## THE ARCHER

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## Your contributions

If you have a story for us, please contact us at the above address.

Comments to The Archer may be published unless clearly marked 'Not for publication' within the text.

## Copy deadlines

October issue: 11 September November issue: 16 October December issue: 13 November

## **USEFUL TELEPHONE NUMBERS**

#### Councils

**Barnet Council:** 

Admin/Town Hall 020 8359 2000 Council Tax 020 8359 2608 Recycling & refuse 020 8359 4600 Primary Care Trust 020 8201 4700 Benefits Agency 020 8258 6500 Employment Service 020 8258 3900 Haringey Council 020 8489 0000

#### Leisure

**Alexandra Palace** 020 8365 2121 East Finchley Library 020 8359 3815 Muswell Hill Odeon 0870 505 0007 Phoenix Cinema 020 8444 6789 Warner Cinema 020 8446 9933

**Transport** 

**Nat. Rail Enquiries** 0845 7484950 City Airport 020 7646 0088 London Transport 020 7222 1234 National Express 08705 808080 **Heathrow Airport** 0870 000 0123

#### **Hospitals**

Barnet General 0845 111 4000 **Coppetts Wood** 020 8883 9792 **Finchley Memorial** 020 8349 7500 Oak Lane Clinic 020 8349 7000 **Royal Free** 020 7794 0500 St Luke's 020 8219 1800 **Whittington** 020 7272 3070

### **Health Advice**

**AIDSline** 020 8363 2141 Alcoholics Anonymous 0845 7697555 Barnet MENCAP 020 8203 6688 **Cancer Support** 020 8202 2211 Carers' Line 0808 808 7777 Drinkline 0800 917 8282 Drugs Helpline 0800 776600 020 8343 5700 MIND 0845 4647 **NHS Direct** 

## OAP's Advice

Barnet Age Concern 020 8346 3511 Contact (N2) 020 8444 1162 Help the Aged 0808 800 6565

### Crime

**Emergency** 999 Finchley Police 020 8442 1212 **Mus. Hill Police Stn.** 020 8345 2148 CrimeStoppers 0800 555111 Victim Support 0845 303 0900 East Finchley Safer Neighbourhood 020 7161 9014

#### Help & Advice

Childline 0800 1111 Disability Info Service 020 8446 6935 **E.F. Advice Service** 020 8444 6265 **Gingerbread** 020 8445 4227 **National Debt Line** 0808 808 4000 0800 800500 **NSPCC Rape & Sexual Abuse** 020 8683 3300 Relate 020 8447 8101 **RSPCA Inspector** 0300 1234 999 Samaritans **Refuge Crisis Line** 0870 599 5443

EAST FINCHLEY ADVICE SERVICE

42 Church Lane, London N2 8DT. Tel/Fax: 020 8444 6265

#### General Advice.

Monday to Friday: 10am 12.30pm and 1.30pm - 4pm.

#### Legal Advice.

Tuesdays: 7pm - 8pm.

Councillors' Surgery. Saturdays: 10am - 11.30am

### **Community Services**

\* Credit Union, Green Man Community Centre 020 8883 4916 Careers advice, Green Man, Com-08457 909090 munity Centre 020 8883 4916 \* Toy library, Muswell Hill 020

8444 0244/ 8489 8774

# **Survivors of domestic** violence find sanctuary

By Janet Maitland

Barnet Sanctuary Scheme has supported nearly 200 victims of domestic violence since it was set up in 2004, helping them to stay in their own homes and feel safe.

Many victims of domestic violence flee their home and hide away in temporary accommodation, cut off from their family, friends, schools and work. Others are so terrorised that they are unable to leave, certain that their abuser will find them wherever they go.

The scheme provides additional security measures to the homes of victims, such as stronger doors, locks and window bars, and a Sanctuary Room within the house with a solid core door with steel hinges and special locks, where the victim can retreat and call the

This free scheme is managed by Barnet Homeseekers in Whetstone. You can apply through them or through Social Services, your GP, Barnet Homes and other support services. You are eligible if you live in Barnet, are the sole tenant, or

have sole occupation through a court order, and if the abuser has no legal right to enter the property because they have been banned by an injunction or a bail condition. For more information contact Barnet Homeseekers on 020 8359 4797.

