



Regular Events SPORT & FITNESS

- ❖ **Badminton** Weds eves 8-10pm all abilities, contact George 8349 0170 or John 8444 7163.
- ❖ **Finchley & Hornsey Ramblers Group** Call Vivien 8883 8190
- ❖ **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- ❖ **Keep fit for the Retired** on Wednesdays, Christ Church N12. Call Bridie 8883 5269
- ❖ **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- ❖ **Pilates** in East Finchley, qualified teacher. Contact Dee on 8883 7029
- ❖ **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- ❖ **Tae Kwon Do** for children & adults at Finchley Lido Mon & Fri 7-9pm 07949 612 706. www.taekwondo-uktd.co.uk
- ❖ **Tai Chi class** at EF Methodist Ch, Weds at 1pm. Call James Drewe 8883 3308 or james@taiji.co.uk
- ❖ **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- ❖ **Yoga, breathing & relaxation.** Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- ❖ **Yoga, pregnancy yoga, meditation** classes. Call Sunnah 07941 321 772 or see www.stretchingpeople.co.uk.

MUSIC, DANCE & CREATIVE ARTS

- ❖ **Art Classes.** For info call Henry on 8888 5133.
- ❖ **Ballroom Dance Classes**, Wednesday eves for beginners & improvers. St Mary's Church Hall, N3. 8444 0280.
- ❖ **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- ❖ **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- ❖ **Drama Classes** for 11-15 year olds. Mondays 6.30-8pm. Contact Dominic Conway 0777 284 3958
- ❖ **East Finchley Writers Group**, Weds at the Old White Lion. Contact Carola 8883 5808 or Lilian 8444 1793.
- ❖ **East Finchley Poetry Writing Workshops.** Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- ❖ **Finchley Jazz Club: Live jazz** on Mon 5 & 19 Decat 8.15pm, Hall School Sports Ground, East End Rd, N3.
- ❖ **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- ❖ **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- ❖ **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- ❖ **Symphonic Wind Orchestra** Contact Caroline Egan 8340 2706
- ❖ **Traditional music** at TOC, Highgate Hill on 1st & 3rd Tue each month from 8.30 pm. Free. All musicians welcome. Info 07958 282898.

CLUBS & SOCIAL

(See p8 for Parent & Toddler Clubs)

- ❖ **Bingo evening, 8pm Sundays**, at the Constitutional Club, The Walks, N2.
- ❖ **Bingo Club** Mondays 7-9pm, Green Man Centre, Contact: Jan 8815 5452
- ❖ **Contact Lunch Club** Tuesdays at the Green Man. Call 8444 1162 to book.
- ❖ **Finchley & District Philatelic Society**, Contact Brian 8444 3251
- ❖ **French conversation** in small friendly group with native speaker. 8444 9395.
- ❖ **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- ❖ **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- ❖ **LGBT?** 1st Weds every month in a local pub. Welcoming atmosphere. Email efinchleylgbt@hotmail.com
- ❖ **Muslim Lunch Club** 1st & 3rd Weds, Green Man. Call 8444 1162 to book.
- ❖ **North London Bridge Club**, Muswell Hill. Contact 8348 3495
- ❖ **Northside Bridge Club**, EF Methodist Church, Thurs 7.30-11pm. 8346 8145.
- ❖ **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Call Anita 8886 6140.
- ❖ **Muswell Hill Tetherdown Bridge**, contact 8883 4390
- ❖ **Probus Lunch Club** for retired professionals. Call John 8883 8114.



Marta and Henri with some of the spinners.. Photo by Diana Cormack

Spinning for Noah's Ark

By Diana Cormack

On the hottest October day on record, 18 members of The Manor Health and Leisure Club, Fortis Green, took part in a two hour Schwinn indoor cycling event (known as spinning) to raise money for the Noah's Ark Children's Hospice. They used a cycling studio and bikes provided by the Manor club. Schwinn Instructor Marta Sterbakova organised and structured the sessions and made sure there was plenty of fresh fruit and energy drinks for all involved.

The event started at 2pm with the first session led by Schwinn Instructor Henri Berest, who put the group through their paces before they embarked on the second session led by Marta.

Marta expressed her gratitude to the Manor Health Club and to Henri for all their help and for the donations received. She was also very

grateful for the sponsorship and support given by Bike and Run based in East Finchley High Road, from whom the two best spinners received cycling jerseys. The indoor cycle teams at both Manor clubs raised a magnificent total of £4,300. Many thanks to everyone involved and Marta hopes to see you all again next year.

Tuition classes start up

A new programme of tuition classes for children is starting at the Holy Trinity Church hall in Church Lane, N2, running on Mondays and Tuesdays from 4-6pm.

First Class Learning says its programmes have been designed specifically to support children studying within the framework of the National Curriculum and claims that they

give parents an effective opportunity to help their children succeed in school. For more details, contact Diana Rameshni on 07711 842758 or diana_rameshni@hotmail.com

Singing in Highgate and Islington

Idit Gold, founder of Singing in London, started a singing club, Singing in Highgate, in 2006 with a group of local residents. The club has since opened its doors to new passionate singers from across London.

Following the success at Highgate, a new club opened in Islington in October 2010. Both clubs have members of all ages and nationalities.

Idit founded the Memory Lane singing club in Finchley in the 1990s. After a decade of establishing a thriving community group she moved on to start Singing in London.

Idit is passionate about teaching people to sing and has always engaged them in performing.

Her ultimate achievement and pride is watching her members developing their singing skills from no background at all to well-projected and confident voices, whether singing at the club or performing for the public.

Singing to support he Whittington

This year both the Christmas

concert and the Carol singing will include some members of both Highgate and Islington clubs performing *Silent Night* in Chinese and in Japanese. The audience will join in the singing.

