



Regular Events

Sport & Fitness

- **Finchley & Hornsey Ramblers Group** Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Keep fit for the Retired** on Wednesdays, Christ Church N12. Call Bridie 8883 5269
- **Ladies Keep Fit Class** for over 50s. Tues 10.30-11.30am at Tetherdown Hall. Sheila 8444 0084.
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Pilates** in East Finchley, qualified teacher. Contact Dee on 8883 7029
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Classes** Tue 9.30, Fri 9.15 & Sun 11am. www.pilatesineastfinchley.co.uk. Michelle 07767 804 564
- **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.
- **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

Music, Dance & Creative Arts

- **Art Classes**. Call Henry on 8888 5133.
- **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464.
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Gospel choir**, St Mary's, 279 High Road, N2, Thursdays 7-8pm, all welcome. Contact Sandra 07866 479913.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Traditional music at TOC**, Highgate Hill, on 1st & 3rd Tues each month from 8.30pm. Free. 07958 282898.

Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **North London Bridge Club**, Muswell Hill. Contact 8348 3495
- **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.
- **Muswell Hill Tetherdown Bridge**, contact 8883 4390

March at the Phoenix

By Elizabeth Taylor-Mead, Phoenix Cinema executive director

March at the Phoenix takes our audiences far and wide, forward and back, offering a month of thought-provoking experiences.

Sunday 8 March offers two films bound to keep conversations going long after the credits end. **Black Power Mix Tape** was made from rare footage of urban unrest in the US in the 1960s and 70s with music and commentary by significant artists. And to mark International Women's Day, we're showing **Difret**, the story of a 14-year-old girl facing a forced marriage.

We welcome international party maestro DJ Dan who hosts our Phoenix Nights event at 11.30 pm on Friday 6 March. Dan introduces cult favourite **Pulp Fiction**.

Phoenix Film Salons move to Wednesday nights. Come and share your views on 11 March

with the **Second Best Exotic Marigold Hotel** and on the 18th with **Still Alice**. Film Salon tickets include free coffee or tea.

Our very popular cinema tours take place on Sunday 22 March, at 11.30 am, 12.15pm and 1pm. They're only £2 or free if staying to see the archival film: an enchanting look at London's transportation over the last century with Film Historian Ian Christie as our host.

On Sunday 29 March at 2pm we host an event to mark what would have been the 90th birthday of a British political icon. **Tony Benn: Will and Testament** will be followed by a conversation with the Guardian's Owen Jones, CND's Kate Hudson, and other guests.

Book early to avoid disappointment at www.phoenixcinema.co.uk or call 020 8444 6789.



Blooming: Get your garden tips.

Gardening tips

Are you aged 50 or over and enjoy gardening? Age UK Barnet has applied successfully to the National Lottery for an Awards for All grant to run a new gardening project.

Participants can learn and enjoy seasonal gardening and garden crafts. Preparing bird food, willow weaving, potting up herbs, vegetables and other plants in containers and window boxes, as well as flower arranging are among the activities that will be on offer at the weekly sessions.

The classes cost £3 per session and run every Thursday from

2pm to 4pm at the Ann Owens Centre, Oak Lane, N2.

Age UK Barnet is also looking for volunteers interested in gardening to help assist with this project.

For more information or to register as a participant or volunteer contact Amanda Radonich at Age UK Barnet on 020 8432 1415 or email amanda.radonich@ageukbarnet.org.uk

Memorable music-making

Review by Ken Carter.

Haydn Chamber Orchestra played at St. Michael's Church in Highgate in early February in aid of the Haringey Scheme and the Noah's Ark Children's Hospice.

First came Mozart: the Overture to *The Magic Flute*. The delivery was sprightly and sparky, with a delicious, taut vitality.

Beethoven's first Piano Concerto sparkled. It gained from the chamber-sized orchestra: close to what Beethoven was writing for, surely.

The biggest plus, however, was the close rapport between soloist Charles Owen and

conductor Robin O'Neill. The result? A distinguished performance that deserved recording.

The Schubert pieces (from *Rosamunde* and the Unfinished Symphony) were a showcase for the HCO to display its versatility and musical skill, ranging from the light touch of the *Rosamunde* entr'acte to the rock-like declarations and steps into the fearful unknown of the 8th Symphony.

An evening with Esther



North London Hospice invites you to join its supporters for An Audience with Dame Esther Rantzen at 7pm on Sunday 12 April. Dame Esther, who is a patron of the hospice, will talk about her early career and will focus on her work with the two helplines she founded: Childline and Silverline.

