



Two teenagers stabbed in separate attacks

By Janet Maitland

Two teenage boys have been stabbed in separate incidents. On 13 June, a 16-year-old boy was stabbed on a footpath in Muswell Hill when he refused to hand over his bag to three robbers. On 1 July, a 15-year-old boy was stabbed in Archway but managed to travel to East Finchley, where he collapsed on the footpath behind the station.

Old railway line

The Muswell Hill assault happened at about 7.30pm when the boy was walking along the footpath that leads along the old railway line to Alexandra Palace. The victim was confronted by three teenagers who demanded his bag. When he refused, he was stabbed several times in his lower back and thigh. He was taken by ambulance to a central London hospital and was discharged after a few days.

The main suspect is described as a skinny black 16-year-old boy with short hair, wearing a red hoody with a white 'Hollister' logo on the side, blue jeans and Nike trainers.

"If the police and ambulance service had not arrived when they did, the victim could well have died from the wounds inflicted," said a Met spokesperson.

Collapse on The Causeway

In the second incident, the police and ambulance service were called to a badly injured boy on The Causeway in East Finchley shortly after 11am. He was taken to a north London hospital, where his condition was described as serious but not life threatening.

The boy told the police that he was assaulted outside Archway station by four suspects wearing grey hooded tops with the hoods up. Police would like to speak with a second male, who is believed to have been slashed on the arm during the

same incident. Police are not yet able to provide any details about the motive for the attack.

Police report that knife crime fell by 40% between 2009 and 2014. "I'm proud that we've seen a significant drop," said Police Commissioner Sir Bernard Hogan-Howe. "However, in recent months we have, in London, begun to see more young people being injured by knives."

Anyone with any information about either of the attacks is asked to contact the police on 101 or Crimestoppers anonymously on 0800 555 111.



In the kitchen: Chris Honor. Photo Manuel Harlan

Full of flavour

Set in a former chocolate factory tucked into the end of Tetherdown next to Fortismere School in Muswell Hill is very popu-

lar deli-café-restaurant **Chriskitch**. Owner and chef **Chris Honor** serves up great plates of food for lunch to all who are lucky enough to find a table.

Opening his kitchen only during the day, Chris is very much a family man who balances his classical French training with a healthy desire for a good work-life balance, perhaps attributable to his Australian upbringing. His dishes are unpretentious and inviting.

An unpredictable guidebook

Now he's spreading the same spirit in his first collection of recipes, called *Big Flavours from a Small Kitchen* and available to buy at the Cherry Tree Gift Shop in the High Road, N2.

His book contains 100 of Chris's salads, sweet and savoury bakes, soups and shar-

ing plates that he says are really simple to create at home. A selection featured in the Sunday Times Magazine last month.

Chris says: "It's as much a guidebook as a cookery book because I don't necessarily think in terms of recipes, I think in terms of combinations. Mix up the flavours and textures and, at the same time, make it appeal to the eye. Be generous, make it unpredictable; this is what I do."

Chris has worked with a range of world-class chefs during his diverse career, including Gordon Ramsay, David Nicolas, Chris Janson and Henry Brosi. He has worked all over the world and managed a team of 120 chefs at the Dorchester in London, but wanted to return to his cooking roots when launching his own establishment.

Big Flavours from a Small Kitchen is published in hardback by Octopus and retails at £25.

Choir strikes up

A new term starts in September for the A-Chord community choir, whom you may have seen on stage at the East Finchley Festival in June, and there are free taster sessions on offer.

A-Chord meet weekly in term time on Thursday evenings from 8pm-10pm at The Manor House, 80 East End Road, N3. Fees are £60 per term including refreshments.

If you have ever wanted to join a choir, they are looking for new members. An ear for music would be an advantage but you don't have to be able to read music.

The new term starts on Thursday 10 September when the choir will be learning new songs and everyone is welcome for a free taster session.

They have already started to plan their programme of concerts for the autumn/Christmas season and will be singing at the Princess Alexandra Care Home in Stanmore on Sunday 1 November and holding an even-



Fine voice: A-Chord singers at the East Finchley festival.

ing charity fundraising concert on Sunday 29 November in Muswell Hill.

Further details are available from www.a-chord.uk Find a chord choir on Facebook, or contact Laura Gerlis on laura@a-chord.uk or 07732 120464.



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