Regular Events **SPORT & FITNESS**

Finchley & Hornsey Ramblers Group Call Vivien 8883 8190 Glebelands Indoor Bowls Club, Summers Lane N12. New and experienced bowlers welcome.

* Keep fit for the Retired on Wednesdays, Christ Church N12. Call Bridie 8883 5269

❖Pilates in East Finchley, qualified teacher. Contact Dee on 8883 7029 ❖ Pilates class Wednesdays, 2.15-3.15pm at Youth Theatre, N2. Ring Penny Hill 8444 2882.

❖Tae Kwon Do at The Green Man Thursdays 7-9pm 07949 612 706 ❖Wood Walk, meet 10am at Cherry Tree Wood cafe on 1st & 2nd Mon of month for 1 hr walk, Call 8883 8750.

* Yoga, breathing & relaxation. Weekly drop-in classes - N2, N6, N10. Phone Judy on 8444 7783.

Yoga, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 or see www.stretchingpeople.co.uk. ❖ Yoga course, N2, starts 13 Jan. Call Laura 8346 8198 for info pack.

MUSIC, DANCE & **CREATIVE ARTS**

* Art Classes. For info call Henry on

* Ballroom Dance Classes, Wednesday eves for beginners & improvers . St Mary's Church Hall, N3. 8444 0280. ❖ Ballroom & Latin American Dance Classes - beginners and Improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323. Club Dramatika drama club for kids. Call 8883 7110.

Creative writing classes in informal, friendly atmosphere. Tel Sallie Rose 0208 444 7217

Drama Classes for 11-18 year olds. Mondays at 6.30pm. Contact Carolyn on 07905 481682

*** East Finchley Writers Group, Weds** at the Old White Lion. Contact Carola 8883 5808 or Lilian 8444 1793.

* East Finchley Poetry Writing Workshops. Monthly on Saturdays. Contact Dennis Evans 8346 9528

Finchley Jazz Club: Live jazz on Mon 16 & 30 March Feb at 8.15 pm, Wilf Slack Cricket Pavilion, East End Rd, N3.

Line dancing Tuesdays from 8.30pm at The Constitutional Club. Call Maureen 8440 8530

Memory Lane Singing Club friendlysinging club meets every Friday in Finchley. Call Valerie 8458 4508. ❖ Over 50s Tea Dance at Christ Church, North Finchley. Every Weds, 1pm, 020 8444 0280

Learn to sing at Finchley Methodist Church, Ballards La. Call 8888 4412. ❖Salsa lessons Mondays, EF Methodist Church. Call Ronnie Raul 07958 605 773 e:ronnieraul@rocketmail.com

Street Dance every Tuesday at Old Barn for children of various ages Contact Lorna 07976 203669.

❖ SwampRock Louisiana Dance Club. Live music events. Contact Carole Lareman 8810 7454 or www.swamprock.org.uk

Symphonic Wind Orchestra Contact Caroline Egan 8340 2706

Tap Dance for children at Old Barn on Mondays, Call Sharon 8349 4613 Traditional Music in the Alexandra pub, Church Lane from 8.30.pm on the last Thursday of every month.

CLUBS & SOCIAL

❖ Bingo Club Mondays 7-9 pm, Green Man Čentre, Contact: Jan 8815 5459 Contact Lunch Club Tuesdays at the Green Man. Call 8444 1162 to book. * EF National Childbirth Trust contact Joanna 8883 0941 or joannabrunt@cybergal.com

Finchley & District Philatelic Society, Contact Brian 8444 3251

Friendly Rubber Bridge at The Old Barn. Contact 8349 4613

Friends of Cherry Tree Wood www. cherrytreewood.co.uk or 8883 7544. ❖ Highgate Film Society, call 8340 3343 or email: admin@hlsi.net.

❖ North London Bridge Club, Muswell Hill. Contact 8348 3495

Jewish Friendship Club for over 60s, Tuesdays 1-3 pmat Muswell Hill Synagogue, Tetherdown. Call Anita Shaw 8886 6140. * Muswell Hill Tetherdown Bridge, contact 8883 4390

Old Barn pre-school club, contact 8349 4613/1961

* Parent & Toddler Group, Green Man Centre, Julia 8444 2276

❖ Probus Lunch Club for retired professionals. Call John 8883 8114. Stepping Stones, interactive play session

for under 3's. Karen 07957 278860.

The only show in town By Daphne Chamberlain

"I'm very happy and honoured you chose to come here rather than go to Washington DC". "Here" was the Royal College of Nursing in Cavendish Square, and that was Shirla Philogene's light-hearted welcome to guests at the launch of her autobiography Between Two Worlds. It took place, of course, on Barack Obama's inauguration day, which the RCN's Chair of Council described as very fitting. Like other distinguished speakers, she saw the book as a real piece of social history.