Haringey also runs a Sanctuary Scheme, managed by Hearthstone, which has helped more than 100 women since 2005. "The scheme can provide women with the security to dare to remain in their homes,' said Councillor Nilgun Canver. Contact Hearthstone on 020 8888 5362

The National Domestic Violence Helpline (0808 2000 247) provides confidential support to women and children experiencing domestic violence, including access to a place of safety in a refuge. Calls are free and interpreters are available for non-English speaking callers.

## **Planning Applications**

### **Barnet Council**

77 Bedford Road, N2 Single storey rear extension

42 Chandos Road, N2

Single storey rear extension following demolition of existing conservatory. Extensions to roof to facilitate a loft conversion. First floor rear juliette balcony.

#### 9 Church Lane, N2

Change of use from A1/A2 to D2 use as Pilates Studio.

#### 42 Church Vale, N2

Two storey side extension. Alterations to roof including raising of ridge and formation of dormers to both sides to provide second floor accommodation in roof.

#### Caretakers Bungalow, Nazareth House, East End Road, N2

Change of use of former caretaker's bungalow and garage to offices for Nazareth Care (registered char-

## 7 Fortis Green, N2

Installation of an extractor flue at rear of A3 restaurant.

### 22 Heath View, N2

Single storey side extension. 44 High Road, N2

#### Creation of third floor to rear and conversion of first and second floors into two self-contained flats Land adjacent to 320 High Road,

Erection of three-storey block of flats containing six self-contained

### The Coach House, King Street Mews, King Street, N2

Conversion of part of existing office building into a live work unit containing a two-bedroom apartment, an associated office and a separate pottery studio. Insertion of roof lights.

## 27-29 Leicester Road, N2

Erection of two-storey semi detached house with rooms in roof space adjoining 27 Leicester Road.

#### 44 Ossulton Way, N2

Extension to existing garage and

replacement of flat roof with sloping ridge roof. Lowering of existing sloping drive to allow better access to enlarged garage.

#### 13-16, 21-24, 25-28 Pulham Avenue, N2

Replacement of existing windows and doors with new uPVC windows and doors.

#### 9 The Bishops Avenue, N2

New front entrance gates and brick wall to replace existing. New cycle and bin stores to front driveway. Turquoise, 42 The Bishops Avenue, N2

Part demolition of wings to existing listed building. Erection of two new replacement two-storey wings. Demolition of existing garage and out-houses and erection of new

#### single storey side extension. Flat 6, Maple Court, 49A The **Bishops Avenue, N2**

Roof extension to Flat 6 to provide additional living space. Installation of awning to south elevation.

## <u> Haringey Council</u>

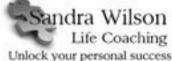
24 Southern Road, N2 Erection of single storey ground

floor rear extension. 32 Western Road, N2

Erection of single storey rear extension (Certificate of Lawful-

#### Muswell Hill Sports Ground, **Coppetts Road N10**

Construction of new playing facilities on part of Muswell Hill Playing Fields site, comprising multi-use games area, natural play area, skate park with two new access points.



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l'ai Chi & Qigong Wednesdays: 1.05-2.00pm

(Trial session: £5. 12-week course) at The Finchley Youth Theatre, 142 High Road, East Finchley, N2 9ED James Drewe is a qualified teacher and has been practising t'ai chi for 34 years. He is Vice-Chairman of the Longfei Taijiquan Association

www.taiji.co.uk mail: james@taiji.co.uk phone: 020-888 333 08

## **OSTEOPATHY**

# The Twyford Practice

Osteopathic consultation and treatments in Fortis Green, N2.

Robin Kiashek, Osteopath and Naturopath, Bsc (Hons), Ost Med., N.D., M.R.N.

> For appointments: please phone <u>020 8815 0979</u> or visit: www.robinkiashek.co.uk for further information