The venue is the Queen Elizabeth Boys' School, Queens Road, Barnet EN5 4DQ. Tickets are £20 each, which includes refreshments. For tickets and information, contact Anne on 020 8905 5249 or philip.samworth@homecall.co.uk or Vivienne on 020 8203 5131 or viviennebentley@hotmail.com

What's On... E-mail your listings to: the-archer@lineone.net

Saturday 7 March

• **Forest School walk in Coldfall Wood**. Meet 11.0am, east gate, Creighton Avenue. Details: www.coldfallwoods.co.uk

Monday 9 March

• **Apprenticeship Hub Day** at Hospitality House, next to East Finchley tube station, 10am-3pm. Pupils, students and residents welcome to a free open day on retail apprenticeship opportunities. Presentations by John Lewis, O2, Prêt à Manger, Banana Republic.

Friday 13 March

• **Eating for Energy with Stephanie from Nourish to Flourish**: talk for mums at the Clissold Arms, Fortis Green, 2-3pm. £7 in advance or £9 on the door. Tickets and info: www.facebook.com/sortingself or email sortingself@gmail.com

Saturday 14 March

• **North London Sinfonia performs Sibelius, Brahms, Strauss and Gade** at the United Reformed Church, N13, 7.30pm. Tickets £10 and £5 concessions, available on the door.

• **Battle of Barnet: guided walk** around the Wars of the Roses battle site (1471) with City of London guide Paul Baker. Meet at junction of Great North Road and Hadley Green Road, 2.30pm. £9, £4 under 12s. Contact Paul on 020 8440 6805 or www.barnetwalks.talktalk.net

• **Charity Zumba Afternoon** at St Mary's R.C. Church, 279 High Road, N2, 3-5pm, supporting refugees in Syria and Northern Iraq. Exercise in disguise with Latin and World rhythms guaranteed to give you a good workout. Cost: £5+ donations. Bring the family, under-5s free.

Friday 20 March

• **Fitting in Fitness** with Jane from JCW Fitness: talk for mums at the Clissold Arms, Fortis Green, 2-3pm. £7 in advance or £9 on the door. Tickets and info: www.facebook.com/sortingself or email sortingself@gmail.com

• **Barnet Ghosts: guided walk** with City of London guide Paul Baker. Special spring equinox tour of High Barnet and Monken Hadley, second most haunted village in

England. Meet at High Barnet tube station, 7.30pm. £9, £4 under 12s. Contact Paul on 020 8440 6805 or www.barnetwalks.talktalk.net

Friday 20 March to Sunday 22 March

• **The Edible Garden Show** at Ally Pally, dedicated to growing-your-own; launch of 'Love the Plot You've Got' campaign and featuring allotments, beekeeping, hen welfare and school food matters. Visit www.alexandrapalace.com for details.

Saturday 21 March

• **North London Chorus sing Faure's Requiem** plus works by Kodaly and David Loxley Blount, St James Church, Muswell Hill, 7.30pm. Tickets £10-20 available online at <https://northlondonchorus.org/tickets>, St James Church bookshop and Les Aldrich Music Shop, Fortis Green, Muswell Hill.

• **Fortismere Community Orchestra performs Strauss, Rachmaninoff and Dvorak**, St Andrew's Church, Alexandra Park Road, Muswell Hill, N103DD, 7.30pm. Tickets available on the door.

• **Finchley Choral Society sing works by Vaughan Williams and Holst**, St Pancras Church, Euston Road, NW1 2BA, 7.30pm. Tickets £15 (£7 students and £1 under-16s) from 020 7263 3358 or Les Aldrich Music Shop, Fortis Green, Muswell Hill.

Sunday 22 March

• **Big Fun Walk** in aid of North London Hospice. Set off from East Finchley tube station from 9.30am. Register at www.bigfunwalk.co.uk

Sunday 29 March

• **Sunday concert: The Alauda Quartet**, Lauderdale House, Highgate, 11.30am, £7 (£5 concs, £1 children). An international ensemble sharing a passion for chamber music and for exploring the repertoire of the string quartet. www.lauderdalehouse.co.uk

Sunday 5 April

• **Easter Egg decorating, treasure hunt and The Great Egg Roll** at Lauderdale House, Highgate, 11am. £7 per child. All children must be accompanied by an adult. www.lauderdalehouse.co.uk

East Finchley Baptist Church

Just off the High Road in Creighton Avenue N2

Sunday Mornings at 10.30 am
Crèche and Sunday School during service
Wheelchair access

For more information please contact the Church Office
Tel: 8883 1544 (Minister: Simon Dyke)
www.eastfinchleybc.org.uk

Visitors always welcome