Shirla herself, the girl from the Caribbean island of St Vincent who rose right to the top of her profession, explained that one reason for writing her autobiography was to provide more documentation on "old-style" nursing. She drew ripples of laughter from her audience when describing the rigid rules of making a bed and settling a patient in it, and then adding, "But if the patient was more comfortable lying another way, I let them do so".

Successive speakers praised Shirla for her fresh ideas, organisational and communication skills and sense of humour. Also for the surprise up her sleeve, her gift of writing, particularly noticeable in her lyrical descriptions of her childhood

Shirla, who has lived in East Finchley for many years, thanked the East Finchley Writers Group and the writers' circle formed by clients at the LA Fitness Club for their encouragement.

Between Two Worlds, reviewed in THE ARCHER last month, is published by Author House (ISBN 978-1-4389-1155-7), and is also available through Amazon. Please visit www.authorhouse.co.uk for further information.

Hot and spicy

By Betti Blatman

There was an electrifying blend of Gypsy music from the Balkans and Eastern Europe, along with a few classical and jazz tunes, when Paprika Balkanicus played at The Red Hedgehog in Archway Road, Highgate.

On a very cold evening their performance was definitely hot and spicy. Paprika Balkanicus was formed in London in late 2006 and comprises Bogdan Vacarescu (Romania) on violin, Vlad Jocic (Serbia) on guitar, Jozef Secnik (Slovenia) on bass, and Milos Milivojevic (Serbia) and Zivorad Nikolic (Serbia) both on accordion.

Whilst the bass player interweaves amusing dialogue between tunes, I was mesmerised by the violinist's tantalising performance of my favourite Skylark vs Tarantella. It was breathtaking to watch the incredible speed and technical mastery on his violin whilst his feet stomped rhythmically.

In the finale of the band's version of *Brazil*, the audience was enticed and encouraged to sing along and dance until exhausted, accompanied by foot stomping and hand clapping, creating an unforgettable experience.

You can catch them for free on 17 April at 12pm at the Royal Albert Hall in the Ignite Series, Café Consort, Door 12, Kensington Gore, South Kensington.

There's a £5 discount if you present a copy of The Archer when attending an event at The Red Hedgehog. Visit www.theredhedgehog.co.uk or telephone 020 8348 5050.

A friendly welcome awaits you

EAST FINCHLEY METHODIST CHURCH

197 High Road, London N2 (opp. Creighton Ave.) tel: 0208 346 1700 www.eastfinchleymethodist.org.uk

Sunday service at 10.30 a.m. With Creche and Junior Church

Worship Music Social events Youth Club Wheelchair friendly

All Saints' Church, **Durham Road, East Finchley Church of England**

Sunday masses at 8.00 a.m. and 10.00 a.m. Weekday masses at 10.00 a.m. Prayer requests are gladly accepted.

> The Parish has a flourishing social life. Contact the Vicar, Fr Christopher Hardy, on 020 8883 9315.

All Saints' also has a strong musical tradition and an enthusiastic choir of both adults and children. Experienced singers are always welcome. Contact Geoffrey Hanson on 020 8444 9214.

http://www.allsaints-eastfinchley.org.uk

March at the Phoenix

By the Phoenix Cinema's Paul Homer

By the time you read this we will have submitted our final stage application to the Heritage Lottery Fund for the major grant for our Centenary Restoration Project, which we plan to start in January 2010. We'll know if we've been successful in early June and will tell you about it then. So March is a time for us to relax a little and enjoy the great films and events playing this month.

March starts with a great festival, now in its third year at the Phoenix, the UK Cypriot Film Festival. Running for the weekend of 6 - 8 March there's a selection of films from Cyprus, which again prove that it punches above its cinematic weight. The festival opens with *Trust Me* by Andrew Kazamia.

To celebrate submitting the HLF application we're having a wine tasting on the evening of 11 March. If you buy a ticket to the early evening show you can taste a selection of wines on sale at the Phoenix, courtesy of our wine merchants Corney & Barrow

One of my favourite films of 2007 was Kelly Reichardt's Old Joy. So I'm delighted that her new film Wendy & Lucy is playing from 13 March. A simple tale of a young female drifter and her canine companion, the film has a calm contemplative quality that is rare in cinema and marks Reichardt as a distinctive voice.

Paolo Sorrentino, who so delighted Phoenix audiences with *The Family Friend* and *The* Consequences of Love, has made a biopic of legendary Italian politician Giulio Andreotti who has been Prime Minister no less than seven times and has been linked to various mafia-related scandals. It's a film of great insight into this powerful and Machiavellian man.

All this plus more Met Opera, more great silent films and more wonderful double bills. See you in the back row. Telephone our box office on 020 8444 6789 or visit www.phoenixcinema.co.uk

What's On...