The Christmas events are, as usual, in aid of The Whittington Hospital and this year funds raised will support the hospital's cancer service.

The Christmas Concert takes place on Monday 19 December at 8pm at Lauderdale House, Waterlow Park, Highgate Hill, N6 5HJ. Tickets are £10 on the door or online from www.singinginlondon.com. Children under 16 go free. Box office: 07904 884485. On Friday 16 December at 7.30pm there is carol singing at the Flask pub, 77 Highgate West Hill, Highgate N6 6BU. Tickets: donation £5 or online www.singinginlondon.com.



Join in and enjoy singing in London!

What's On...

E-mail your listings to:
the-archer@lineone.net

Saturday 3 December to Saturday 31 December

• **The Enormous Turnip**, Jacksons Lane Arts Centre, Highgate. Following sell-out performances of The Three Little Pigs last year, Stuff and Nonsense return with their energy, puppetry and live music. This version of the world-famous children's story promises surprises aplenty for those in the theatre and out on the street too. Tickets £14.50 adults / £10.50 children and concessions / £43.00 family ticket (four people). Box office: 020 8341 4421.

Monday 5 December to Saturday 17 December

• **Gift time at the Gallery**, featuring jeweller Kochi Okada, decorative tiles from Rachel Dein and enamels and fused glass from Kay Graham; Garden Suburb Gallery, Fellowship House, 136a Willifield Way, NW11. More information at www.kochiokada.co.uk

Wednesday 7 December

• **Tumbleweed Comedy Night** at the Old White Lion pub, next to East Finchley station; Finlay Taylor, Wendy Wason, Dan Wright, Fraser Millward, Tom Price, Chris Boyd, Oli Bettesworth, Horse & Louis, compered by local comics Alex Perkins and Rachel Esposti; from 7.30pm.

Wednesday 7 December to Saturday 10 December

• The Guild Players, Finchley's amateur drama group, present **Puss In Boots**, a traditional family pantomime by Norman Robbins. Venue: Finchley Methodist Church Hall, Ballards Lane, Finchley, N3 1NB, 7.45pm plus 3pm on Saturday. All tickets £8. Box Office 020 8346 6337 or online at www.ticketsource.co.uk/theguildplayers.

Friday 9 December to Sunday 11 December

• **Italian market**, East Finchley High Road, all day. Come to sample and buy Italian goodies and wares.

Saturday 10 December

• **Muswell Hill Traders' Group** invite you to a day of family-friendly fun, food, drink, and fantastic special offers. Soak up the festive atmosphere in Muswell Hill shops, and enjoy the lights provided by MHTG.

Sunday 11 December

• **High Barnet Christmas Walk** with City of London guide Paul Baker; a festive guided walk around Barnet High Street. Meet outside Barnet College, Wood Street, 2pm. For more details, contact Paul on 020 8440 6805.

Friday 16 December to Sunday 29 January

29 January

• Upstairs at the Gatehouse Theatre, Highgate: **Guys and Dolls**, the musical fable of Broadway with music and lyrics by Frank Loesser. Tuesdays to Saturdays 7.30 pm; Sundays 4.0 pm. Tickets £10-£16 (concessions available). Box office 020 8340 3488 and www.upstair.satthegatehouse.com

Monday 19 December

• **Singing in London's Christmas Concert**: 8pm at Lauderdale House, Waterlow Park, Highgate Hill, N6 5HJ. Tickets £10 on the door or online from www.singinginlondon.com. Children up to 16 free. Box office: 07904 884485.

Wednesday 4 January

• **Tumbleweed Comedy Night** at the Old White Lion pub, next to East Finchley station; Sean McLoughlin, Paul Harry Allen, Spencer Owen, Jonny Freeman, Joz Norris, Fergus Craig; compered by local comics Alex Perkins and Rachel Esposti; from 7.30pm.

What's On at artsdepot

Sunday 4 December, 1pm and 6pm, **Street Ahead** (dance); **Sunday 11 December to Friday 30 December**, **The Gruffalo's Child** (theatre); Thursday 22 December, 7.30pm, **A Christmas Carol** (theatre).

Christmas services in East Finchley

• **East Finchley Baptist Church** Sunday 18 December, 10.30-11.45am, **All Ages Together Carol Service** followed by mince pies and refreshments; 7-8pm, **Carols by Candlelight** followed by mince pies and refreshments; Christmas Day 25 December, 10.30-11.15am, **Christmas morning family service**

• **East Finchley Methodist Church**

Sunday 4 December, **Holy Communion** 10.30am; Sunday 11 December, **Gift Service** 10.30am; Sunday 18 December, **Christingle** 10.30am, **Carols By Candlelight** 5pm, Come and enjoy carols and readings about the Christmas story, carol singing for everyone, plus Christmas music items, mince pies and refreshments afterwards; Sunday 25 December, **Christmas Day Celebration Service**, 10.30am.

• **Holy Trinity Church**

Sunday 18 December, **Parish Communion**, 10am, **Candlelight Carol Service**, 6pm; Saturday 24 December, **Blessing of the Crib & Nativity Play**, 4pm, **Midnight Mass**, 11.30pm; Sunday 25 December, **Christmas Day Parish Communion**, 10am.

• **All Saints' Church**

Sunday 18 December, 6.30pm, **Christmas Carol Service** followed by mulled wine and mince pies; Saturday 24 December, 3pm, **Children's Christmas Service** with Carols, 11.30pm, **Sung Midnight Mass with Blessing of the Crib**; Sunday 25 December, 8am, **Mass of the Dawn**, 10am, **Sung Mass of the Day**.