No place for bullies



Stretch your legs this spring

By Jake Eiseman-Renyard For 78 miles around outer London runs a guided trail known as the Capital Ring. A Transport for **London poster promoting Suburban London features** a Simpsons-style doughnut with the caption "The Best Bits Aren't Always In The Middle". Having explored the walk myself, I am inclined to agree.

The Capital Ring runs alongside the Stratford Olympic Village, and the Welsh Harp reservoir, with Wembley Stadium in view. This delightful route takes in parks, scenic hilltops and canal paths, and highlights of the tour (for me) include Eltham Palace Gardens, Wimbledon Park, Richmond Park with its wild deer and the dinosaur sculpture park at Crystal Palace.

The Northern trail

Although the official start of the Ring is at the Woolwich Tunnel (near a leisure pool advertised as London's Premier Indoor Waterpark) you can start from any point. North Londoners can start from the 12 o'clock position on the Ring.

Cherry Tree Wood is included in the walk, between Lyttleton Playing Fields and Highgate Wood. There are nearby parks such as Big Wood and Little Wood that I found out about thanks to this trail. It usually takes a few days to complete the walk, and at many stages (such as the western end of Cherry Tree) the signage could be better. However, it makes a fascinating journey, well worth the time, and offers a view of countless corners of the leafy suburbs.

Further information from TfL's Walking Pages website, www.tfl.gov.uk/walking or 0870 240 6094

Pictured above: Year 12 pupils Anooja Jethwa, Mayuri Depala and Jodie Meredith from Christ's College Finchley with their anti-bullving T-shirts. Photo courtesy Christ's College Finchley.

An anti-bullying campaign was launched and driven by Year 12 students at Christ's College Finchley on Monday 8 March. Thirty students volunteered to be anti-bullying ambassadors and donned bright vellow T-shirts to offer help and advice to students.

Students in Year 10 devised a drama for school assemblies to provoke discussion on the issues surrounding bullying and cyber bullying. There are many more events planned between now and the end of the spring term such as a pledge wall, which students will sign, anti-bullying wrist bands and PHSE lessons led by Year 12 students.

Headteacher Gary Tucker said how important it was for all schools to be addressing this issue whether or not there is a problem.

Comedy and song in memory of Spike

The Spike Milligan Statue Fund, part of The Finchley Society, is presenting a fund-raising event with The Angels of Kaos Choir, singers Jessie Buckley and Jane Milligan (Spike's daughter) and actors Maureen Lipman and Ben Goddard, along with Ian Cameron on trumpet and Barry Booth at the piano.

It takes place on Sunday 18 April at The Middlesex University Campus in The Burroughs, Hendon NW4 4BT, starting at 7.30 p.m. Tickets cost £15.00 and can be obtained from David Smith on 020 8883 4154 or from Barbara Warren on 020 8346 5258. The price includes interval drinks in the covered quadrangle.

It is intended to erect the statue to Spike in the grounds of Avenue House, East End Road. Full details are on the website: www spikemilligan

Jane Milligan and Maureen Lipman are patrons of the Statue Fund. The Angels of Kaos are a locally-based choir and supported the Fund's open air event in the grounds of Avenue House in June 2006.

statuefund.org.uk

There will be an auction of books signed by Bill Wyman from the Rolling Stones and explorer Sir Ranulph Fiennes, also patrons. Further details from David Smith on the number above or joda@fsmail.net

East Finchley Baptist Church

Just off the High Road in Creighton Avenue N2

Sunday Mornings at 10.30 am

For more information please contact the Church Office Tel: 8883 1544 (Minister: Simon Dyke)

Visitors always welcome

A friendly welcome awaits you

EAST FINCHLEY METHODIST CHURCH

197 High Road, London N2 (opp. Creighton Ave.) tel: 0208 346 1700 www.eastfinchleymethodist.org.uk

Sunday service at 10.30 a.m. With Creche and Junior Church

Worship Music Social events Toddler Group Wheelchair friendly Room hire tel:020 8444 9887 e-mail: info@eastfinchleymethodist.org.uk

Time to contemplate

Recently, the tranquil interior of East Finchley Methodist Church was home to a touring exhibition of highly colourful banners by the artist Jacqui Frost, in conjunction with the Deo Gloria Trust.

Stepping in from the noise and bustle of the High Road, visitors found time for quiet contemplation of the 10 exquisite embroideries, each with a theme based around the words of Jesus.

A mixture of thoughts, prayers and imagery, the banners have toured nationwide and been exhibited in cathedrals and churches.



Andrea Whittaker, left, shows visitors one of the hand-stitched banners. Photo by John Lawrence

Archer: special

delivery
Every month THE ARCHER arrives at your door thanks to the work of a team of local volunteers. The names of those involved with the writing and production of the paper are listed on page 2. However, their work would go unseen were it not for an anonymous band of deliverers who distribute the paper throughout the N2 area.

Key role

Pivotal to this is the person who takes delivery from the printer and then sorts the papers into rounds. We are looking for someone who could take on this role. Delivery usually takes place in the evening between 9pm-11pm You would need to have a large ground floor entry and/or room for the papers to be stacked and sorted into rounds (plus a suitable space outside just in case you were ever out at the time of delivery).

The papers come in bundles of 50 and we provide round sheets with all the necessary

details. Sorting into rounds takes about three hours but does not have to be done the same evening. The next step is to phone those volunteers who collect the bagged papers and drop them off to our network of deliverers in East Finchley.

We also need more people to drop off and to deliver the paper. On average, delivery takes about 45 minutes per round. To volunteer for any of these roles, crucial in getting THE ARCHER to its readers, please email the-archer @lineone.net or leave a voicemail on 08717 33 44 65. Thank you.



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