



Regular Events

Sport & Fitness

- **Finchley & Hornsey Ramblers Group**
Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Ladies Keep Fit Class** for over 50s. Tues 10.30-11.30am at Tetherdown Hall. Sheila 8444 0084.
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Outdoor Bootcamp** 9.30am & 10.30am every Sat; **Boxing and Kettlebells**, 6.45pm Weds, Victoria Park, N3. Contact Sarah 07956 589902.
- **Outdoor Fit Camp** Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Classes** Tue 9.30, Fri 9.15 & Sun 11am. www.pilateseastfinchley.co.uk. Michelle 07767 804 564
- **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga beginners' course** at Yogalogy, High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.
- **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

Music, Dance & Creative Arts

- **Art Classes**. Call Henry on 8888 5133.
- **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **Dance conditioning classes**. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Traditional tunes** @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.

Love and life for three women

Garden Suburb Theatre is performing *Di and Viv and Rose*, the story of three women and their lifelong friendship. They meet at university as fresh-faced students and the play follows them for 25 years through the high and lows of being undergraduates to the reality of careers, love and life.

It will run from 24-26 November at 7.30pm and 27 November at 4pm, Upstairs at the Gatehouse in Highgate Village. Tickets cost £12/£10 concessions. To book visit www.upstairsatthegatehouse.com.



Snap! Imogen Famworth, Ruth Huggett and Abi Tallack-Cain star

Could you be a Street Champion?

East Finchley Altogether Better (EFAB) is the organisation that runs activity groups to bring people in the community together and reduce social isolation. All groups are non-profit and led by local volunteers who want to share their skills with others.

Now they need people to help deliver their bi-monthly newsletter to their neighbours, and they call them Street Champions.

The EFAB newsletter gives details of all of its groups, such as meditation sessions, computer skills learning, exercise sessions and cooking, as well as other information for people in the area such as local events, charities and volunteering

opportunities.

If you could spare an hour or so every two months to help deliver the EFAB newsletter on your street, they would love to hear from you. You can choose how many you deliver, whether it is to your immediate neighbours only or to your whole street, or more. Contact Lisa on 07909 998453 or email us@efab.org.uk to help out.

What's On...

Friday 11 November

- **Letter from Alice**, a programme of words, song and images conceived by Erica Knighton based on her grandfather George W Knighton's First World War diary written in the trenches. It charts the growing love for his sweetheart Alice against a backdrop of the horrors of war. Diary extracts, poems, songs, images of war paintings and film bring this moving story to life. Lauderdale House, Highgate, 7.30pm. Tickets £12, £10 concessions (over 60s, student and people on benefit). Box Office: 07584 088509.

Saturday 12 November

- **Geology walk led by Diana Clements**, expert geologist, Coldfall Wood, Creighton Avenue, 10.30am. An ice sheet once covered Britain as far south as Coldfall Wood: explore in and around the wood and learn about the importance of Coldfall in geological history. Book online at <https://coldfallwood.mitingu.com/>
- **Holy Trinity Church Autumn Fayre** from

12-3pm, Church Lane, N2. Free entry and all welcome. Lots to do, including kids' games, tombola, raffle and lots to buy.

- **Finchley Chamber Choir** presents a programme of music on the theme 'Let there be Light', singing John Rutter's *Hymn to the Creator of Light*; *O Nata Lux* by Morten Lauridsen; and works by Johnathan Rathbone and Eric Whitacre; Trinity Methodist Church, Nether Street, near Tally Ho Corner, 7.30pm. Tickets: £15 full, £13 concessions and £6 for under-18s.

- **Highgate Choral Society sings Brahms's German Requiem** with the New London Orchestra, 7pm with free pre-concert talk by conductor Ronald Corp at 6.20pm. All Hallows' Church, Savernake Road, Gospel Oak, NW3. Tickets: £20, £15, concessions £10 from www.ticketsource.co.uk/highgatechoral.

Sunday 20 November

- **Frost Fair with the Finchley Women's Institute** at Stephens House and Gardens, East End Road, N3, 11.30am - 4.30pm.



The Roundhouse in 1975. Photo Jeremy Ross.

Roundhouse is 50

The celebrated Roundhouse in Camden is celebrating its 50th anniversary this year and has launched a new website that gives a glimpse into the arts venue's fascinating history.

Rescued from the threat of demolition in the 1960s, the former train shed is now a performing arts mecca, hosting community groups and big name stars. Find fascinating photos of the Roundhouse and Camden through the decades on the website at <https://50.roundhouse.org.uk>.

Experience the glory of Verdi

By Marian Bunzl

For our next concert, the North London Chorus will be moving to artsdepot in North Finchley where we will perform Verdi's Requiem, one of the most frequently sung and much loved choral works of all time.

In 90 minutes, Verdi takes us from the whispered prayers for the dead, to an electrifying depiction of the Day of Judgment, to a final triumphant hymn of praise, in what is surely the most enthralling setting of the Latin Mass ever composed.

We are thrilled to be singing this glorious work for the first time; it is usually sung by much larger choirs, but Verdi only had 120 voices for the Milan premiere, so we will not be far off the original performance.

Outstanding line up

And we are delighted to be joined by an outstanding line up of opera singers, all of

whom have sung with us before: soprano Sally Silver, mezzo Yvonne Howard, well known to London and international opera goers, and up-and-coming tenor Christopher Turner, along with bass/baritone Edward Grint,

We will be accompanied by the Meridian Sinfonia, and led by conductor Murray Hipkin. We very much hope you will join us to enjoy this amazing work at artsdepot on Saturday 20 November at 7.30pm. Tickets priced £15 to £35 are available online at <https://northlondonchorus.org/tickets> and in person from Les Aldrich Music Shop, 98 Fortis Green Road, Muswell Hill.

E-mail your listings to: the-archer@lineone.net

Saturday 3 December

- **Dickens in North London: Christmas Walk** with City of London guide Paul Baker, charting Charles Dickens's links to Finchley and Barnet. Meet at High Barnet tube station, 11am. More details from Paul on 07506 761294 or www.barnetwalks.talktalk.net.

Saturday 10 December

- **Christmas Fair at St Mary's Catholic Church**, 279 High Road, N2, from 12 noon to 3pm. Santa's grotto from 1pm to 2.30pm with children's activities, face painting, hot food, mulled wine, cakes galore, festive carols, local pottery, jewellery, books, toys and a range of tombolas. No entrance fee, all welcome.

- **Nazareth House Winter Bazaar**, 162 East End Road, N2, from 2pm to 5pm; a fun event for all the family with music, teas and cakes, games for children, a tombola and raffle with stalls selling bric-a-brac, good quality clothes, cakes, books. Entry £1 for adults. Children free.

Lunches, tea, coffee and snacks served in the dining room; the WI's delicious home-made cake stall; art and craft stalls and activities including a tombola. More details at <http://www.stephenshouseandgardens.com/>

- **North London Chorus performs Verdi's Requiem**, artsdepot, North Finchley, 7.30pm. Tickets: £35, £25 and £15 (concessions £2) online at <https://northlondonchorus.org/tickets>.

Thursday 24 to Sunday 27 November

- **Garden Suburb Theatre presents Di and Viv and Rose**, the story of three women and their lifelong friendship; Upstairs at the Gatehouse in Highgate Village. Tickets £12/£10 concessions. Book at www.upstairsatthegatehouse.com

Sunday 27 November

- **Battle of Barnet: guided walk** with City of London guide Paul Baker. Meet at junction of Great North Road and Hadley Green Road, 11am. More details from Paul on 07506 761294 or www.barnetwalks.talktalk.net.