



## YOUNG ARCHER



Coldfall Primary's year 3 and 4 gymnastics squads with their coach Stel Ekkeshis

## Jumping gymnasts!

By Josie Dobrin

Two gymnastics teams from Coldfall Primary School got through to the medals at the Haringey Schools Competition early in February.

One team won the overall silver medal and the other won the bronze medal. There were also two individual medals for Coldfall participants Oliver West, who got the Gold for best individual boy, and Theo Macaulay who won

Bronze for best individual boy. Theo, seven, said: "Before the gymnastics competition started I felt excited and also nervous. When it was happening I was nervous as well. Then when the people were presenting the medals and I stood up to collect

one I felt proud of myself."

The teams were coached along the way by the school's sports instructor Stel Ekkeshis.

## Come climb a tree

Throughout this month the Great Big Tree Climbing Company will be at Ally Pally, where you can join in the fun learning to climb a tree. Two highly skilled, friendly instructors will teach you how to enter the tree's canopy using ropes, knots and karabiners, with a maximum of seven in a group. You will be securely attached with a harness as you enjoy the exciting and exhilarating trip through the tree to the top.

The adventure doesn't end there though, because those brave enough to do so can take a

zip wire back down! For details call 020 8365 2121 or visit [www.alexandrapalace.com](http://www.alexandrapalace.com)

## Ukulele fun

There are still places available in a brand new after-school club for youngsters wanting to play the ukulele.

There's a weekly club for children aged six to ten in Colney Hatch Lane, Muswell Hill, from 4.15pm to 5.15pm on Wednesdays, run by experienced player Margie Gianni. For more details, phone Margie on 07909 439513 or visit <http://margiegianni.wix.com/ukeclub>

## Next steps for Big Local

Grange Big Local is organising the recruitment of Resident Ambassadors to help spread the word about Big Local to family, friends, neighbours and community networks. Organisers say it is a great opportunity to play a role in building community links and helping residents take part in deciding how the £1million should be spent.

They are planning two workshops for people interested in training for this role. The first is due to be held on 13 March from 6.30pm to 8pm at a local venue to be confirmed. If you are interested visit [www.grangebiglocal.com](http://www.grangebiglocal.com).

A resident panel for the Grange Big Local project has also appointed a consultants group called Mobilise Public to support volunteers in getting the £1million project off

the ground.

Big Local aims to find ideas that will improve the environment and life generally for people living in and around the Grange Estate.

Mobilise will help to shape relationships between citizens and public services to ensure the project runs smoothly. They will be paid from a start-up fund that is separate from the £1million available to spend on residents' ideas.



The art winners put their work on show.

## Picture perfect

Grange Big Local has announced the winners of its youth art competition. The winning designs are by Sophia Mandi, 13, a pupil at Bishop Douglass, and sisters Hazefa Kausar, eight, Jaleha Kausar, six, and Javeria Kausar, five, from Martin Primary.

The competition was judged by Dinah Beamish, a musician and member of Grange Big Local and Caitlin Smail, an art therapist, graphic designer and artist who displays at East Finchley Open Artists. Each of the children has won £20 in vouchers.

## Baby jumble is back

Baby Jumble returns to Holy Trinity Church hall on Saturday 15 March from 2-4pm, giving a chance for parents to book a stall and sell their unwanted but good-quality baby and children's items. Sellers get to keep their profits. The first event last September was a huge success.

Tables are £22 (with some £18 early bird tables available on [www.babyjumble.com](http://www.babyjumble.com)) and entrance is £2.50 per family, with 25% going to Noah's Ark Children's Hospice. There is also a 'leave behind' service where sellers are welcome to donate any leftover items to Noah's Ark Children's Hospice at the end of the sale.

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### PARENT & BABY/CHILD ACTIVITIES

- **Baby & U baby massage.** Contact Ruth at [babymassagewithruth@gmail.com](mailto:babymassagewithruth@gmail.com), [www.facebook.com/baby-andubabymassage](http://www.facebook.com/baby-andubabymassage)
- **Dads' Club:** Get-togethers for dads looking after young children in East Finchley. Adam 07957 441435.
- **EF National Childbirth Trust** contact Ruby Yang or Patrizia Canwell at [east-finchleyncct@googlemail.com](mailto:east-finchleyncct@googlemail.com)
- **Muswell Hill Toy Library** story time, singalong and other events. 8444 0244/ 8489 8774, [www.muswellhilltoylibrary.com](http://www.muswellhilltoylibrary.com)
- **Parent & Toddler Group,** Green Man Centre, Sajni 8359 3460/Julia 8444 2276
- **Phoenix Cinema activities,** Bringing up baby screenings, Weds, 11am; Kids Club, Sat, 12pm; Toddler Time, Tues, 11am. Full details from box office on 020 8444 6789.
- **Stepping Stones,** interactive play for under 3s. Tues 10am, East Finchley Baptist Church. Liz 07836 284538.
- **Teddy Bears' Music,** singing for 0-3s in Holy Trinity Church, N2; Thurs 9.45am & 10.45am. Camilla 07900 988149.

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