

THE ARCHER - 08717 334465

Rock on, Cam'ron Nine-year-old Cam'ron Rock has only been doing

Taekwondo for two years but he's already one of the best young martial artists in the country.

The Tudor Primary School pupil was awarded a bronze medal in the British Junior Taekwondo Championships held in Margate, despite being one of the most junior belts in the competition.

It was his first medal and now he's hungry for more. His coach Kevin Guy at Master Wolf's Taekwondo School believes he's good enough to win a medal at the World Championships in Croatia later

mum

very proud of him. Obviously I'm biased but it's a huge achievement for him. Taekwondo is something he's taken to and wanted to learn. He likes it because it's a way to channel all his energy, and he has endless amounts of that.²

Volunteering is good

Volunteering comes in many different forms, from coaching or helping at sports clubs, to administration, befriending, advice giving or writing for a community newspaper such as THE ARCHER. As a result of today's economic climate, Volunteer Centre Barnet has seen the number of people registering to become volunteers double in the last year.

Aruna Bhatt was made redundant 18 months ago. She said: "Losing my job was a big shock to my system. I felt my life had come to an end. I became very ill which led to depression."

Aruna got in touch with Volunteer Centre Barnet and started volunteering over six months ago with East Finchley Advice Service.

Now Aruna says: "I have gained lots of new skills and am still learning as each day is different. I enjoy what I do as I feel very motivated, respected and know I belong somewhere. Losing confidence and feeling no one wants you is the worst feeling in the world. The best way to keep going is to become a volunteer and help the community. I wish I had done this 18 months ago but I am glad I am doing it now."

Backbone



JULY 2009

In memory of Albert

THE ARCHER was contacted by the family of the late Albert Daggers as they marked the second anniversary of his death.

Albert owned the Sound Services television and radio shop in the High Road for more than 30 years up to his retirement in 1990 and was great friends with many of his customers. Many of them continued to call him after his shop had closed down and he always helped them out, however small the job was.

His wife Della said he had the untidiest shop but he could always find everything, including the smallest resistor. His daughter Angela hoped that many people in East Finchley would still remember her father two years on.

She said: "I'm sure that he is still remembered by many people in the area. He was still fixing their electrical equipment right to the end, and never turned anything away, from kettles to dental suction machines."

have had outdoor gym equipment for at least a decade already. As for Cherry Tree Wood, I for you hope the assault course plan can eventually go ahead. Improvements By Natalie Broadbent here within the last few months have included a new municipal recycling bin by Lazy Sally's Cafe, new welcome signs with some historic trivia about the park, and the ongoing

To find out more about the

awards or about volunteering or if your organisation would like to use volunteers please contact Volunteer Centre Barnet on 020 8364 8400.





Send your correspondence to: "Letters Page", The Archer, PO Box 3699, London N2 8JA or e-mail the-archer@lineone.net. Letters without verifiable contact addresses will not be reviewed or printed. Contact details can be withheld, however, on request at publication.

Free up our tennis courts

Dear Editor.

Did anyone see the news that almost a third of our kids will be obese by the end of primary school and Barnet Council is worried about this? Really? Then make Cherry Tree Wood tennis courts free for all (as they were for years) and do it now. Parents are supposed to take this issue seriously while our council seems incapable of doing the easy stuff.

Yours faithfully, Ken Behan, Ingram Road, N2.

Good to see bench is back

Dear Editor,

Although I moved away from East Finchley four years ago, I still keep a close eye on what's happening there, thanks to THE ARCHER, which my very dear friend Mary Atkinson sends to me every month.

I was very relieved to see in the June edition that the Friends of Cherry Tree Wood bench has been safely returned to the Wood again. The Friends worked so hard to raise the money for that bench and its installation, using donations, second hand book sales and various raffles at the East Finchley Festival for two or three years. It took a lot of effort and determination but we got there in the end.

Ann Vautier

Ann Vautier died in hospital on May 27 with her husband Antonio and daughter Caterina by her side. It is a painful loss for so many family and friends across the UK, Italy, Canada, where she grew up, and around the world.



charity Contact, where she went out of her way to help local people.

Letters

valuable. historical local amenity and

I am happy to see that the work of the

Friends continues to do everything

possible to protect and preserve it.

East Preston, West Sussex.

Pumping iron

soon, I have noticed that many parks

in London now have outdoor gym

equipment, looking almost like

playgrounds. Following suggestions

for improvements to Barnet parks,

border in Haringey, has had a set of

gym bars by the open field for years,

and apparently parks in Scandinavia

Volunteer Friends of Cherry Tree

Wood have also had their exercise

weeding out invasive plants. Although

we are some distance from the site of

the Olympic Village, I think that, like

every London borough, Barnet should

have enough equipment to give its

people a sporting chance.

Jake Eiseman-Renyard,

Yours faithfully,

Fortis Green, N2

re-surfacing of paths.

feasible ideas at this time.

With the 2012 Olympics coming

Yours nostalgically,

Anne Lalaguna,

Dear Editor,

Cherry Tree Wood really is a very

Ås well as being a befriender and an escort, Ann acted as secretary to the group for over two years. Her indomitable fund raising skills were an added bonus, along with her calm, positive manner which greatly influenced others.

Her funeral was held on 4 June and was attended by many family and friends. In lieu of flowers, donations may be made to the Ann Vautier Fund (Leukaemia & Lymphoma Unit), University College London Hospital. Contact Sara Goldman on 020 7380 9526 or sara.goldman@uclh.nhs.uk

especially those in East Finchley, I think this is certainly one of the more If Stanley Field is restored, this in the year. would be an ideal place to try out the Cam'ron's outdoor equipment, maybe next to a Natalie Allen said: "I am new indoor gym that was proposed to compensate for the old Wilmot Centre. Highgate Wood, just over the



Ann cared about the community and she will be sorely missed. She was a long time contributor to, and distributor of, THE ARCHER. She was also an inspired and motivational volunteer for the East Finchley



Volunteers are the backbone of many organisations. They bring great enthusiasm, a willingness to learn and many have vital skills. Without them many organisations would not exist, so Volunteer Centre Barnet is urging more organisations to offer volunteering opportunities.

Volunteer Centre Barnet holds a bi-annual Community Volunteer Awards to recognise the hard work of Barnet's volunteers. The next ceremony takes place on 16 July. Those who have given 100 hours or more of their time over the past year will receive a certificate to be presented by Barnet's Mayor. Councillor Brian Coleman.

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