enhance their CVs. The Summer School from 1-3 August and the Autumn School from 25-27 October introduce the aims and principles of palliative care and skills required for employment. The fee is £95 for each workshop, inclusive of light refreshment and lunch.

For more information or to book a place on any of the above, contact the education department on 020 8343 8841 ext. 1116, email education@ northlondonhospice.co.uk or visit www.northlondonhospice.

A Local Handyman

available for general household & garden maintenance. No Job Too Small Free Estimates Call John on: 0789 010 3831

or: **0208 883 5325**