### Regular Events **SPORT & FITNESS**

\* Finchley & Hornsey Ramblers Group Call Vivien 8883 8190 Glebelands Indoor Bowls Club, Summers Lane N12. New and

experienced bowlers welcome. \* Keep fit for the Retired Wednesdays Christ Church N12. Ring Bridie 8883 5269

**❖Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 1178.

\*Pilates in East Finchley, qualified teacher. Contact Dee on 8883 7029 ❖ Pilates class Wednesdays, 2.15-3.15pm at Youth Theatre, N2. Ring Penny Hill 8444 2882.

❖ Tae Kwon Do at The Green Man Thursdays 7-9pm 07949 612 706 ❖Tai Chi at the Green Man on Mondays 1.30-3pm. An "ageing well" class for older people.

**❖Tennis club** with four clay courts off Southern Road. Call 8440 6953. ❖ Wood Walk, meet 10am at

Cherry Tree Wood cafe on 1st & 2nd Mon of month for 1 hr walk, Call 8883 8750

Yoga, breathing & relaxation. Weekly drop-in classes - N2, N6, N10. Phone Judy on 8444 7783.

**❖ Yoga classes** Tuesdays 8-9:30pm at EF Methodist Church. Experienced teacher. Call Rosalind 8444 8134.

### DANCE, DRAMA, ART & MUSIC

\* Art Classes. For info call Henry on 020 8888 5133.

Ballroom dancing classes, beginners and improvers. Phone 01707 642 378

\* Club Dramatika drama club for kids. Call Vicky 8883 1554

\* East Finchley Writing Workshops. Creative writing, poetry and prose Contact Dennis Evans 8346 9528. ❖ Finchley Jazz Club - 13 & 27 June at WilfSlack Cricket Pavilion, East End

Rd, N3. New members welcome **❖ Line dancing** Tuesdays from 8.30pm at The Constitutional Club. Call Maureen 8440 8530.

Memory Lane Singing Club - a communal singing club. Call Idit

Gold 8458 4508. ❖ Over 60s come dancing at Ann Owens Centre 8346 8736

Pottery Class at The Green Man, Call Celia Holmes 8349 9315 Learn to sing at Finchley Methodist

Church. Call 8883 4070 for info. **❖ Street Dance** every Tuesday at Old Barn for children of various ages

Contact Lorna 07976 203669. **♦ SwampRock** events: Call Carole 8810 7454 or Neil 01727 830280

www.swamprock.org.uk \* Symphonic Wind Orchestra of

North London, Contact Caroline Fgan 8340 2706

\* Tap Dance for children beginning at Old Barn every Monday, Contact Sharon 8349 4613

#### **CLUBS & SOCIAL**

Contact Lunch Club Thursdays at the Green Man. Call 8444 1162 to book. East Finchley National Childbirth Trust, Contact Sophie on 8444 1890 **East Finchley Writers** meet weekly at The Old White Lion. Call Lilian 8444 1793

Fairacres Monday Club for Jewish people. Contact Rene & Reuby 8883 0448 or Sylvia 8958 7878

**❖** Finchley & District Philatelic Society, Contact Brian 8444 3251 Friendly Rubber Bridge at The Old Barn. Contact 8349 4613

 Haringey Recorded Music Society informal meetings locally. Call David Mouldon on 8361 1696.

❖ North London Bridge Club, Muswell Hill. Contact 8348 3495 ❖ Muswell Hill and Highgate Pensioners' Action Group Call Bob Cottingham on 8444 7635

❖ Muswell Hill Tetherdown Bridge, contact 8883 4390

❖ Old Barn pre-school club, contact 8349 4613/1961 **❖ Parent & Toddler Group**, Green

Man Centre, Julia 8444 2276 Probus Lunch Club for retired professionals. Call Eric 8340 0822. Stepping Stones, interactive play

session for under 3's. Karen 07957

## **3DFX** at Bar XL

By Diana Cormack

Bar XL in the High Road seemed an unusual place to hold an evening art exhibition, but then the work on display was in itself unusual and was described by the artist as "a new dimension in painting".

James Charles Harper believes that he is the only artist in this country producing such work and thinks that it can rank in quality or even beat that being produced in other parts of the world. So what exactly is it?

Simply put, it is a one-dimensional surface that can be made to look three-dimensional. This is achieved by using acrylic paint that can be applied to the surface in repeated layers to look like a standard painting during daylight. At night UV lighting is used to reveal hidden depths, giving the picture a 3D quality, which can be enhanced by donning 3D glasses.

Paint engineer

At the exhibition entitled Day and Night, there were a variety of themes including a scene with the Sphinx and pyramids. As the UV lighting was introduced it seemed as though you were gradually being taken down through the desert under the stars, past glowing fires and inviting Bedouin tents.

