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East Finchley Arts Festival

The first orchestral concert of the East Finchley Arts Festival on Saturday 3 October by the London Mozart Players will include a new work, *Five Nocturnes*, by festival founder and director Geoffrey Hanson in memory of local resident Angela Beveridge.

Angela, who with her husband John lived in Baronsmere Road until her death last year, began her career as a dancer at the famous Windmill Theatre and latterly was a member of the choir at All Saints Church in Durham Road, where the festival is to be held from 1-11 October. After finishing at the Windmill, Angela formed her own dance troupe. One of the poems Geoffrey has set marks Angela's great love of cats.

Two other orchestras feature: London Vintage Jazz Orchestra pay tribute to the Golden Age of the late 1920s and 30s, whilst the London International Orchestra play exciting music including Magyar, Cossack, a dash of Gershwin and music from *My Fair Lady*.

The young talented early music group Pantagruel play music from the Renaissance on citterns, gitterns, lutes and flutes whilst award-winning young organist Tim Harper will put the organ at All Saints' through its paces in a lunch hour recital.

The Fidelio Piano Quartet

play chamber music by Mozart, Faure and Brahms. Local resident and internationally renowned poet Fleur Adcock will read from her work together with fellow poet Dannie Abse in anticipation of National Poetry Day and the East Finchley Writers group will present a selection of their work. The Finchley Children's Music Group will give their usual display of talent in the closing concert.

Support of the North London Hospice continues with an Art Exhibition and bucket collections at each event.



Helen and Happy Go Lucky club's karaoke session. Photo by Diana Cormack

Come and join dance and social club

By Diana Cormack

Many readers will be familiar with the *Happy Go Lucky* group of wheelchair dancers from their past performances at the East Finchley Community Festival. Long term member Helen O'Toole contacted *The Archer* to provide an update on their present position.

The group used to hold sessions at the artsdepot in North Finchley, but various problems led to them moving to the Flash Musicals Youth Centre in Edgware. They now meet there in term time only on Mondays from 7.30 – 9.30 pm, evenings being essential as some members work or attend day centres. Each session costs £5 and refreshments are available.

Helen emphasised that *Happy Go Lucky* is a social club and is not just for those in wheelchairs. On my visit, I was soon invited to join in rehearsals for their next public performance, led by two young dance teachers Bianca Cohen and Sarah Lawrence from the "Can Do"

Company. This was followed by an enthusiastic karaoke session. Club member Phillip Rackham described it all as "a night out and a laugh as well".

Many expressed gratitude for the help of Steve and Elaine Symmonds, who run the Edgware centre, which has enabled the club to continue. Sadly a lack of members means that Happy Go Lucky may be forced to close. Along with an increase in numbers, there is also a need for more transport and volunteer drivers. Inevitably cost and health and safety issues have to be taken into account. If you feel you can help in any way or are interested in joining, contact 0208 201 1891 or hgldanceclu b@hotmail.co.uk

Here is the full programme:-

- Thursday 1 October, 6.30pm 8.30pm: Art Exhibition Private View, the exhibition of works by London and international artists will be open on concert evenings and from 12 noon at the weekends.
- Friday 2 October, 7.30pm: *East Finchley Writers* present a selection across many styles and genres to move, surprise and amuse. Admission free; bucket collection.
- Saturday 3 October, 12.30pm: Young Artists' Recital, Claire Bracher and Liam Byrne play viola da gamba duos from the English, French & German repertoire. Tickets: £5, under 18s £1.
- Saturday 3 October, 7.30pm: London Mozart Players, Bach A minor Violin Concerto, Britten Simple Symphony, Hanson Five Nocturnes (first performance), Haydn Symphony 49. Tickets: Nave £20 concs £18; side aisles £15 concs £12; under 18s £1.
- Sunday 4 October, 4pm: *Choral Evensong* at Holy Trinity Church, Church Lane, N2. One of East Finchley's oldest buildings and a Victorian gem, Holy Trinity is well worth a visit. The service will be sung by the choir of All Saints' to music contemporary with the building.
- Sunday 4 October, 7.30pm: London Vintage Jazz Orchestra directed by Dave Burman, a tribute to Golden Age of the late

- 1920s and 30s. Tickets: Nave £15 concs £12; side aisles £10 concs £8; under 18s £1.
- Tuesday 6 October, 7.30pm: Fleur Adcock and Dannie Abseread from their works in anticipation of National Poetry Day. Tickets £10 concs £8; under 18s £1.
- Wednesday 7 October, 7.30pm: Pantagruel Early Music Group, Anna Maria Antonius Wierod's voice combines with citterns, gitterns, lutes and flutes played by Dominik Schneider and Mark Wheeler in the passionate music of the Renaissance. Tickets: Nave £15 concs £12; side aisles £10 concs £8; under 18s £1.
- Friday 9 October, 7.30pm: *Fidelio Piano Quartet*, a programme of chamber music by Mozart, Faure and Brahms. Tickets: Nave £20; concs. £18; side aisles £10 concs £8; under 18s £1.
- Saturday 10 October, 11.30am, 2pm and 3.30pm: *Punch & Judy for the children*, Geoff Felix presents his traditional Punch and Judy show in the church garden, indoors if wet. Bucket collection.
- Saturday 10 October, 12.30pm: Young Artists' Recital, Tim Harper Organ, award-winning young organist plays Bach, Mendelssohn, Franck, Howells & Harris. Tickets £5; under 18s £1.

