



Regular Events

Sport & Fitness

- **Finchley & Hornsey Ramblers Group**
Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Outdoor Bootcamp** 9.30am & 10.30am every Sat; **Boxing and Kettlebells**, 6.45pm Weds, Victoria Park, N3. Contact Sarah 07956 589902.
- **Outdoor Fit Camp** Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Classes** Tue 9.30, Fri 9.15 & Sun 11am. www.pilatesineastfinchley.co.uk. Michelle 07767 804 564
- **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga beginners' course** at Yogalogy, High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.
- **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

Music, Dance & Creative Arts

- **Art Classes**. Call Henry on 8888 5133.
- **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **'Calm & Sing' workshops**. Contact Angie on missangiea@yahoo.co.uk
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **Dance conditioning classes**. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Traditional tunes** @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.



Local artist John Fraser. Photo Mike Coles

Feelings and thoughts expressed in paint

By Diana Cormack

An impressive exhibition of paintings and watercolours was held in May at Hornsey Town Hall, Crouch End, representing 50 years of art by Edinburgh-born John Fraser, who now works from the studio at his home in Summerlee Avenue, N2.

John's striking paintings, watercolours, drawings and prints have been exhibited at various venues in London and are in public and private collections in this country as well as Italy, Germany and Sweden. He told The Archer that his work contains emotions, feelings and thoughts which the observer may or may not be able to see or interpret. You might be able to judge for yourself if his plans for an exhibition in East Finchley come to fruition. Meanwhile, you can see more at www.johnfraserart.com.

With an interest in the subject from childhood, John went on to study at Edinburgh College of Art. From there he moved to London and, in the 1970s, was head of art at some north London comprehensive schools.

After further studies Dr Fraser found himself at the forefront of working with

computers in art. In 1985 he became curriculum director for computer-aided art and design at Kingsway College. In 1995 until his retirement in 2008 he was an associate professor of design and communications, running the centre for new media at Richmond American International University in London.



Tuning up: The Symphonic Wind Orchestra of North London.

Darcy and Elizabeth do it outside

Garden Suburb Theatre are performing a brand new adaptation of Jane Austen's classic novel *Pride and Prejudice*.

This witty drama of manners, money, marriage and love, performed in the open air, brings to life the well-loved story of the five unmarried Bennet sisters and what happens when Mr Bingley, a single man of good fortune, moves into their neighbourhood, bringing with him his even richer but less agreeable friend, the proud Mr Darcy.

The production runs from 14-16 July and 19-22 July in Little Oak Wood Open Air



Classic romance: Elliot Bishton as Mr Darcy and Emily Elvin-Poole as Elizabeth Bennet in the Garden Suburb Theatre production.

Theatre, Addison Way, NW11, just the other side of the A1. Tickets priced £10/£8 are available from www.garden-suburbtheatre.org.uk.

Some enchanted evening

An evening of magical music is promised by the Symphonic Wind Orchestra of North London at its summer concert.

The orchestra, which was founded in 1999 and rehearses at Martin Primary School in East Finchley, will play the Sorcerer's Apprentice by Dukas along with arrangements of music from Harry Potter, Wicket, Aladdin and Howl's Moving Castle.

The concert takes place on

Saturday 8 July at 7.30pm at St Martin's Church, Vicars Road, Gospel Oak. Tickets (£8 adults, £6 concessions, £4 children) are available online at www.swon.org.uk or on the door. Interval refreshments will be available for a donation to the Rainbow Trust.

What's On...

Saturday 8 July

- **Summer Fair at Tudor School**, Queen's Road, N3, 12 noon to 3pm. Free entry, £150 raffle prize, BBQ, bouncy castles, face painting, live music.
- **The Symphonic Wind Orchestra of North London** perform their **Summer Concert**, 7.30pm, St Martin's Church, Vicars Road, Gospel Oak. Music includes the Sorcerer's Apprentice by Dukas, and selections from Tchaikovsky's Nutcracker and Harry Potter. Tickets (£8 adults, £6 concessions, £4 children) available at www.swon.org.uk or on the door. Interval refreshments available for a donation to the Rainbow Trust.
- **East Finchley Open House weekend**; browse and enjoy ceramics, jewellery, photographs, paintings and textiles as artists open their homes and studios; various venues around N2. Full details at www.eastfinchleyopen.org.uk.

Sunday 9 July

- **Charity two-hour Zumba Marathon** raising money for Mind, the mental health charity, Laboratory Spa and Health Club, The Avenue, Muswell Hill, N10, 2pm to 4pm. Entry £12. Everyone welcome for fun, dancing and refreshments.
- **Open garden at 58 Summerlee Avenue, N2**, in aid of the National Garden Scheme; 2pm-6pm, admission £3.50, children free. More details from www.ngs.org.uk
- **Free concert at East Finchley Methodist Church**, High Road, N2, opposite Creighton Avenue: Marriott String Trio perform Schubert, Beethoven and Lennox Berkeley. Free admission, collection in aid of Open Doors (serving persecuted Christians worldwide). Venue fully accessible.
- **Tuesday 11 July**
• Coaching workshop on how to declutter your life: Clissold Arms, Fortis Green, N2, 8pm. Tickets £15. Details at 078178 33319 or visit www.jpcoach.com.
- **From Friday 14 July**

- **Garden Suburb Theatre** performing Jane Austen's classic **Pride and Prejudice** in the Little Oak Wood Open Air Theatre, Addison Way, NW3. Performing 14-16 July and 19-22 July. Tickets £10/£8 from www.gardensuburbtheatre.org.uk.
- **Saturday 15 July**
• **Moth and Dragonfly Morning** at Long Lane Pasture, opposite the fire station on Long Lane, N3; 10am to 12 noon. As part of the National Moth Count, organisers will have set a moth trap to identify dozens of species before releasing them.
- **Poetry Launch** of the first collection *Sky Trees* by local poet Shereen Abdallah. East Finchley Methodist Church, High Road, N2, 7pm. Tickets available at the door £8, (including a signed £8 copy), concessions £5. Light refreshments provided.
- **Sunday 16 July**
• **Ramblers Association walk** from Hackney Central Overground Station on a linear route to Walthamstow Marshes, via

E-mail your listings to: the-archer@lineone.net

- the Regent's and Hertford Union Canals and River Lee. Meet at 10.30am, flatterrain, 8-9 miles. Bring a picnic. Leader Anne Butler on 07831 183105.
- **Summer garden fete at Stephens House and Gardens**, East End Road, N3, 12 noon to 5pm; a packed day of fun and games with food, craft stalls and a brass band. Free admission with charges for activities.
- **Sunday 30 July**
• **Open garden at 79 Church Lane, N2**, in aid of the National Garden Scheme; 2pm to 6pm, admission £3.50, children free. More details from www.ngs.org.uk
- **Saturday 5 August**
• **Blackberry Picking at Long Lane Pasture**, opposite fire station on Long Lane, N3. Official start of the season, which may last through to September. Bring own containers and make donation at entrance. Please take care with the brambles and avoid trampling hedges which are a wild life habitat.