Saturday 7 March

Wingate & Finchley Football Club vs Cheshunt, 3pm kick off; Wingate & Finchley Football Club, The Harry Abranams Stadium, Summers Lane, London, N12. Telephone 020 8446 2217 or visit www.wingatefinchley.com

Sunday 8 March

The Institute Spring Fair at the Institute Arts Centre, Beaumont Close, N2 (behind tube station) from 11am to 4pm: table-top sale of crafts, gifts, jewellery, handbags, pictures, books and ceramics etc. Admission £1 only, children under 12 FREE. To book a table (£25) call Mimi Iten on 020 8829 4135.

Tuesday 10 March

Wingate & Finchley Football Club s Maldon Town, 7.45pm kick off; Wingate & Finchley Football Club. See 7 March for details.

Saturday 14 March to Sunday 19 April

Cooking with Elvis, by Lee Hall; a dark comedy set in a dysfunctional Geordie household about one family and its tortoise torn apart by the aftermath of a terrible car accident. Upstairs at the Gatehouse, Highgate Village, N6, Tuesday to Saturday 8pm, Sunday 4pm. Box office 020 8340 3488 or . www.upstairsatthegatehouse.com

Sunday 15 March

An Afternoon of Chicago Bridge with the Institute; competition with prizes, 2.45pm onwards at The Tea House, Northway, NW11 6PB. Tickets £5.

• The Battle of Barnet guided walk with Paul Baker, City of London guide. Meet at junction of Great North Rd and Hadley Green Road at 11am. Telephone 020 8440 6805 for details.

Thursday 19 March

Pecha Kucha is a creative presentation form: a diverse group of people describe what home means to them using 20 images, each shown for 20 seconds; 8pm, Upstairs at The Magdala, 2a South Hill Park, London NW3 2SB. Price £5. Tickets and information: 020 7431 9866; Jewish Community Centre for London, www.jcclondon.org.uk

Saturday 21 March

 The Animal Aid and Advice shop is holding a Jumble Sale at the Loraine Community Hall, Holloway Road, opposite the Coronet public house from 2.30 - 4.30pm. Entrance fee 40p. Refreshments available.

 North London Chorus in concert at St James' Church, Muswell Hill, 7.30pm; Beethoven's overture Coriolan and his spiritual and musical masterpiece the *Missa Solemnis*. Soprano Sally Silver, mezzo Fiona Murphy, tenor Michael Bracegirdle and bass John Molloy. Retiring collection for St. James rgan fund. Tickets £18, £13 (concs

E-mail your listings to: the-archer@lineone.net

£11) and £8 (concs £6). Ticketline 020 8444 2142 and from Les Aldrich music shop, 98 Fortis Green Road, N10, and at the door.

• Wingate & Finchley Football Club vs Tilbury,3pm kick off; Wingate & Finchley Football Club, see 7 March for details.

Sunday 22 March

 Fabulous Finchley, a.guided walk through 1,000 years of the history o Finchley Central and East Finchley with Paul Baker, City of London guide. Meet outside Finchley Central tube (Ballards Lane exit) at 11am. Telephone 020 8440 6805 for details.

Thursday 26 March

 The Finchley Society hosts a talk by Terence Atkins, John Betjeman - ar enthusiast's view; 2.30pm at Avenue House, East End Road, N3. Telephone 020 8346 7812 for details. Non-mem bers very welcome (admission £2).

Saturday 28 March

 Buffet supper concert, All Saints Church, Durham Road, N2. London Ripieno Singers, Instrumental Ensem ble and soloists. Music by Scarlatti Purcell, Pachelbel and Bach. 7.30pm Tickets: Concert and supper £15, pre booked only by Friday 27 March Concert: £10 (at the door) Bookings and information 020 8444 9214.

Sunday 5 April

• Free concert at East Finchley Methodist Church, High Road, N2, 7.30pm Amici del Arte Present "Wine, Women and Song", a wide-ranging programme of popular vocal classics. Free admis sion, with collection for charity. Fully accessible to disabled people.

Until August

 Painting, poetry and film: a celebration of the work of French poets Rimbaud and Verlaine organised by local painter Phil Diggle in a variety of venues until August. Phone 0771 689159 for information.

What's on at artsdepot, North **Finchley**

Laurence Clark, Friday 6 March 8pm. Tsivi Sharatt, Sunday 8 March 1pm. Barnet School's Dance Festival, Monday 9 - Friday 13 March Kidz Take Control, Saturday 14 March, 7.30pm. The Magic Tombolinos, Sunday 15 March, 1pm Gallery Talk: Landscapes, Tuesday 17 March, 7pm. Fame, The Musical, Wednesday 18 - Saturday 21 March 7.30pm and Saturday 2.30pm. John Hegley - Beyond Our Kennel, Sunday 22 March, 8pm. Gallery Talk: Still Life, Tuesday 24 March, 7pm. Pagrav Dance Company, Thursday 26 March, 8pm Folk in the Foyer, Friday 27 March 8.30pm. Twisted Folk, Saturday 28 March, 5.30pm. Artsdepot Showcase Sunday 29 March, 1pm.