- Saturday 10 October, 7.30pm: London International Orchestra, conductor Toby Purser, play Magyar, Cossack, American and European music with balalaika, piano accordion and vocal soloists, Strauss, Mussorgsky, Brahms and Gershwin etc. Tickets: Nave £15 concs £12; side aisles £10 concs £8; under 18s £1.
- Sunday 11 October, 7.30pm: Finchley Children's Music Group, a firm Festival favourite, FCMG perform choral and solo items. Tickets £10; concs £8; under 18s £1.

Box offices are at Black Gull Books, 121 High Road, N2, Tel: 020 8889 7112; Les Aldrich, 98 Fortis Green Road, N10 Tel: 020 8883 5631. Season ticket for £50 entitles holder to one ticket for each event. Online booking at www.ticketsource.co.uk/ efinchleyartsfestival

Support the 2009 Arts Festival by becoming a Patron. A minimum donation of £25 will give support to the Festival and entitle you to be listed as a Patron in the Festival programmes.

All events (except for Choral Evensong at Holy Trinity Church) are held at All Saints' Church, Durham Road, N2 9NH. All Saints' has disabled access and facilities.

Visit the website www.east finchleyartsfestival.org.uk

Oktoberfest

The third annual Oktoberfest takes place over the weekend of 25 - 27 September at the East Finchley Constitutional Club in The Walks, off Park Road.

There will be live music featuring Den Brudern Applipschen and the Fruhling Park Motel. A German sausage and meatballs barbecue will provide traditional sturdy German food to help soak up the 10 real ales and speciality German beers and wines available.

On Saturday 26 September, the barbecue and festival continues throughout the day with a disco and karaoke with a German theme in the evening.

Entrance costs £1, but is free for club and CAMRA members and anyone carrying a copy of *THE ARCHER*.

At your own pace

By Daphne Chamberlain

Get out and enjoy some nice walks, and maybe reduce your risk of heart disease, diabetes, dementia, depression and cancer. That's the message from Age Concern Barnet, as part of their programme to promote exercise by older people.

Age Concern run 13 instructor-led walks through some of leafy Barnet's most attractive green spaces. There is no need to book, just turn up on the day, and note that the invitation extends to anyone over 18. Walks cost £2.50 if you pay each time, £17.50 paid in advance for 10 walks, or £14.50 paid in advance for 10 walks for the over 60s (proof of eligibility required).

All instructors are quali-

fied, and the walks are graded for difficulty.

Grade 1 is little faster than a stroll on the level, grade 2 includes a slight incline, grade 3 is a brisk walk with inclines and grade 4 is power walking.

Tempted? Take a look at the programme. For further information, call 020 8346 3511, contact ageconcernbar net@btconnect.com, or visit www.ageconcernbarnet.org/ calendar

Programme:

Mondays 9.30am – 10.30am, Woodside Park / Totteridge, grade 1-2; Mondays 10.30am – 11.30am, Oak Hill Park, grade 2-3; Tuesdays 9.30am – 10.30am, Hampstead Heath, grade 2-3; Tuesdays 10am – 11am, Watling Park, grade 1-2; Wednesdays 9.30am – 10.30am, Friary Park, grade 2-3; Wednesdays 10am – 11am, Oak Hill Park, grade 2-3; Thursdays 9.30am – 10.30am, Edgwarebury Park, grade 2-3; Thursdays 9.30am – 10.30am, Hampstead Heath, grade 2-3; Thursdays 2pm – 3pm, Welsh Harp, grade 1-2; Thursdays (every other week) 6.30pm – 7.30pm, Copthall Stadium, grade 4; Saturdays 9.30am – 10.30am, Woodside Park / Finchley Central, grade 3-4; Sundays 9am – 10 am, Orange Tree, Totteridge Village, grade 3-4; Sundays 10.30am – 11.30am, Hampstead Heath, grade 3-4.

More strings to the bow

By Daphne Chamberlain

It's nearly time for the East Finchley Arts Festival again, which means that music ignoramuses like me can learn a little. For example, what exactly is a viol? An early violin? Wrong, and in fact rather like calling a spider an insect. To begin with, while the violin family has four strings, most viols have six, occasionally five or seven.

Unlike those of the violin family, the bow is slightly convex and held with an underhand grip, which means that the player can use their fingers to control the strings.

Apivotal member of the Festival Committee is Jane Kessler, widow of violin and viol maker and restorer Dietrich Kessler, and herself, as Jane Ryan, a noted viol player and Professor of Viol at the Guildhall School

of Music. Jane quoted another classic definition of the difference to me: "Viols to soothe, violins to animate."

East Finchley Festival goers will be soothed by the warm, mellow sound of the viol at 12.30pm on Saturday 3 October at the Young Artists' Recital, when Claire Bracher and Liam Byrne demonstrate that this very early instrument can still delight today.