



## Regular Events

### Sport & Fitness

- **Finchley & Hornsey Ramblers Group**  
Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Ladies Keep Fit Class** for over 50s. Tues 10.30-11.30am at Tetherdown Hall. Sheila 8444 0084.
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Outdoor Fit Camp** Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Classes** Tue 9.30, Fri 9.15 & Sun 11am. [www.pilatesineastfinchley.co.uk](http://www.pilatesineastfinchley.co.uk). Michelle 07767 804 564
- **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or [james@taiji.co.uk](mailto:james@taiji.co.uk)
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 [www.stretchingpeople.co.uk](http://www.stretchingpeople.co.uk)
- **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

### Music, Dance & Creative Arts

- **Art Classes**. Call Henry on 8888 5133.
- **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. [www.a-chord.uk](http://www.a-chord.uk)
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **Dance conditioning classes**. New body in 10 lessons. Diana: 07580 041270. [www.boldbodies.co.uk](http://www.boldbodies.co.uk)
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Traditional tunes** @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

### Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** [www.cherrytreewood.co.uk](http://www.cherrytreewood.co.uk) or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.

## Look out for the pink banners!

East Finchley Open artists will be throwing open the doors to their homes and studios once again this year to welcome visitors over two weekends. Pink welcome banners will be posted outside a string of venues across East Finchley and Muswell Hill that will be open for viewing, browsing and buying art works including jewellery, photos, textiles, paintings, sculptures and more. The open weekends are on 2-3 July and 9-10 July, running from 11am to 6pm. A full list of venues is available at [www.eastfinchleyopen.org.uk](http://www.eastfinchleyopen.org.uk).

## All-new Talk & Walk

EFAB's Talk & Walk walking group (formerly known as Talkie Walkies) have got two new health walks up and running in the area, and want to welcome new members along for the summer.

The new walks include one for people who may not have walked or exercised much recently, who want to go at a relaxed pace and try to improve their fitness; the other walk is for those who are happy to go at a faster pace.

The 'beginner' walkers meet on a Monday at 9.30am outside the Cherry Tree Wood entrance opposite East Finchley tube. The walk lasts about one hour and attendees are welcome to break off around the other side of Cherry Tree Wood to attend the EFAB Coffee and Chat morning starting at 10.30am at the Clissold Arms, or continue and finish together back at the station.

The faster paced walk is on a Tuesday at 9.30am, meeting outside the Clissold Arms pub on Fortis Green. Walkers go around Cherry Tree Wood at a good pace, and end up back at their starting point.

The group is currently recruiting new members to get involved and new leaders to help strengthen the team. Anyone can join, and being a group leader simply means being at an agreed meeting point on the days mentioned.

If you'd like to join in with Talk & Walk, get in touch with Lisa Smith at EFAB on 020 3778 0228 or email us@efab.org.uk

### Greene Driving School

East Finchley N2

From **£20.00** per hour  
for 2 hr lesson

**Safe driving for life**

Small manual Low Co2 Car  
Eco & Low Maintenance Tuition  
Pass Plus 4 cheaper Insurance.

Call John M.L.M.I

0773 851 4406 [greenedriving.co.uk](http://greenedriving.co.uk)

### Midhurst Butchers

Certified organic meat  
at reasonable prices  
Free-range poultry  
Home-made sausages  
(including Boerwors)

2 Midhurst Parade,  
Fortis Green, London N10  
Tel. 020 8883 5303

## Consultation on social care

Barnet Council is asking people for their views on adult social care as it tries to balance growing demand for the service with the need to make cost savings.

The council says there is a reduced amount of money available for social care so it needs to find new ways to organise the service and new ways to help people live independently. Amongst the ideas are encouraging more self-help, more assistance from friends and family, and centreing services on community hubs.

A 12-week consultation began in May and runs until 8 August, inviting views on a set of proposals drawn up with input from residents and interested organisations. The online questionnaire can be found at <http://engage.barnet.gov.uk>

## A woodland dream comes to life

In a year of Shakespearean celebrations, Garden Suburb Theatre presents a joyous open-air summer production of the bard's best-loved play *A Midsummer Night's Dream*.

A mixed-age cast will bring Shakespeare's sparkling verse and madcap story to life. With music, dancing and plenty of laughs, this lively show is suitable for young and old alike.

*A Midsummer Night's Dream* will be performed in

Little Oak Wood Open Air Theatre, NW11 6QS, on 1-2, 6-9 July at 7.30pm and 2, 3 and 9 July at 3pm.

Tickets cost £10 (£8 concessions). For further details, see [www.gardensuburbtheatre.org.uk](http://www.gardensuburbtheatre.org.uk) or call 020 7723 6609.



