



Mixing it up: Angela Corbo in her kitchen. Photo Mike Coles

Angela preserves that handmade taste

By Seetal Sayla

Food has always played a major role in Angela Corbo's life, since her father is a retired professional chef. His culinary influence, combined with annual family trips to southern Italy, left a strong impression on her that would manifest itself years later.

Now the Angela's Handmade business she runs makes chocolates, cakes, jams and preserves that are a little taste of Italy in N2.

She had the idea for the business when she was transferred to Tesco's cake department after six years as a bilingual secretary. Handling thousands of mass-produced Christmas puddings motivated her to set up her own business when she was looking for part-time work after having children.

Angela makes her own puddings at home every year and they taste much better. "I was sure mine would be better than the mass produced ones," she remembers. They certainly seemed to have earned the attention of the upper crust. A few years ago, one of her creations was carried in to Christmas dinner in an episode of Downton Abbey.

Italian treats
Over time, the Angela's Handmade range, sold exclusively at W Martyn in Muswell Hill, has expanded to include Italian treats inspired by her heritage, such as panforte, biscotti and ricciarelli. Chocolate bars were later suggested by the store owner when his usual supplier was unexpectedly taken ill, and the Smarties bar is now one of Angela's most popular products.

Demand is high for these delightful desserts, particularly around Christmas and Easter, when the recipes are adapted to showcase festive spices, making them perfect gifts. Her entire range is made from 100% natural ingredients, where possible.

While she currently has no plans to launch a website, hosting workshops to share her top tips could be the next venture.



Shelf life: Chocolate maker Jonathan Reger

Chocolatier who is always in season By Nick Young

Chocolatier Jonathan Reger has started a business called nosa eSnI Chocolate (that's In Season spelt backwards) specialising in fresh, home-made seasonal confections made right here in East Finchley.

"Seasonal chocolates ... that usually means that they're shaped like Santa Claus," Jonathan told THE ARCHER. His, though are not like that: "Because I make fresh chocolates that don't sit on a shelf for six months, I'm able to look at what ingredients are nice at the time."

Jonathan, 30, who lives on the High Road with his wife Jessica and their young family, makes his chocolates either at home or, if there is a bigger batch, in the kitchen of the East Finchley Baptist Church.

Giving it time

He buys Colombian cacao beans, roasts them, removes the husks and grinds the beans for between three and five days to allow the bitter oils from the cacao to evaporate. The resulting cacao butter is then worked on a marble slab to take the heat away and give the chocolate a smooth texture.

Chocolate-making is a timeconsuming process. With chocolate-coated nuts, he says: "You build them up layer by layer. There are about ten layers of chocolate, and each layer takes three minutes, and then they have to sit for 15 minutes, so they do take quite a long time." Fruit-flavoured caramels are made using fresh fruit which has been puréed and sieved.

Originally from the US, Jonathan trained as a chefin Edinburgh and worked as a pastry chef in north London before branching out on his own as a chocolatier.

Plans for Easter include little eggs made with Jonathan's own chocolate. Details can be found on his website www.nosa-esni.com through which deliveries within East Finchley can be arranged at no extra charge.

Teenager stabbed in Cherry

Tree Wood

By Janet Maitland

Ayoung man was rushed to a major trauma centre in west London after he was stabbed in Cherry Tree Wood on 29 January.

Police were called to reports of a robbery in the wood and found two young men in their late teens, one of whom had been stabbed in the neck.

The men said they'd been robbed by two others of about the same age, one of whom had pulled a knife. The injured man was treated at the scene by the ambulance crew before being taken to hospital as a priority. He has since been discharged. Anyone with any information is urged to call police on 101, or Crimestoppers anonymously on 0800 555 111.

PC Kenny from the Safer Neighbourhood Team said: "Events of this nature are uncommon to the area and we do not foresee any reason for an increase. We would reassure the general public that there is no extra risk in using greenspaces or play areas. General police patrols in East Finchley will continue as a normal course of duty. If you wish to talk to me about any issues please ring me on 020 71619 014."

Computer help

Helpers are sought for EFAB's Computers and a **Cuppa learning sessions in** East Finchley.

If you have experience using computers and the internet, give them a call. You don't have to be an expert, just patient and friendly and happy to explore devices with learners. EFAB currently need extra support on Tuesdays from 2pm to 4pm and on Thursdays from 10amto 12pm. Call Lisa on 07909 998453 or email us@efab.org.uk

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East Finchley Church of England

Sunday masses at 8.00 a.m. and 10.00 a.m. Weekday masses at 10.00 a.m. (Coffee served after mass on Sunday and Thursday)

All Saints' Church, Durham Road,

Holy Week Services:

20 March - Palm Sunday - 10.00 a.m. Solemn Mass with Blessing of Palms

24 March - Maundy Thursday - 8.00 p.m. Mass of the Lord's Supper

25 March - Good Friday - 3.00 p.m. Sung Celebration of the Lord's Passion

26 March - Holy Saturday - 8.00 p.m. The Easter Vigil

27 March - Easter Day - 10.00 a.m. Parish Mass of Easter Day

For more details, contact the Vicar, Fr Christopher Hardy, on 020 8883 9315 http://www.allsaints-eastfinchley.org.uk