



Regular Events

Sport & Fitness

- **Badminton** Weds eves 8-10pm all abilities, contact George 8349 0170 or John 8444 7163.
- **East Finchley Flyers running club**, Tuesdays 7pm at the tube station, 7k run and socialising. Nick 07593 367134.
- **Finchley & Hornsey Ramblers Group** Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Keep fit for the Retired** on Wednesdays, Christ Church N12. Call Bridie 8883 5269
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Pilates** in East Finchley, qualified teacher. Contact Dee on 8883 7029
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Beginners Classes** Tue 9.30-10.30am, Holy Trinity Church Hall. Michelle 07767 804 564
- **Tai Chi** class at EF Methodist Ch, Weds 1pm. James 8883 3308 or james@taiji.co.uk
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.

Music, Dance & Creative Arts

- **Art Classes**. Call Henry on 8888 5133.
- **Ballroom Dance Classes**, Wednesday eves for beginners & improvers. St Mary's Church Hall, N3. 8444 0280.
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Carola 8883 5808 or Lillian 8444 1793.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Ladies Keep Fit** Class for over 50s. Tues 10.30-11.30am at Tetherdown Hall. Sheila 8444 0084.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Symphonic Wind Orchestra** Contact Caroline Egan 8340 2706
- **Traditional music at TOC**, Highgate Hill, on 1st & 3rd Tues each month from 8.30pm. Free. All musicians welcome 07958 282898.

Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **Contact Lunch Club** Tuesdays at the Green Man. Call 8444 1162 to book.
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **North London Bridge Club**, Muswell Hill. Contact 8348 3495
- **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.
- **Muswell Hill Tetherdown Bridge**, contact 8883 4390
- **Youth Club** at Green Man Community Centre, Strawberry Vale every Tues in termtime. Ages 8-13, £1 entry.



Freyde Sayers and Daniel Kohn in *The Vackees*.

The children's war

Garden Suburb Theatre will be performing *The Vackees* this month, a touching musical for the whole family set at the start of the Second World War.

It tells the story of Kip, an East End boy, who is evacuated to a small village in Somerset with some of his friends. The villagers resent being "invaded" and tension builds as the evacuees try to adapt to country life.

This year marks the 75th anniversary of the evacuation programme Operation Pied Piper so this production is a timely and accessible reminder of that time, focusing on the children's experiences. It

contains many beautiful and moving songs, with music by well-known composer Carl Davis.

The play runs at The Lund Theatre at University College School, Hampstead, from Tuesday 18 to Saturday 22 February at 7.30pm, with a matinee at 2.30pm on the Saturday. Tickets cost £12 (£9 concessions) and are available from www.gardensuburbtheatre.org.uk or by ringing 020 7723 6609.

Music plays on at Raglan... for now

The much-loved Raglan Hotel on Queens Avenue, Muswell Hill, has been sold to property developers and as yet its future is undecided.

Local events organiser Cecilia Holmes fears the loss of the venue from September for her acclaimed music nights.

"It is easy to promote people to come along to my music nights as everyone in Muswell Hill knows the Raglan; they

are sad to hear it may be developed into flats," said Cecilia.

Her music nights are held in one of the Raglan's spacious rooms where a polished piano is available to be tinkled by musicians and singers who can turn up and jam.

The music event was originally started by Les Aldrich



Music venue: The Raglan Hotel

music shop in Muswell Hill and the piano is loaned for free from Hornsey firm London Pianos. There is a bar until 11pm and entry is free. Go along and enjoy the music nights before The Raglan ship sails.

For details of the next dates contact Cecilia on 07533 750400.

Truffled Lobster Risotto

By Allison Goodings

Is it possible to have too much of a good thing? Well, quite possibly. If you're looking for an excuse to celebrate this February, and lobster and truffle are some of your favourite things, then this is the recipe for you!