*Dream cast: Shakespeare's youngsters, played by Maya Mills, Daniel Kohn, Oscar Maddocks and Zoe Street.*

## What's On...

Friday 1 July to Saturday 9 July

• **Garden Suburb Theatre** performs *A Midsummer Night's Dream* in Little Oak Wood Open Air Theatre, NW11 6QS, on 1-2, 6-9 July at 7.30pm and 2, 3 and 9 July at 3pm. Tickets cost £10 (£8 concessions). Details: [www.gardensuburbtheatre.org.uk](http://www.gardensuburbtheatre.org.uk) or call 020 7723 6609.

Saturday 9 July

• **Brookland Infant School's summer fair** promises an afternoon of family fun including fairground rides, face painting, kids' Zumba, street dance, goal action, food, stalls and live music; Hilltop, Hampstead Garden Suburb, NW11, 12 noon - 4pm.

• **Fortismere School hosts its annual summer fair** and festival Fortitude 2016, 12 noon to 6pm, on its playing fields, via gates on Twyford Avenue, N10. Fairground rides, activities, stalls and food. Everyone welcome; £4 entry.

• **The Battle of Barnet**: guided walk with City of London guide Paul Baker. Explore the famous battlefield from 1471 (The Wars of the Roses). Meet at junction of Great North Road and Hadley Green Road, 2.30pm. Details from Paul on 07506 761294 or [www.barnetwalks.talktalk.net](http://www.barnetwalks.talktalk.net)

• **The North London Sinfonia's** summer concert at All Saints' Church, Durham Road, N2: works by Austro-German Romantics: Mahler's ebullient *Symphony No. 4* and Wagner's passionate *Wesendonck-Lieder*, with prize-winning Australian mezzo-soprano, Lotte Betts-Dean. Further

information at [www.nlsinfonia.org](http://www.nlsinfonia.org).

• **Finchley Chamber Choir and Finchley Chamber Orchestra** present a complete *Creation* by Haydn, sung in English and rarely heard; Trinity Methodist Church, Nether Street, near Tally Ho corner, 7.30pm. Ticket prices £15 full, £13 concessions and £6 for under-18s.

Saturday 9 and Sunday 10 July

• **East Finchley Open artists open homes and studios** for viewing, browsing and buying art works including jewellery, photos, textiles, paintings, sculptures and more; free entry, 11am to 6pm. Full list of venues available at [www.eastfinchleyopen.org.uk](http://www.eastfinchleyopen.org.uk).

Sunday 10 July

• **Race the Neighbours**: friendly 10K race between East Finchley and Muswell Hill, starts Cherry Tree Wood 9.30 am. Runners' places sold out but come and enjoy the atmosphere.

• **Free concert at East Finchley Methodist Church**, High Road, opposite Creighton Avenue, 7.30pm; piano recital by Beatrice Nicholas of works by Haydn, Liszt, Chopin, Bach and Philip Spratley. Free admission with collection in aid of East Finchley Methodist Church Development Fund.

Saturday 16 July

• **Moth and Dragonfly morning** 10am-12noon at Long Lane Pasture, opposite Fire Station in Long Lane, N3. As part of National Moth Count a moth trap will be set overnight; those caught will be identified, then released. Come and join the count.

E-mail your listings to: [the-archer@lineone.net](mailto:the-archer@lineone.net)

• **Things That Go Bump in High Barnet!** Ghost walk through High Barnet and Monken Hadley, second-most haunted village in England, with City of London guide Paul Baker. Meet outside High Barnet tube station at 7.30pm. Details from Paul on 07506 761294 or [www.barnetwalks.talktalk.net](http://www.barnetwalks.talktalk.net)

Friday 22 July

• **Fantastic Voyage: a Bowie Circus Cabaret**, at Jacksons Lane, Highgate, 8pm. Jacksons Lane pays its respects to the late David Bowie with a night of spectacular sound and vision. Global performers celebrate Ziggy, the Thin White Duke, and maybe even Jareth the Goblin King and choose their favourite Bowie look and song. Tickets: £14/Pay What You Decide. Book at [www.jacksonslane.org.uk](http://www.jacksonslane.org.uk)

Wednesday 3 August

• **Ramblers Association walk** around Hendon Central; meet 10.30am, Hendon Central station, for six-mile linear walk ending at The Gate, Arkley. Refreshments at the end but you can bring a mid-morning snack. 107 bus at Arkley returns to High Barnet tube station. Contact leaders John and Julia Haynes on 020 8906 0563.

Saturday 6 August

• **Blackberry picking** officially begins at Long Lane Pasture, opposite the Fire Station on Long Lane, N3. The pick may last through to September. Bring your own containers and make a donation at entrance. Please take care with brambles and avoid trampling hedges as they are a habitat for birds and mammals.