# THE ARCHER - 08717 334465

By Diana Cormack

# **Contact reaches out**

By Ann Vautier

East Finchley Neighbourhood CONTACT, a charity that has been helping the disadvantaged, elderly and disabled in the N2 area since 1985, is extending its services to parts of N3.

Thanks to a grant from the Pension Service Parnertship Fund (PSP), Contact can now reach out to qualifying residents of Church End and West Finchley, for a two year period beginning 1 April. The grant is part of a £13 million government programme financing local initiatives to improve take-up of older people's benefits, in particular those in hard-to-reach groups.

#### **Quality of life**

Using local volunteers and core funding from the London Borough of Barnet, CONTACT provides elderly or disabled residents with many services including a twice weekly shopping bus, transport, gardening and odd jobs services, lunch clubs, social outings and befriending partnerships for the housebound. Liaison with health and social services, and CONTACT's support with form filling helps clients access assistance or benefits to which they are entitled.

**Giving your time** Established 20 years ago, CONTACT covered only N2,

schemes in adjacent areas have ceased to exist, there has been public pressure for CONTACT to help. To meet the increased demand for its services, CONTACT is seeking new management committee members and trustees. Individuals with experience in social services, elderly health care, finance, law or training in the voluntary sector are particularly welcome. However, those with no specialist knowledge but who are good organisers and communicators are equally welcome. Retired people, part-time workers from the caring professions or those wanting to contribute to a local charity, would be ideally suited. Only a few hours' work a month are required. Although all positions are unsalaried, full training is provided and all reasonable expenses paid.

For more information, please contact the coordinator at: East Finchley Neighbourhood Contact, 42 Church Lane N2, tel 020 8444 1162 email: contact42@efnc.fsnet.co.uk

# but, as Good Neighbourhood

dreamcoats during a special farewell assembly at Holy Trinity CE Primary School. The children's performance of a selection of songs from "Joseph and His Amazing Technicolour Dreamcoat" reflected the fact that the school was the first chosen to sing at the annual Ofsted

Heading off

Although his name is not Joseph,

headteacher Duncan Mills was pre-

sented with two amazing technicolour

inspectors' conference. The assembly on 15 March celebrated the many achievements made during Mr Mills' five years there. The children had made their own record of these in a Golden Book, a feature he introduced to the school with a Gold Award system for outstanding work.

Many mentioned the ICT suite and interactive whiteboards in each classroom. Sport was a popular topic, with comments on his coaching from the footballers and the success of the athletics team at Copthall Stadium's annual meetings. Visits from well-known people were remembered, as well as school visits and school journeys he led. The Christmas production and summer concert were often commented on, as was the library learning centre and group room in the new extension, opened last autumn.

This special book of memories is one to be treasured, as is the other technicolour dreamcoat featured that day.

Duncan was given a marvellous coat marked with the name and coloured hand print of every pupil, plus fingerprints from members of staff. Each year group gave him a present and the Chair of Governors,

the nerve cells that control

the muscles degenerate and

die. At present there is no

of the Motor Neurone Disease

The North London Branch



5

APRIL 2005

Duncan Mills in his amazing technicolour dreamcoat. Photo by Diana Cormack

> He has touched so many lives -children, parents, staff; all owe him a huge debt of gratitude."

Year 6 pupil Eleni wrote, "We have loved you as our head teacher and if it was any of the pupils' choices I'm sure they wouldn't let you leave!'

Mr Mills is now headteacher at a larger Barnet school, Holly Park Primary, N11.

# **RSPCA** news

By Mary Atkinson of East Finchley RSPCA

New animal welfare bill

In 2005 all RSPCA branches are campaigning for the public to support the new Animal Welfare Bill which will replace the Protection of Animals Act 1911 which is now sadly out of date. Fortunately our MP Dr Rudi Vis is keenly interested in animal welfare and therefore needs no lobbying to get him to support the bill. However, we do have at the clinic a resume of the new legislation we hope for, plus a printed postcard you can sign and send to the Prime Minister.

#### **Early intervention**

In brief, the Bill will allow our inspectors to intervene if alerted to early signs of animals suffering. At present they can only offer advice which may or may not be taken.Please help us to press for this new

measure. The Committee is gearing up for our next fund raising activity ñ a Spring Fayre at the clinic on Saturday 14 May. More news of this in next month's Archer.

**Could you help the MNDA?** About 5,000 people in Britlocally and supports MND sufferers and their families. ain are affected by motor This involves open support neurone disease, in which meetings, financial support

> and volunteer visitors. Two members of the branch committee wish to change their roles, so the position of chairperson and treasurer need to be filled.

Sylvia Duthie, presented gift

vouchers from parents, staff

is hard to find words to give a

sufficient tribute to Mr Mills.

His contribution to the school

has been outstanding to the

extent that we are now consid-

ered by Ofsted to be one of the

finest schools in the country.

Sylvia told THE ARCHER: "It

and governors.

Volunteers will be given a full induction, guidelines, expenses and insurance along with coaching from previous post-holders and experienced organisers. Meetings are held about four times a year in north London.

If you would like to use your skills to help a small but enthusiastic committee that really does make a difference, then the MNDA would like to hear from you. To find out more please call StefCormack on 02078018667 for an informal chat.

**Special Opening Offer** 

cure.

Cootes Pharmacy - Finchley Central

**OSTEOPATHY** at

#### **ISABEL DOUGLAS**

#### HEALTH & BEAUTY CENTRE

TRICHOLOGY

OSTEOPATHY

CHIROPODY/PODIATRY

ACUPUNCTURE

 DR. STEVEN HARRIS **BOTOX<sup>®</sup> / RESTYLANE<sup>®</sup>** SPORTS MASSAGE

AROMATHERAPY MASSAGE

SWEDISH MASSAGE

DEEP TISSUE MASSAGE

INDIAN HEAD MASSAGE

BHARTI VYAS METHOD

REFLEXOLOGY

EMF BALANCING

REIKI

90-92 High Rd, East Finchley London N2 9EB 020 8444 1516 / 3639

### **COMPLEMENTARY THERAPY CENTRE**

£10 discount on first treatment!

## SHIATSU

**Fiona Hurlock** GMSS, Dip LCS, Registered Member of the Shiatsu Society of Great Britain

For information and appointments tel: 020 8371 4144 or 07795 203107

## HOMOEOPATHY

Marj Morrison

RSHom Registered Member of the Society of Homoeopaths

For information and appointments tel: 020 8341 0986

Kathryn Scorza Registered Spiritual Healer and Member of J.A.S.H./ British Alliance

**NUTRITIONAL** 

Therapy

Simone Baroke

BSc(Hons) Member of the British

Association of Nutritional Therapists

For information and appointments

tel: 020 8883 0915

or 07950 054754

HEALING

of Healing Associations For information and appointments tel: 07703 404839

Cootes: 110-112 Ballards Lane, Finchley Central, N3 2DN Tel 020 8346 0051 Cootes: 134 High Road, East Finchley, N2 9ED Tel 020 8883 0073

**The Twyford Practice** Osteopathic consultation and treatments in Fortis Green, N2. Robin Kiashek, **Osteopath and Naturopath,** Bsc (Hons), Ost Med., N.D., M.R.N. For appointments: please phone 020 8815 0979

or visit:

www.robinkiashek.co.uk for further information