James describes his work as engineering in paint and has recently completed what he believes to be the world's first 3D bar with a 3D ceiling when he finished working on the Bedlam Bar in Hampstead. He has decorated a bowling alley in Northern Ireland in his own particular style and is hoping to do the same at the Snow Bowl in Milton Keynes.

If you would like to view some of his work or are interested in further details, call Nigel Vieira (who persuaded James to hold this exhibition) on 8883 2108.

# What's On...

E-mail your listings to the-archer@lineone.net

Saturday 4 June

 East Finchley Walkabout starting at 11am on Saturday 4 June from outside East Finchley tube station. The walk will take about one and a half hours, looking at the history of the area and its buildings.

Friday 10 June

• Relief for hayfever with homeopathy. Free consultations with experienced homeopath Cassandra Marks, 10am-12 noon at CW Andrews Pharmacy, 32 High Road. Tel: 8883 1559. Also Thursday 16 June.

Saturday 11 June

• Holy Trinity School **Summer Fair –** Come and have fun with children's games, tombola, football games; grab some bargains from our books, toys, clothes and bric-abrac stalls, and taste fine food from around the world. Eagan's Place, 12-2.30pm.

Tuesday 14 June

Hendon & District Archaeological Society AGM in Avenue House, East End Road, N3 from 8pm. Members will present an overview of the Society's activities and fieldwork during the year. For further information, contact Mary Rawitzer on 020 8340 7434 or e-mail mary.rawitzer@ic24.net. The society's website is www.hadas.org.uk.

Saturday 18 June

• Friends of Coldfall Wood welcome all dog lovers to a fun day show on the field behind the wood from 11am. Various stalls, tombola, dog competitions and refreshments. For information call Carol on 0794 887361. Also see www.coldfallwood.info

 Hampstead Garden Suburb Horticultural Society Flower Show, Free Church Hall, Northway, NW11. 3-5.30pm. Teas. Entry free to members and children; non-members £1. (Entry night for those showing: Tuesday 14 June, Fellowship House, Willifield

Way, NW11. 7-8pm). Details: 8455 8741.

• East Finchley Festival football competition at Martin School field as part of their summer fun day. The winning team gets to lead the parade and receive their medals from the mayor at the opening of the festival on Sunday 26 June

• Summer Fun Day at Martin Schools - Entertainment for all the family with food stalls, tombola, bouncy castles, arts and crafts tables and face painters. Other stalls include cakes, plants, secondhand clothes, books, toys and much more. 12 noon to 3pm.

Tuesday 21 June

• RSPCA Annual General Meeting; 7pm doors open at the Blue Beetle Hall, St Mary's at Finchley, Hendon Lane, N3

Saturday 25 June

• East Finchley Festival fun day / parade workshop / consultation on the Octa via hill community garden at the Green Man Community Centre, Strawberry Vale; barbecue and bouncy castles, 12-5pm

• North London Chorus are performing at St Judes on the Hill, Central Square, NW11 at 7.30pm. The programme will include Buxtehude membra Jesu Nostri and Vivaldi's Gloria

Sunday 26 June

• East Finchley Festival in Cherry Tree Wood, (opposite East Finchley Tube), 12noon-6pm.

**Thursday 7 July** Homeopathy and Child Health, 9.30am-2.30pm. Learn how to improve your child's immune system and treat coughs and colds, ear infections and childhood illnesses. Taught by local homeopath Cassandra Marks, who has over 20 years experience. £50 course fee includes her book, Homeopathy in a Nutshell. Call 020 8444 0594 to book or visit ww

w.emotionalhealing.co.uk

# **Open is back**

Last year saw the highly successful launch of the East Finchley Open.

This group of artists was introduced to the community of East Finchley through a series of exhibitions and events that enabled 2,500 people to view and buy a diverse range of artworks.

Building on this success, the EFO are embarking on their second summer show. This year's exhibition events will include paintings, photography, sculpture, jewellery, tapestries and calligraphy.

On the weekend of 2–3 July, 11 artists will open their houses to the general public.

There will be accompanying exhibitions in the Old White Lion pub, the Phoenix Cinema and All Saints Church. The All Saints Church exhibition will include the work of the entire EFO group.

To cap all this, the EFO is providing four wonderful rickshaws on this weekend to ferry people from venue to venue.

For further details contact Tark Butler on 0208 883 0806 or David Aronsohn on 020 88835997

### **THEARCHER** needs you!

Your local community newspaper seeks new writers to join its team of volunteers.

> Team members are all ages and from all walks of life.

No previous experience required

Come and see us at Maddens in the High Road any Saturday from 11am or at East Finchley Festival

on Sunday 26 June in Cherry Tree Wood or email the-archer @lineone.net

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