Cooked lobsters can be bought from Scott's Fishmongers (High Road), and truffle oil can be found in many supermarkets. Serves 2, adapted from *Bon Appetit*, January 1998

Ingredients

- 1 cooked whole lobster
- 600ml chicken stock (fresh or cube)
- 2 tbsp. truffle oil
- 1 chopped carrot
- 2 chopped shallots
- 150g Arborio rice
- 2 tbsp. brandy
- 2 tbsp. double cream
- 2 tbsp. chopped chives



Method

- Remove lobster meat from shells. Cut meat into 1/2-inch pieces.
- Break shells into large pieces. Roast for 15 minutes at 220C on a baking sheet. Pulverize shells with 250ml chicken stock in blender or food processor until finely chopped. Strain through fine sieve. Reserve lobster stock.
- Bring the rest of the chicken stock to a simmer. Heat 1tbsp of truffle oil in a large saucepan over medium heat. Add carrots and shallots; sauté for two minutes. Add rice; stir for two minutes. Add brandy; reduce heat to medium-low. Simmer until brandy is absorbed, stirring constantly, for two minutes.
- Add lobster broth and 1/2 of chicken stock. Simmer until rice is tender and creamy, adding remaining broth by ladleful as needed and stirring often, about 20 minutes.
- Add lobster meat and cream; stir until heated through. Stir in remaining truffle oil, chives and seasoning.

What's On... E-mail your listings to: the-archer@lineone.net

Sunday 9 February

• **Free music concert at East Finchley Methodist Church**, High Road, opposite Creighton Avenue, 7.30pm. Young Artists Entertain... Prize winners from the Guildhall School of Music perform solos and chamber music including Handel, Grieg, Bruch, Dvorak, Rachmaninov and Debussy. Free admission; collection in aid of World Vision UK Syrian Crisis Appeal. Easy access for people with disabilities.

Tuesday 18 February

• **Slide Show "Church End to East End"**, a circular tour from Church End to East Finchley, 7.30pm at Trinity Church Centre, Nether Street, N12 7NN. Details from mikegee1968@gmail.com or 020 8346 5503.

Tuesday 18 February to Saturday 22 February

• The children's war: **Garden Suburb Theatre will perform *The Vackees***, a musical about wartime evacuation, at The Lund Theatre at University College School, Hampstead at 7.30pm; matinee at 2.30pm on the Saturday. Tickets £12 (£9 concessions) available from www.gardensuburbtheatre.org.uk or by phoning 020 7723 6609.

• **Peut - Etre Theatre present *The Tin Soldier*** at Jacksons Lane Arts Centre, Highgate. A newly-minted tin soldier stands on a single leg. Nearby is a paper ballerina, also standing on one leg, and the soldier falls in love... Live music, dance and a beautiful story combine in this enchanting show. Ages 3+. Tickets £10.95. Family & Friends Ticket £48 (5 people). Booking: www.jacksonslane.org.uk/whats-on/event/2014/the-tin-soldier/

Saturday 22 February

• **Jay Rayner: A Greedy Man in a Hungry World**. Restaurant critic and BBC One

Show reporter Jay Rayner combines hardnosed reporting with witty memoir to take you on a journey through the world's edible landscape, Jacksons Lane Arts Centre, Highgate, 9pm. Tickets £16 / £14. Booking: www.jacksonslane.org.uk/whats-on/event/2014/a-greedy-man-in-a-hungry-world/

Thursday 27 February

• **Ally Pally Prison Camp**: illustrated, multi-voice presentation, combining letters, photos, paintings and poems, from Maggie Butt for The Finchley Society. From 1915 to 1919 Alexandra Palace housed 3,000 civilian internees, mostly of German origin but locked up as "enemy aliens". Many had grown up in England, had English wives and children, or owned businesses here. 2.30pm (please note time) at Avenue House, East End Road, N3 3QE. Everyone welcome; £2 admission for non-members.

Friday 28 February

• **Alan Davies, Little Victories**: Following his long-awaited return to stand up, Alan Davies (QI and Jonathan Creek) previews his highly anticipated follow-up show, *Little Victories*. Davies' virtuoso story-telling and whip-smart funny bones make this a show not to be missed, 8pm, Jacksons Lane Arts Centre, Highgate. Tickets £16 / £14. Booking: www.jacksonslane.org.uk/whats-on/event/2014/alan-davies-little-victories/

Tuesdays until 1 April

• **Adult evening courses in ceramics**: learn the earliest forming methods of making and decorating pottery as well as an introduction to throwing pots on the potter's wheel. Six-week course £72 or drop-in classes £12, Community Focus, artsdepot, North Finchley. For further details contact 020 8369 5483 or email admin@communityfocus.co.uk